

# CHUGOKU-SHIKOKU in JAPAN

A map introducing facilities related to food and agriculture in the Chugoku-Shikoku



Eat



Stay

Experience



Rice cake making



Rice -planting

第13回しまねの農村景観フォトコンテスト入賞作品



Soba making



Sightseeing









第19回しまねの農村景観フォトコンテスト入賞作品

疏水のある風景写真コンテスト2010  
入選作品 題名「春うらら」

## 【Chugoku Region】



# Tottori Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
<b>1</b>	Mikaen 味果園	Pear picking (Aug.1- early Nov.)	No holiday during the period.	1206Yuyama,Fukube-cho,Tottori city  20 min by taxi from JR Tottori Station on the Sanin main line	Phone : 0857-75-2175  <a href="http://www.mikaen.jp/">http://www.mikaen.jp/</a> 	English
<b>2</b>	KOBAYASHI FARM 小林農園	Strawberry picking (early Mar.- late Jun.)	8:00～ Irregular holidays.	1074-1Hara,Yurihama Town,Tohaku-gun  5 min by taxi from JR Matsuzaki Station on the Sanin main line	Phone : 0858-34-2064  <a href="http://www.tottori-shinyuki.com/">http://www.tottori-shinyuki.com/</a> 	English
<b>Direct sales depots (agricultural, forestry and fishery products)</b>						
<b>3</b>	Wattaina わったいな	Agricultural products	9:00-17:00 No regular holiday. (To Be Confirmed : New Year's Holiday.)	3-323Nishi,Karo-cho,Tottori city  15 min by taxi from JR Tottori Station on the Sanin main line	Phone : 0857-50-1771  <a href="http://www.shokunomiya-ko.com/">http://www.shokunomiya-ko.com/</a> 	English
<b>4</b>	Sakaiminato Sakana Center 境港さかなセンター	Fresh fish Fresh crab Processed marine product	8:30～17:00 Regular holiday: Wed.	259-2Takeuchi-danchi,Sakaiminato city  From JR Sakaiminato Station on the Sakai line take a Hamarupu bus to Yumeminato-Tower Sakaiminato Sakana Center	Phone : 0859-45-1111  <a href="http://sakaiminatosakana.com/">http://sakaiminatosakana.com/</a> 	English
<b>5</b>	Tairyo-Ichiba Nakaura 大漁市場なかうら	Marine products	8:15-16:30 No regular holiday. (To Be Confirmed Dec.31 10:00～ Jan.4)	209Takeuchi-Danchi,Sakaiminato city  10 min by car from JR Sakaiminato Station on the Sakai line	Phone : 0859-45-1600  <a href="http://www.e-tairyo.com/">http://www.e-tairyo.com/</a> 	English
<b>6</b>	OENOSATO NATURAL FARM 大江ノ郷自然牧場	Sweets made from the eggs of floor-fed chickens	10:00～18:00 Year round	877Hashimoto, Yazu Town,Yazu-gun  Take a San-san Bus (bound for Ooe-souko) from JR Kooge Station on the Inbi line 3 min on foot from Ooenosato-Bokujo	Phone : 0570-077-505  <a href="http://www.oenosato.com/">http://www.oenosato.com/</a> 	English



# Tottori Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Farm and fishery restaurants</b>						
7	Kaishin 海心	Direct sales of owner-caught crab	11:00～15:00 17:00～22:00 Regular holiday :Thu. (Open on public holidays)	1802-23Fukusada-cho,Sakaiminato city  10 min by car from JR Amariko Station on the Sakai line Free pick up available in Sakaiminato City	Phone :0859-42-3223  <a href="http://www.localplace.jp/t200312610/">http://www.localplace.jp/t200312610/</a>	English
8	Kaigan かいがん	Direct sales of owner-caught crab	7:00～15:00 Regular holiday :Tue. (Open on public holidays)	9-20Syowa-machi,Sakaiminato city  10 min by car from JR Sakaiminato Station on the Sakai line	Phone :0859-42-4414  <a href="http://www.kai-gan.com/">http://www.kai-gan.com/</a>	English
9	Kanijiman かにじまん	Direct sales of owner-caught crab	11:00～17:00	33Hon-machi,Sakaiminato city  10 min on foot from JR Sakaiminato Station on the Sakai line	Phone :0859-42-1520  <a href="http://www.umesakisuisan.jp/">http://www.umesakisuisan.jp/</a>	English
10	Mitakien みたき園	Local cuisine  Business period (Apr.1-Dec.1st Sun.)	10:00～16:00 Open from Apr. 1 to the first Sunday in Dec.	707Ashizu,Chizu Town,Yazu-gun  25 min by car from JR Chizu Station	Phone :0858-75-3665  <a href="http://ashidumitakien.jp/">http://ashidumitakien.jp/</a>	English
11	Oko Farm 尾古牧場	Wagyu beef	Irregular holidays. By appointment only	2524Hatai,Daisen Town,Saihaku-gun  10 min by car from the "Kotoura-Senjosan IC" on Sanin Road	Phone :0858-58-3718  <a href="http://www.okofarm.com/">http://www.okofarm.com/</a>	English
<b>Sake breweries</b>						
12	NAKAI Shuzo 中井酒造(株)	Sake	8:00～17:00 Regular holidays:2nd and 4th Saturdays as well as all Sundays and public holidays	555Nakagawara,Kurayoshi city  15 min by taxi from JR Kurayoshi Station on the Sanin main line	Phone :0858-28-0821  <a href="http://www.yasionet.jp/">http://www.yasionet.jp/</a>	English
13	CHIYOMUSUBI SAKE BREWERY 千代むすび酒造(株)	Sake	9:00～17:00 Year round	131Taisyo-machi,Sakaiminato city  2 min on foot from JR Sakaiminato Station on the Sakai line	Phone :0859-42-3191  <a href="http://www.chiyomusubi.co.jp/index_eng.html">http://www.chiyomusubi.co.jp/index_eng.html</a>	English

# Tottori Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
14	Umetsu Shuzo 梅津酒造	Sake Shochu Ume Sake	9:00～17:00 Reservation required. (Reservation up to 10 people)	1350Otani,Hokuei Town,Tohaku-gun  10 min by car from JR Yura Station on the Sanin main line	Phone :0858-37-2008  <a href="http://umetsu-sake.jp/">http://umetsu-sake.jp/</a>  E-mail sake@umetsu- sake.jp	Japanese (English correspondence is possible only for E-mail)
15	Inata Honten 稲田本店	Sake Shochu liqueur	9:00-16:30 Reservation required. (Make reservations at least 3 days in advance.)	325-16Yomi-cho,Yonago city  15 min by car from JR Yonago Station on the Sanin main line	Phone :0859-29-1108  <a href="http://www.inata.co.jp/">http://www.inata.co.jp</a> /	English

## Rural scenic spots

### 16 Yokoo Rice terrace 横尾棚田



This region of terraced rice fields is one of the most beautiful places in Tottori Prefecture and it is very relaxing for visitors. The fields are located 230 meters above sea level, and surrounded by a settlement and mountains.

Address: Arai,Iwami Town,Iwami-gun  
Access:60 min by car from the "Tottori  
IC" on Tottori Expressway via  
National Route 9

<http://www.iwami.gr.jp/1971.htm>



### 17 Yonago waterfowls Sanctuary 米子水鳥公園



The area around Nakaumi Lake, where the sanctuary is located, is the most outstanding habitat for wild birds in the Sanin Region. These wetlands are valuable because various animals, including waterbirds, can be observed all year round.

