This is a message to you who come to Japan.

You must not bring any meat products, vegetables or fruits into Japan.

- You must not send them by international mail, either. Please tell your family and acquaintances overseas not to send such products while you are staying in Japan.
  (In case, you received meat products, vegetables or fruits by international mail, please notify your nearest Animal Quarantine Service or Plant Protection Station immediately.)
- Please do not bring dirty work clothes, work shoes or boots not properly cleaned after use.
- Please avoid contact with livestock animals in your country within a week before coming to Japan and for a week after arriving in Japan.

- Bringing meat products, plants or fruit is strictly restricted.
- In case of introducing such products illegally, persons shall be punished with serious penalty, for example, imprisonment for a term of up to 3 years or a fine of up to 3 million JPY (up to 50 million JPY for businesses).
- Illegal import might be notified to police office.
- Illegal import might result in arrestment.
- If you bring illegal animal products, your landing in Japan might not be permitted.