Address : Shinden,Hikona,Yonago city  
Access:30 min by car from the  
"Yonago IC" on Yonago Expressway  
<http://www.yonago-mizutori.com>



## Typical Local cuisine (Tottori pref.)

### Kani-jiru (Crabmeat soup)

かに汁



Freshly caught snow crabs are cleaned , cut in half , and boiled together with shredded daikon radish . Miso is added as a seasoning . Because this dish is quite affordable it is prepared by many households , and considered one of the finest seasonal dishes of the region .






### Ago no yaki (Flying fish grill)

あごのやき









A popular souvenir item in Tottori Prefecture. From May to July flying fish(ago) migrate along the San-in coast to spawn, and are caught by traditional fishing methods. The meat of the fish is pounded, formed into cylindrical shapes, and steamed to make a kind of chikuwa fish paste.








# Shimane Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
18	ADACHI BUDOUEN 足立ぶどう園	Grape picking -Delaware (late Jul.- mid Aug.) -Kyoho (mid Aug.- late Sep.)	10:00～17:00 No holiday	1090-1 Toda,Hirose-cho,Yasugi city  Take a bus (Yellow-bus bound for Hirose) from Yasugi Station on the Sanin main line 5 min by taxi from Shiritsu-byouin-mae	Phone : 080-6318-0604  <a href="http://www.adachi-grape.jp/index.html">http://www.adachi-grape.jp/index.html</a>	 English
19	Akagi-kougen Kanko-Ringoen 赤来高原観光りんご園	◆ Blueberry picking (early Aug.- early Sep.) ◆ Apple picking (early Sep.- mid Nov.)	9:00～17:00 No holiday during the period	2814Shimoakana,linan Town,lishi-gun  40 min by car from JR Miyoshi Station on the Geibi line	Phone : 0854-76-3344  <a href="http://www.akagi-apple.com/">http://www.akagi-apple.com/</a>	 English Chinese
20	Happy verry farm ハッピーベリー農園	Blueberry picking (late Jul.- early Sep.)	8:00～18:00 No holiday during the period	848-1Shimokamedani,Onan Town,Ochi-gun  15 min by car from the “Oasa IC” on Hamada Expressway	Phone : 0855-83-0373  <a href="http://happyberry.chu.jp/">http://happyberry.chu.jp/</a>	 English
21	Agri MITO Co.Ltd. (有)アグリみと	Strawberry picking (To be confirmed)	Confirmation required	595-1Sendo,Mito-cho,Masuda city  20 min by taxi from JR Masuda Station on the Sanin main line	Phone : 090-4893-2086  <a href="http://www.iwami.or.jp/kusakazu/">http://www.iwami.or.jp/kusakazu/</a>	 English
22	NaoFarm	Agricultural workshop Cooking workshop	Regular holiday : Mon. ,Wed. and Fri.	2396Ushiroji-cho,Gotsu city  10 min on foot from JR Asari Station on the Sanin main line	Phone : 0855-55-1440	English
23	Kinta Farm Berryne きんた農園ベリーネ	◆ Strawberry picking (Jan.- May) ◆ Pione picking (late Aug.- early Oct.)	10:00～16:00 ◆ Strawberry picking Regular holiday:Tue. ◆ Pione picking No holiday during the period	735Shichijo-i,Kanagi-cho,Hamada city  11 min by car from the "Asahi IC" on Hamada Expressway	Phone : 0855-42-2515  <a href="http://www.all-iwami.com/en/sekiou/">http://www.all-iwami.com/en/sekiou/</a>	 Simple English (Written conversati on etc)
<b>Direct sales depots (agricultural, forestry and fishery products)</b>						
24	Tokusan-no-eki Okuichi 特産の駅おくいち	Seasonal vegetables, processed goods, Nita rice, Taiyaki with rice flour	9:00～18:00 Regular holiday: The 2nd Wed. each month	84Shimoyokota,Okuizumo Town,Nita-gun  30 min by car from the "Takano IC" on Matsue Expressway	Phone : 0854-52-1002  <a href="https://www.okuizumogokochi.jp/614">https://www.okuizumogokochi.jp/614</a>	 English

# Shimane Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
25	Michi-no-Eki Honjo 道の駅本庄	Saijo persimmons, fresh vegetables, edible wild plants, pickles, Benkei-no- Yakidokoro manju, dried fruits etc.	9:00～18:00 Regular holiday :the 3rd Tues. in each odd month (it will change to the 2nd Tues. only in Mar. and Sep.) Bon holidays, the year-end and New-Year holidays)	401-8Nobara-cho,Matsue city  Take a bus (Ichibata) from JR Matsue Station on the Sanin main line to Michinoeki-Honjo	Phone : 0852-34-1528  <a href="https://www.michi-no-eki.jp/stations/viewe/766">https://www.michi-no-eki.jp/stations/viewe/766</a> 	English
26	Kin-nyamonya Center キンニャモニャセンター	Vegetables grown in Oki, local specialties, restaurant	7:30～18:00	1365-5Fukui,Ama Town,Oki-gun  25 min by bus (Hinomaru-bus) from Yonago Airport to Shichirui Port 160 min by ferry from Shichirui port	Phone : 08514-2-0101  <a href="http://www.ama-cas.com/chisan/">http://www.ama-cas.com/chisan/</a> 	English
27	「Michi-no-Eki」 SANPICO GOTSU 「道の駅」サンピコごうつ	Seasonal vegetables grown by local farmers, fresh fish, sweets, craft etc.	9:00～18:30 Regular holiday: Thu. Closed during the year-end and New Year holidays. *Open on public holidays	995-1Ushiroji-cho,Gotsu city  3 min by taxi from JR Asari Station on the Sanin main line	Phone : 0855-52-2501  <a href="http://www.3pico.net/">http://www.3pico.net/</a> 	English
28	Michi-no-Eki Yuhi Park Hamada 道の駅ゆうひパーク浜田	Seasonal fresh vegetables, local specialties, etc.	9:00～19:00 Irregular holidays.	1203-1Harai-cho,Hamada city  5 min by car from the "Hamada IC" on Hamada Expressway	Phone : 0855-23-8000  <a href="https://www.yuhipark-hamada.com/">https://www.yuhipark-hamada.com/</a> 	English
29	Shimane Osakana Center しまねお魚センター	Fresh fish Processed marine product	8:30～17:00 Regular holiday:Tue.	3050-46Harai-cho,Hamada city  10 min by taxi from JR Hamada Station on the Sanin main line 10 min by car from the "Hamada IC" on Hamada Expressway	Phone : 0855-23-5500  <a href="http://www.s-osakana.jp/">http://www.s-osakana.jp/</a> 	English
30	Michi-no-Eki Yuhi Park Misumi 道の駅ゆうひパーク三隅	Seasonal fresh vegetables and fruits, rice, local specialties etc.	9:00～17:30 Wed.and Jan. to Feb. 9:00～17:00 Open year round.	220-1Orie,Misumi-cho,Hamada city  5 min by car from the "Nishimura IC" or "Iwami- Misumi IC" on Hamada-Misumi Road	Phone : 0855-32-2880  <a href="http://www.all-iwami.com/modules/guide/index.php?action=SpotView&amp;spot_id=97">http://www.all-iwami.com/modules/guide/index.php?action=SpotView&amp;spot_id=97</a> 	English

# Shimane Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Farm and fishery restaurants</b>						
<b>31</b>	Yama-no-eki Sanbe 山の駅さんぺ	Light meals and souvenir made from local produce (Confirmation required)	Weekday 10:00～15:00 Sat., Sun. and holidays 10:00～sunset Regular holiday : Wed.	3294Ikeda,Sanbe-cho,Ohda city  30 min by taxi from JR Ohdashi Station on the Sanin main line	Phone :0854-83-2053  <a href="http://necco-sanbe.wixsite.com/necco-sanbe">http://necco-sanbe.wixsite.com/necco-sanbe</a> 	English Italian Spanish
<b>32</b>	Farmer Restaurant Murabi 農家レストランむらび	Local cuisine made from locally-grown agricultural products	Times negotiable Irregular holidays	956Takami,Onan Town,Ochi-gun  30 min by car from the "Oasa IC" on Hamada Expressway	Phone :0855-84-0234  <a href="http://murabi123.blog.fc2.com/">http://murabi123.blog.fc2.com/</a> 	English
<b>33</b>	Jomonmura 縄文村	Local cuisine made from locally-grown agricultural products	11:00～ Regular holidays: Mon. ,Tue.	8503Yakami,Onan Town,Ochi-gun  5 min by car from the "Mizuho IC" on Hamada Expressway	Phone :0855-95-1341  <a href="http://jomon.tv/">http://jomon.tv/</a> 	English
<b>34</b>	Satoyama Italian AJIKURA 里山イタリアンAJIKURA	Italian food made from ample amounts of local foods	11:00～15:00 18:00～22:00 Regular holiday: Every Wed., the 1st and 3rd Thu.	3123-4Yakami,Onan Town,Ochi-gun  10 min by car from the "Mizuho IC" on Hamada Expressway	Phone :0855-95-2093  <a href="http://si-ajikura.com/">http://si-ajikura.com/</a> 	English
<b>35</b>	Kaze no Engawa 風のえんがわ	◆ Daily lunch made with local vegetables and a variety of ingredients. ◆ Homemade natural yeast bread. ◆ Homemade desserts.	10:30～17:00 Regular holiday: Sun., Mon.	2398Ushiroji-cho,Gotsu city  10 min on foot from JR Asari Station on the Sanin main line	Phone :0855-57-0522  <a href="https://kazenoeengawa.jimdo.com/">https://kazenoeengawa.jimdo.com/</a> 	English
<b>Homestay Inn with Agriculture, Forestry and Fisheries Experience</b>						
<b>36</b>	Kakurean かくれ庵	Making soba Experience of farm work etc.	11:00～14:00 Regular holiday: Thu.	3287Sakada,Hikawa-cho,Izumo city  5 min by taxi From Izumo airport	Phone :0853-62-5128  <a href="http://kakurean.jp/">http://kakurean.jp/</a> 	English
<b>37</b>	Yamazato-no-yado 山里の宿	Harvesting workshop Country dishes Making soba	Confirmation required Year round	601-3Kamisase,Daito-cho,Unnan city  5 min on foot from JR Minami-daito Station on the Kisuki line	Phone :0854-43-3026  <a href="http://www.nishiki-web.com/yamazato/">http://www.nishiki-web.com/yamazato/</a> 	English



# Shimane Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
38	Inn Shimaya 民宿しまや	Fishing workshop	Always open Year round	600Kokubun-cho,Hamada city 20 min on foot from JR Shimokou Station on the Sanin main line	Phone : 0855-28-0574 <a href="http://www.shimaya-hamada.com/">http://www.shimaya-hamada.com/</a>	English
39	Inn Tsuruya 民宿つるや	Fishing workshop	Always open Year round	1664-2Atsuta-cho,Hamada city 5 min on foot from JR Nishi-hamada Station on the Sanin main line	Phone : 0855-27-0733	English

## Rural scenic spots

### 40 Murodani Rice terrace 室谷の棚田



Most of the terraced rice fields are built with ridges between the fields. It is said they were formed by pouring earth and sand into depressions in the ground so that the earth and sand would not have to be poured into the river when obtaining iron sand. They were later turned into rice fields.

Address : Muroya,Misumi-cho,Hamada city

Access: 30 min by car from the "Hamada IC" on Hamada Expressway



<http://www.city.hamada.shimane.jp/www/contents/1393323684283/index.html>

### 41 Takasegawa (Canal) 高瀬川



This 12km long agricultural water channel flows through Izumo City. The water is used in daily life as well as for firefighting. During walks, you can enjoy a picturesque view of the old townscape that remains by the river.

Address : Imaimachi,Izumo city

Access: 20 min by car from the "Sinji IC" on Sanin Expressway via National Route 9 bound for Izumo City



<https://www.izumo-kankou.gr.jp/383>

## Typical Local cuisine (Shimane pref.)

### Izumo soba (Izumo-style soba noodles) 出雲そば









The buckwheat noodles made in the Izumo area are firm and dark, with a distinctive flavor. They are made from buckwheat flour finely ground in stone mills, with only a very small amount of wheat flour added. Unlike other parts of the country where the cold noodles are dipped into a soy-based sauce before they are eaten, Izumo soba is eaten from small bowls with the sauce poured over them.

### Shijimi-jiru (Fresh-water clam soup) しじみ汁




Large, black shijimi clams from Lake Shinji produce a tasty broth. The clams are left in fresh water to remove the grit, then brought to a boil and seasoned to taste with soy sauce or miso.


# Okayama Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
<b>42</b>	Mitsubachi-Nouen 山田養蜂場 みつばち農園	<ul style="list-style-type: none"> <li>◆ Beekeeping (Whole year)</li> <li>◆ Strawberry picking (Jan.- Apr.)</li> <li>◆ Beekeeping workshop (May.- Sep.)</li> </ul>	10:00～17:00 Regular holiday: Thu.	785-1Tsukadani,Kagamino Town,Tomata-gun  30 min by taxi from JR Tsuyama Station on the Tsuyama line	Phone : 0868-54-5515  <a href="https://www.mitsubachi-nouen.com/">https://www.mitsubachi-nouen.com/</a> 	English Chinese (Korean Requires a reservation)
<b>43</b>	Mahora farm まほらファーム	<ul style="list-style-type: none"> <li>◆ Strawberry picking (mid Jan.- May)</li> <li>◆ Grape picking (mid Aug.- mid Sep.)</li> </ul>	10:00～16:00 Irregular holidays	891-2Nomura,Tsuyama city  20 min by taxi from JR Tsuyama Station on the Tsuyama line	Phone : 080-6335-6540  <a href="http://mahora.e-tsuyama.com/">http://mahora.e-tsuyama.com/</a> 	English
<b>44</b>	Mimasaka Farm 美作農園	<ul style="list-style-type: none"> <li>◆ Strawberry picking (early Dec.- early Jun.)</li> <li>◆ Grape picking (mid Aug.- mid Oct.)</li> </ul>	9:00～16:00 Irregular holidays	585-1Oku,Mimasaka city  30 min by taxi from JR Hayashino Station on the Kishin main line	Phone : 0868-74-3887  <a href="http://mimaen.co.jp/english/">http://mimaen.co.jp/english/</a> 	English
<b>45</b>	GG FARM	Gourmet Garden Guide (Walking around the garden of multinational crops with your guide) (end Mar.- end Nov.)	9:00～17:00 Regular holidays: Mon., Thu.	Ushiroyama,Mimasaka city  20 min by taxi from Ohara Station on the Chizu line	Phone : 080-2446-6530  <a href="http://ggfarm.info/">http://ggfarm.info/</a> 	English Hungarian
<b>46</b>	Tomomien FARM 桃茂実苑	<ul style="list-style-type: none"> <li>◆ Peach picking (late Jun.-mid Aug.)</li> <li>◆ Grape picking (late Aug.- mid Oct.)</li> </ul>	9:00～16:00 No holidays during the period	843Odani,Akaiwa city (218-1Kamiichi,Akaiwa city)  10 min by taxi from JR Seto Station on the Sanyo main line	Phone : 086-958-5444  <a href="http://www.hakutou.jp/tomomien/">http://www.hakutou.jp/tomomien/</a> 	English Chinese Korean
<b>Farm and fishery restaurants・Inn</b>						
<b>47</b>	NOKISHITA B&B TOSHOKAN 軒下図書館B&B	<ul style="list-style-type: none"> <li>◆ French Bakery</li> <li>◆ B&amp;B(Traditional Japanese Housing)</li> </ul>	10:00～16:00 (Business day : Sat.)  Closed for winter (mid Dec.-mid Mar.)	931Nagao,Nishiawakura Village,Aida-gun  1 min on foot from Nishi-Awakura Station on the Chizu line	Phone : 0868-75-3144 080-4268-2712  <a href="http://www.nokishita-toshokan.com/">http://www.nokishita-toshokan.com/</a> 	English French

# Okayama Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
48	Nouen café by Mimasaka Farm 農園カフェ湯郷 by美作農園	Strawberry soft ice cream Grape soft ice cream Strawberry flavored shaved ice Fruit juice Various sweets	10:00～18:00 Regular holidays: Wed.,Thu.	311-6Yunogou,Mimasaka city  10 min by taxi from JR Hayashino Station on the Kishin line	Phone :0868-73-3380  <a href="http://mimaen.co.jp/english/">http://mimaen.co.jp/english/</a> 	English

## Sake breweries

49	Miyashita Sake Brewery Sakekobo-Doppokan 宮下酒造 酒工房独歩館	◆ Shop Sake, beer, shochu, whiskey, gin, liqueurs ◆ Restaurant Brewery original cuisine, taste testing (sake and beer)	◆ Shop 10:00～19:00 ◆ Restaurant 11:30～21:00 (L.O.20:30) Regular holiday: Wed.	184Nishigawara,Naka-ku,Okayama city  3 min on foot from JR Nishigawara-Shujitsu Station on the Sanyo main line	Phone :086-270-8111  <a href="https://www.doppokan.jp/">https://www.doppokan.jp/</a> 	English
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## Rural scenic spots

### 50 Oohaganishi Rice terrace

大坪和西棚田



These terraced rice fields spread panoramically throughout a large valley in the shape of a cone. The landscape made by the rice fields' ridged pattern is beautiful and spectacular.

Address : Oohaganishi,Misaki  
Town,Kume-gun

Access:40 min by car from the  
"Innosho IC" on Chugoku  
Expressway

<https://www.town.misaki.okayama.jp/soshiki/sangyokensetukanko/69.html>



### 51 Mizutori distributing installations for the Takahashi-gawa River east and west (canal)

高梁川東西用水取配水施設



This reinforced concrete facility was made for agricultural water in 1924. The entire surface of the Sakadu sluice is covered in granite blocks. And the Minami sluice, built to supply water, is so large that it contains 15 gates.

Address : 1556Sakazu,Kurashiki city

Access:10min on foot from Kurashiki  
Station on the Sanyo Main  
Line

<https://www.kurashiki-tabi.jp/extra/history-spot/>





## Typical Local cuisine (Okayama Pref. )

### Bara-zushi (Strewn sushi)

ばらずし



Okayama's best-known dish looks as good as it tastes. Cuts of fresh seafood and a variety of seasonal vegetables are artfully scattered across a wide platter of vinegared sushi rice. This is decorated with shreds of omelet, sprigs of green sansho pepper leaves, and slivers of pickled ginger. An essential food at parties and ceremonial banquets.

### Mamakari-zushi (Shad sushi)

ままかりずし



Mamakari is the local term for a species of shad caught in the Seto Inland Sea. This name is said to originate from words in the local dialect for rice ("mama") and borrow ("kari"): the fish are so delicious as a side dish that you have to go your neighbor to borrow more rice. This fish is often pickled in vinegar or served on vinegared sushi rice.

## Typical Local cuisine (Hiroshima Pref. )

### Kaki no dote nabe (Oyster hot pot with miso)

カキの土手鍋



Hiroshima is Japan's top oyster producer, a tradition that dates back around 450 years. A popular way to serve them in winter is this nourishing hot pot. A thin layer of miso is spread around the inside of the casserole. The oysters are cooked with tofu and vegetables, and when they're ready the flavor of the broth is adjusted by stirring in the miso to taste.

### Anago meshi (Rice with conger eel)

あなご飯








Photo (Exhibition) : Hiroshima Pref.

After deboning the eel, the head and spine are simmered to produce a stock, which is seasoned with soy sauce and used for cooking rice. The fillets of conger are broiled, using a thick, sweetened soy-based basting sauce. This recipe originated among fishermen on the Seto Inland Sea. The popularity of anago meshi spread after it began to be sold in boxed lunches at stations along the Sanyo railway line.




# Hiroshima Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
<b>52</b>	Hirata-kanko-noen 平田観光農園	<ul style="list-style-type: none"> <li>◆ Strawberry picking (Dec.- early Jun.)</li> <li>◆ Cherry picking (early Jun.- end Jun.)</li> <li>◆ Plum・Prune picking (end Jun.- early Aug.)</li> <li>◆ Apple picking (mid Aug.- end Nov.)</li> <li>◆ Grape picking (Aug.- end Sep.)</li> </ul>	Mar.～Nov. 10:00～17:00 (No holiday)  Dec.～Feb. 10:00～15:00 Regular holidays: Thu. , Fri.	1740-3Ueda-machi,Miyoshi city  ・20 min by car from the “Miyoshi IC” on Chugoku Expressway ・15 min by car from the “Mirasaka IC” on Onomichi Expressway ・Taxi: 30min from JR Miyoshi Station	Phone: 0824-69-2346  <a href="http://www.marumero.com/">http://www.marumero.com/</a> 	English
<b>53</b>	Hara nouen はら農園	<ul style="list-style-type: none"> <li>◆ Grape picking (early Sep.- late Oct.)</li> <li>◆ Grapes direct sales (Shine Muscat,Pione)</li> </ul>	8:00～17:00 No holiday during the period	612Yuki-ko,Jinsekikogen Town,Jinseki-gun  55 min by car from the "Fukuyama-higashi IC" on Sanyo Expressway	Phone: 0847-82-0710  <a href="http://hara-nouen.jp/">http://hara-nouen.jp/</a> 	English
<b>Direct sales depots (agricultural, forestry and fishery products)</b>						
<b>54</b>	ShokusaikanShobaraYume sakura 食彩館しょうばらゆめさくら	Fresh vegetables and processed goods produced by local farmers	(Jan.～Mar.) 8:30～17:00 (Apr.～Dec.) 8:30～18:00 Regular holiday:Tue.	291-1Shinjo-cho,Shobara city  5 min by car from the "Shobara IC"on Chugoku Expressway	Phone: 0824-75-4411  <a href="http://www.yumesakura.sakura.ne.jp/">http://www.yumesakura.sakura.ne.jp/</a> 	English
<b>55</b>	Michi-no-Eki Takano 道の駅たかの	Fruits, vegetables, sweets, pickles, etc. produced by local farmers	9:00～18:00 Regular holidays: the 2nd and 4th Wed.	49Shimonde,Takano-cho,Shobara city  1 min by car from the "Takano IC" on Matsue Expressway	Phone: 0824-86-3131  <a href="http://www.takanoyama.jp">http://www.takanoyama.jp</a> 	English
<b>Farm and fishery restaurants</b>						
<b>56</b>	Shimada Oister Farm 島田水産	Oyster dishes Sale of premium Oysters, etc	Irregular holidays 10:00～21:00 (Except Wed.) 10:00～16:00 (Wed.) ・Finish when oysters run out ・If you visit after 17:00, check by phone	1-2-6Miyajimaguchi-Nishi,Hatsukaichi city  3 min by taxi from JR Miyajimaguchi Station on the Sanyo main line	Phone: 0829-30-6356  <a href="http://shimadasuisan.com/">http://shimadasuisan.com/</a> 	English


# Hiroshima Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
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## Homestay Inn with Agriculture, Forestry and Fisheries Experience

57	Inn Alpineya 民宿あるぺん屋	<ul style="list-style-type: none"> <li>◆ Farming workshop (In summer only)</li> <li>◆ Amazake making (At any time)</li> <li>◆ Trekking tour (At any time)</li> </ul>	At any time Irregular holidays	405-3Nishiyawatahara,Kitahiroshima Town, Yamagata-gun  30 min by car from the "Togochi IC" on Chugoku Expressway	Phone : 0826-37-0226  <a href="http://www.alpenya.jp/">http://www.alpenya.jp/</a>	 English
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## Sake breweries

58	FUJII SHUZOU 藤井酒造酒蔵交流館	<ul style="list-style-type: none"> <li>◆ Sake tasting</li> <li>◆ Sales of souvenirs such as sake and other miscellaneous goods</li> </ul>	9:00~17:00 Regular holiday : Mon. and January 1.	3-4-14Hon-machi,Takehara city  15 min on foot from JR Takehara Station on the Kure line	Phone : 0846-22-2029  <a href="http://www.fujiishuzou.com/">http://www.fujiishuzou.com/</a>	 English Chinese (Prior notice is necessary for foreign language service)
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## Rural scenic spots

### 59 Ini Rice terrace 井仁の棚田



The terraced rice fields spread over cone-shaped slopes extending east and west. Stone walls by the rice fields were built nearly vertically so that the area is as large as possible.

Address : Ini,Nakatsutsuga,Akiota Town,Yamagata- gun

Access: 15 min by car from the "Togochi IC" on Chugoku Expressway



[http://www.akioota-navi.jp/html/kankou\\_spot\\_ini\\_tanada.html](http://www.akioota-navi.jp/html/kankou_spot_ini_tanada.html)

### 60 Hasuike Park (Canal) 蓮池公園



The first feudal lord in Fukuyama got water for the land near his castle from the Ashikawa river waterway. The area has now been restored and serves as Hasuike Park. It is a place where the city's residents can relax and enjoy themselves.

Address : Kinoshio-cho,Fukuyama city

Access: 20 min by car from "Fukuyama Higashi-Nishi IC" on Sanyo Expressway

Photo (Exhibition) : National Federation of Land Improvement Associations

# Yamaguchi Prefecture






No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
<b>61</b>	Ringonokirara 林檎の樹らら	<ul style="list-style-type: none"> <li>◆ Apple picking (Sep.- end Nov.)</li> <li>◆ Shopping (Apple pie)</li> </ul>	10:00～16:00 Regular holiday: Wed.	409-3Atotokusashimo,Yamaguchi city  5 min on foot from JR Nabekura Station on the Yamaguchi line	Phone :083-956-0266  <a href="http://kirarapie.com/">http://kirarapie.com/</a>	English
<b>62</b>	Ringonokikaku Co., Ltd. 株式会社りんごの企画	Apple picking (Sep.- Nov.)	Year round.	409-20Atotokusashimo,Yamaguchi city  20 min on foot from JR Nabekura Station on the Yamaguchi line	Phone :083-957-0607	English
<b>63</b>	FUKUDA Fruit Park (有)福田フルーツパーク	<ul style="list-style-type: none"> <li>◆ Grape picking (late Jul.- end Sep.)</li> <li>◆ Pear picking (late Jul.- end Sep.)</li> <li>◆ Blueberry picking (late Jul.- end Aug.)</li> </ul>	9:00～17:00 Year round	2780Suma,Shunan city  40 min by car from the “Tokuyama-higashi IC” on Sanyo Expressway	Phone :0834-86-2138  <a href="http://www.fukuda-fp.com/">http://www.fukuda-fp.com/</a>	English
<b>64</b>	Yamada Fruit Farm 山田フルーツファーム	<ul style="list-style-type: none"> <li>◆ Grape picking (Aug.- Sep.)</li> <li>◆ Shopping (Grapes, wine, jam)</li> </ul>	9:00～17:00 Aug.-Sep. no holidays.	8074-9Shibuki,Hagi city  30 min by car from JR Higashi-Hagi Station on the Sanin main line	Phone :0838-53-0014  <a href="http://budounoeki.chu.jp">http://budounoeki.chu.jp</a>	English
<b>65</b>	MIRAI garden farm みらいガーデンファーム	<ul style="list-style-type: none"> <li>◆ Blueberry picking (late Jul.- early Sep.)</li> <li>◆ Grape picking (early Sep.- early Oct.)</li> </ul>	10:00～17:00 Irregular holidays.	2053-1Nishimigama,Suo-Oshima Town,Oshima-gun  Take a bus (Bocho-bus bound for Nishinohama) from JR Obatake Station on the Sanyo main line to “Nishinohama”	Phone :0820-74-1115  <a href="http://miraigarden.sakura.ne.jp/">http://miraigarden.sakura.ne.jp/</a>	English

# Yamaguchi Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Direct sales depots (agricultural, forestry and fishery products)</b>						
66	Michi-no-Eki Kiraraajisu (Duty-free shop) 道の駅きらあじす	<ul style="list-style-type: none"> <li>◆ Local specialties, marine products</li> <li>◆ Restaurant</li> <li>◆ Bread</li> <li>◆ soft ice cream</li> </ul>	8:30～19:00 Irregular holidays	509-88Ajisu,Yamaguchi city  10 min on foot from JR Ajisu Station on the Ube line	Phone : 0836-66-1001  <a href="http://www.c-able.ne.jp/~machikai/">http://www.c-able.ne.jp/~machikai/</a>	English
67	Ringo-no-Eki Tokusa りんごの駅徳佐	Apples, processed apple sweets	8:30～17:30 Year round.	1165-1Atotokusashimo,Yamaguchi city  20 min on foot from JR Nabekura Station on the Yamaguchi lie	Phone : 083-957-0713  <a href="http://www.ato-town.com/ringonoeki/">http://www.ato-town.com/ringonoeki/</a>	English
68	Yamaguchi Chagyo, Inc. 株式会社山口茶業	<ul style="list-style-type: none"> <li>◆ Sencha</li> <li>◆ Health tea</li> <li>◆ Onocha noodles</li> <li>◆ Tea plucking workshop (late Apr.-end Jun., mid Sep.-end Oct.)</li> </ul>	8:30～17:00 No regular holiday.	152-13Ichiibara,Ube city  20 min by taxi from JR Shin-Yamaguchi Station on the Sanyo main line	Phone : 0836-64-2116  <a href="https://www.onocha.com/">https://www.onocha.com/</a>	English
69	Bistro Kano Farm ビストロ鹿野農場	<ul style="list-style-type: none"> <li>◆ Brand Pork</li> <li>◆ Brand Beef</li> <li>◆ Ham, Sausage</li> <li>◆ Croquette, Hamburger</li> </ul>	10:00～17:00 Year round.	2713Heta,Shunan city(In the Michi-no-Eki Solene Shunan)  3 min by taxi from JR Heta Station on the Sanyo main line	Phone : 0834-83-3666  <a href="http://www.kanofarm.com/">http://www.kanofarm.com/</a>	Simple English
70	Tsukari Berrys ツカリベリーズ	<ul style="list-style-type: none"> <li>◆ Berry's soft serve ice cream</li> <li>◆ Muffin</li> <li>◆ Various cakes</li> </ul>	10:00～16:00 Regular holiday: Mon.(If Monday is a public holiday the next day)	2463-3Tsukari,Hikari city  10 min by car from the "Kumage IC" on Sanyo Expressway	Phone : 0820-48-1577	English (Telephone not guidable)
71	Satonokuriya 里の厨	Agricultural Products Marine products Bread	Apr.～Sep. 9:00～18:00 Oct.～Mar 9:00～17:00 Regular holiday: Mon.(If Monday is a public holiday the next day)	2391-19Tsukari,Hikari city  10 min by car from the "Kumage IC" on Sanyo Expressway	Phone : 0820-49-0831  <a href="http://satonokuriya.jp/ind ex.html">http://satonokuriya.jp/ind ex.html</a>	English (Telephone not guidable)




# Yamaguchi Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Direct sales depots (agricultural, forestry and fishery products)</b>						
<b>72</b>	KASAHARA HONEY 株式会社KASAHARA HONEY	<ul style="list-style-type: none"> <li>Honey</li> <li>Propolis</li> <li>Café</li> </ul>	10:00～17:00 Regular holidays: Mon.,Tue. (Open on public holidays)	473-1Higashimigama,Suo-Oshima Town,Oshima-gun  Take a bus (Bocho-bus bound for Suo-Higashihama) from JR Obatake Station on the Sanyo main line to "Suo-Higashihama"	Phone : 0820-74-5283  <a href="http://kasahara-honey.net/">http://kasahara-honey.net/</a>	 English
<b>73</b>	Setouchi Jam's Garden & Farm 株式会社瀬戸内ジャムズガーデン	<ul style="list-style-type: none"> <li>Blueberry picking (mid Jul.- end Aug.)</li> <li>Shopping(Fruit preserves)</li> </ul>	10:00～18:00 Regular holidays: Wed., Thu.	331-8Hikuma,Suo-Oshima Town,Oshima-gun  Take a bus (Bocho-bus bound for Hikuma) from JR Obatake Station on the Sanyo main line 10 min on foot from Hikuma Bus stop	Phone : 0820-73-0002  <a href="http://www.jams-garden.com/">http://www.jams-garden.com/</a>	 English
<b>74</b>	Tsukasa garden 有限会社司ガーデン	<ul style="list-style-type: none"> <li>Roses</li> <li>Halloween pumpkins</li> </ul>	Irregular holidays	4905-4Kandakami,Hohoku-cho,Shimonoseki city  10 min by car from JR Kottoi Station on the Sanin main line	Phone : 083-788-1321  <a href="http://barasaku.com/">http://barasaku.com/</a>	 English
<b>75</b>	LaLa Fran フジ長門店内直営店 ララフラン	<ul style="list-style-type: none"> <li>Various local vegetables</li> <li>Processed foods</li> </ul>	9:00～19:00 Year round	322-2Senzaki,Nagato city(In the Fuji-Nagato shop)  13 min on foot from JR Nagato Station on the Sanin main line	Phone : 0837-27-0003  <a href="http://lalafran.jp/">http://lalafran.jp/</a>	 English
<b>76</b>	LaLa Bakery 道の駅センザキッチン内 ララベーカリー	Sandwiches made using natural sea yeast from Senzaki Bay and other local ingredients.	9:00～18:00 Year round.	4597-1Senzaki,Nagato city(In the Michi-no-Eki Senzakitchen)  5 min on foot from JR Senzaki Station on the Sanin main line	Phone : 0837-27-0321	English Chinese
<b>Farm and fishery restaurants</b>						
<b>77</b>	Tokudi Toritama no sato 徳地とりたまの里	<ul style="list-style-type: none"> <li>Raw egg on rice (Eggs produced in-House)</li> <li>Raw eggs (produced in-house)</li> <li>Custard</li> <li>Baum kuchen</li> </ul>	Weekday 10:00～16:30 L.O 15:00  Sat.,Sun. and holidays 10:00～16:30 L.O 15:45  Regular holidays:Tue.	1473Hori,Tokudi,Yamaguchi city  25 min by car from the "Tokuyama-Nishi IC" on Sanyo Expressway	Phone : 0835-53-0583  <a href="http://www.izumo-farm.jp/flm.html">http://www.izumo-farm.jp/flm.html</a>	 English

# Yamaguchi Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
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## Homestay Inn with Agriculture, Forestry and Fisheries Experience

78	Fisherman's guest-house Kouyousyo 漁家民宿洸洋庄	<ul style="list-style-type: none"> <li>◆ Guest-house</li> <li>◆ Fishing workshop</li> <li>◆ Shopping</li> <li>◆ Grilled fish</li> </ul>	Year round.	185Okikamurojima,Suo-Oshima Town,Oshima-gun  70 min by car from the "Kuga IC" on Sanyo Expressway	Phone :0820-78-1887  <a href="http://nakamichi-k.co.jp/">http://nakamichi-k.co.jp/</a>	 English
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## Rural scenic spots

### 79 Higashi-usirobata Rice terrace

東後畑



<http://www.nanavi.jp/attractions/tanada>

Visiting here, we can see a magnificent view of the Japan Sea spreading out before us as the hilly land on peninsula is very close to the seashore.

Address : shirobata,Yuya,Nagato city

Access:60 min by car from the "Mine IC" on Chugoku Expressway



### 80 Aibagawa (canal) 藍場川



Photo (Exhibition) : National Federation of Land Improvement Associations

This canal flows from east to west through the region of samurai residences that still retains the strong atmosphere of a castle town. Even now, the water is used for irrigation, firefighting and daily life.

Address : Kawashima,Hagi city

Access: Hagi city northeast zone from JR Hagi Station on the Sanyo Main Line

## Typical Local cuisine (Yamaguchi Pref. )

### Fuku (fugu) ryori (Pufferfish dishes) ふく料理

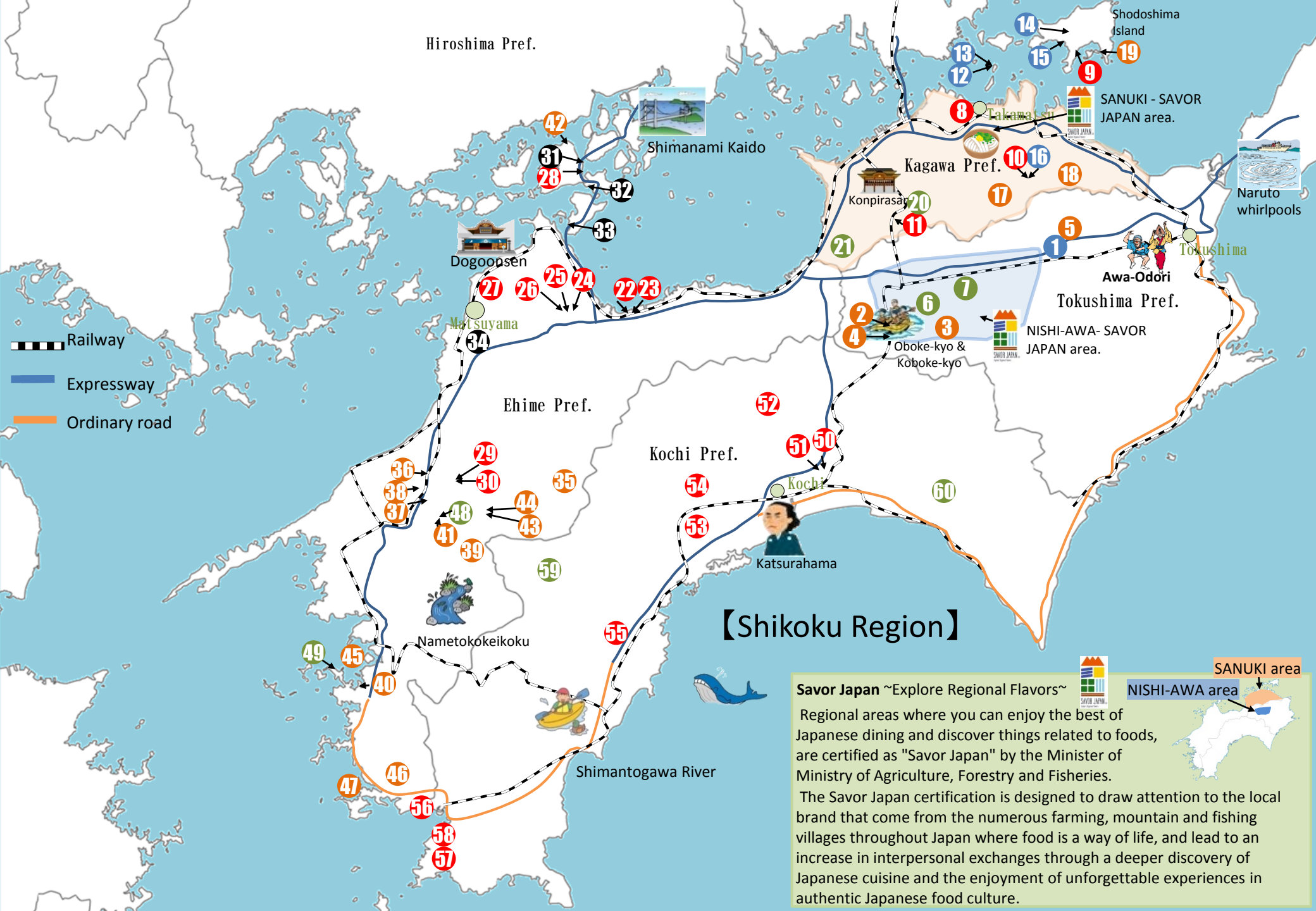


Pufferfish bones have been excavated from shell mounds in the Yamaguchi region dating back more than 3,000 years . The fish are prepared in many ways ,Including as sashimi , in hot pots , and in rice porridge . When served as sashimi , the fish is sliced so thinly that the pattern on the serving platter underneath is still visible . The raw fish is eaten with a soy sauce dip , seasoned with fine-chopped scallions , grated radish with red chili , and daidai(sour orange) juice .

### Iwakuni-zushi (Iwakuni sushi) 岩国寿司



This form of pressed sushi is popular in the Iwakuni area. Cuts of fish meat are layered with vinegared rice and pressed into wooden molds, then scattered with shredded omelet,slices of lotus root, and seasoned shiitake mushrooms.Banana leaves are used to keep the layers separate.



Hiroshima Pref.

Shimanami Kaido

Kagawa Pref.

Awa-Odori

Tokushima Pref.

Ehime Pref.

Kochi Pref.

## 【Shikoku Region】

**Savor Japan** ~Explore Regional Flavors~

Regional areas where you can enjoy the best of Japanese dining and discover things related to foods, are certified as "Savor Japan" by the Minister of Ministry of Agriculture, Forestry and Fisheries.

The Savor Japan certification is designed to draw attention to the local brand that come from the numerous farming, mountain and fishing villages throughout Japan where food is a way of life, and lead to an increase in interpersonal exchanges through a deeper discovery of Japanese cuisine and the enjoyment of unforgettable experiences in authentic Japanese food culture.

SANUKI area  
NISHI-AWA area

# Tokushima Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Farm and fishery restaurants</b>						
1	Sabou 茶房	Dishes made using local vegetables	9:00～17:00 Regular holiday: The 2nd Wed.	45-1Oozawakimachi,Waki-machi,Mima city  10 min by taxi from JR Anabuki Station on the Tokushima line	Phone :080-2976-5532	English
<b>Homestay Inn with Agriculture, Forestry and Fisheries Experience</b>						
2	Farm inn Bokenoen 農家民宿歩危農園	Harvesting workshop for vegetables and edible wild plants	To Be Confirmed (close during the year-end and New Year holidays)	1938Kamimyou,Yamashiro-cho,Miyoshi city  Free shuttle from JR Oboke Station on the Dosan line (inquiry)	Phone :090-1578-1611  <a href="http://www.ooboke-kudo1938.com/">http://www.ooboke-kudo1938.com/</a>	English
3	Noukaminsyuku-Iyahakkei 農家民宿祖谷八景	◆ Soba making ◆ Countryside cuisine workshop	Confirmation required (Closed from Dec. to Mar.)	66-2Nakaue,Higashiiya,Miyoshi city  40 min by taxi from JR Oboke Station on the Dosan line	Phone :090-4789-6259  <a href="http://www.ctm.ne.jp/~taka58/">http://www.ctm.ne.jp/~taka58/</a>	English
4	Traveler's inn NAKONE 旅人の宿なこね	◆ Soba making ◆ Konjac making workshop ◆ Citron vinegar making workshop ◆ Gazing down upon a sea of clouds	Confirmation required (Closed during the year-end and New Year holidays)	242Yamamuraenoki,Nishiiya,Miyoshi city  Free shuttle from JR Oboke Station on the Dosan line (inquiry)	Phone :0883-72-5557 Email : nakone1111@yahoo.co.jp  <a href="http://www13.plala.or.jp/nakone1111/newfolder3/index.html">http://www13.plala.or.jp/nakone1111/newfolder3/index.html</a>	English (Reservat on required by E-mail)
5	Farm in Nonomichi 農家民宿野の道	◆ Workshop for making tofu with organic soybeans ◆ Harvesting workshop for organic vegetables	9:00～19:00 (Closed during the year-end and New Year holidays, and busy times for farm work)	49Kitanishidani,Awa-cho,Awa city  ・10 min by car from the “Wakimachi IC” on Tokushima Expressway ・10 min by taxi from JR Anabuki Station on the Tokushima line	Phone :090-5377-9938  <a href="http://blog.goo.ne.jp/nonouenn">http://blog.goo.ne.jp/nonouenn</a>	English Spanish Portuguese



# Tokushima Prefecture

## Rural scenic spots

### 6 Shimokage Rice terrace 下影の棚田



We can view beautiful stonework and ridges between rice fields on the steep terrain. A mountain stream flowing through the middle of the well-maintained rice fields are also factors creating such a beautiful view.

Address : Iuchinishi, Ikawa-cho, Miyoshi city

Access: 40 min by car from the "Ikawa-Ikeda IC" on Tokushima Expressway

<http://www.miyoshinavi.jp/02miru/>



### 7 Steep Slope Agriculture System in Nishiawa (Important Agricultural Heritage Systems in Japan) にし阿波の傾斜地農耕システム



We can see a unique system for agriculture; mixed plants of the grass or sedge family are useful in preventing the soil from flowing off the steep land, and using original machines for agriculture enables the steep terrace to be developed without terraces. There are various items including native grains grown here.

Location: Mima City, Miyoshi City, Tsurugi Town, Higashi Miyoshi Town

Access: 105 min by car from the "Ikawa-Ikeda IC" on Tokushima Expressway  
(Ochiai Village: Miyoshi City Higashiyayama Ochiai)

<http://giahs-tokushima.jp/>



## Typical Local cuisine (Tokushima Pref. )

### Sobagome-zosui (Buckwheat porridge) そば米雑炊




Buckwheat grain that has been boiled, dried, and husked is cooked to produce a thick porridge. Buckwheat is an important crop in Tokushima Prefecture because it has a short growing time, and the terrain and climate are not suitable for rice cultivation. Besides porridge, buckwheat is also eaten in the form of soba noodles.

### Boze no sugata-zushi (Butterfish sushi) ぼうぜの姿寿司



A popular way to eat fish in Tokushima Prefecture: the whole fish is cleaned and stuffed with vinegared sushi rice. The butterfish is first soaked in vinegar, then packed with vinegared rice seasoned with a splash of fresh-pressed sudachi citron juice. This is an essential item at autumn festivals and is still made in local households to this day. Other fish prepared in the sugata-zushi style include horse mackerel, sweetfish, and freshwater trout.



# Kagawa Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
8	Ichigoya Sky farm いちご屋スカイファーム	Strawberry picking (Jan.- May)	10:00～16:00 Regular holiday: Mon.	656-1Iida-cho,Takamatsu city  10 min by taxi from JR Kinashi Station on the Yosan line	Phone :087-881-5256  <a href="http://www.skyfarm.jp/">http://www.skyfarm.jp/</a>	 English
9	Shodoshima Olive Park 小豆島オリーブ公園	Olive picking (late Oct.- end Nov.)	8:30～17:00 Year round	1941-1Nishimura-ko,Shodoshima Town,Shozu-gun  70 min by ferry from Shin-Okayama Port Take a bus (Olive-bus bound for Fukuda) from Tonosho Port 5 min on foot from Olive Park	Phone :0879-82-2200  <a href="http://www.olive-pk.jp/">http://www.olive-pk.jp/</a>	 English
10	Morino ichigo 森のいちご	Strawberry picking (late Dec.- end May)	10:00～16:00 Open only from late Dec.-end May Regular holiday: Thu.	1611Kamitakaoka,Miki Town,Kida-gun  10 min by taxi from Kotoden Gakuen-Doori Station on the Nagao line	Phone :087-890-3035  <a href="http://morinoichigo.com/">http://morinoichigo.com/</a>	 English
11	Mii-Bokujo 三井牧場	Milking Feeding Butter making	10:00～16:00 Irregular holidays	878-10Okuchi,Manno Town,Nakatado-gun  10 min by taxi from JR Kurokawa Station on the Dosan line	Phone :090-2825-8174	English
<b>Farm and fishery restaurants</b>						
12	Dorimano ue ドリマの上	Brown rice・Boiled fish Dishes made using vegetable grown without pesticides and fertilizers Various types of training (with lunch)	9:00～sunset Irregular holidays	1894Ogi-cho,Takamatsu city  40min by ferry from Takamatsu Port 10 min on foot from Ogijima Port	Phone :090-7146-2268  <a href="https://jyouko.jimdo.com/">https://jyouko.jimdo.com/</a>	 English Chinese
13	Jyouko café じょうこかふえ	Brown rice・Boiled fish Dishes made using vegetable grown without pesticides and fertilizers Various types of training (with lunch)	Confirmation required Irregular holidays	1352Ogi-cho,Takamatsu city  40 min by ferry from Takamatsu Port 10 min on foot from Ogijima Port	Phone :090-4332-7671  <a href="https://jyouko.jimdo.com/">https://jyouko.jimdo.com/</a>	 English Chinese
9	Shodoshima Olive Park OLIVAZ 小豆島オリーブ公園 オリヴァス	Local cuisine of Spain with local olive oil	8:30～17:00 Year round	1941-1Nishimura-ko,Shodoshima Town,Shozu-gun 70 min by ferry from Shin-Okayama Port Take a bus (Olive-bus bound for Fukuda) from Tonosho Port 5 min on foot from Olive Park	Phone :0879-82-2200  <a href="http://www.olive-pk.jp/">http://www.olive-pk.jp/</a>	 English

# Kagawa Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
14	Komame café こまめ食堂	Various set meals etc. Ex.) rice ball from terraced rice fields, thin noodles, special hamburger using local beef grown with olives	11:00～16:00 Regular holidays: Tue, and every other Wed.	1512-2Nakayama,Shodoshima Town,Shozu-gun  70 min by ferry from Shin-Okayama Port Take a bus (Olive-bus bound for Nakayama) from Tonosho Port to Nakayamakasuga jinnja-mae	Phone : 080-2984-9391  <a href="http://www.dreamisland.cc/cafe/komame-cafe.html">http://www.dreamisland.cc/cafe/komame-cafe.html</a> 	English
15	café-restaurant CHUZAEMON カフェレストラン忠左衛門	Pasta and Paella made with seasonal seafood of Shodoshima and fresh olive oil, and dessert made of citrus grown in own farm.	11:00～21:30 (Mon.～Thu. : 11:00-17:00) Year round	61-4Kamou-ko,Shodoshima Town,Shozu-gun  60 min by ferry from Takamatsu Port 10 min on foot from Ikeda Port	Phone : 0879-75-1188  <a href="http://www.inoueseikoen.co.jp/rashiq/index.html">http://www.inoueseikoen.co.jp/rashiq/index.html</a> 	English
16	Morino-Gelateria MUCCA 森のジェラテリア MUCCA	Gelato made using milk from “Hirono Farm”	11:00～17:30 Regular holiday: Wed.	1613Kamitakaoka,Miki Town,Kida-gun  10 min by taxi from Kotoden Gakuen-Doori Station on the Nagao line	Phone : 087-899-1530  <a href="http://www.morino-mucca.com/">http://www.morino-mucca.com/</a> 	English

## Homestay Inn with Agriculture, Forestry and Fisheries Experience

17	Hotel Second Stage ホテルセカンドステージ	◆ Udon making ◆ Soba making ◆ Bamboo work ◆ Rice cake making	8:00～17:00 Reservation required Irregular holidays	1118-8Kaminishiotsu,Shionoe-cho,Takamatsu city  Take a bus (Kotoden-bus bound for Shionoe) from Takamatsu Station Free shuttle bus from Shionoe	Phone : 087-893-1100  <a href="http://hotel-secondstage.com/">http://hotel-secondstage.com/</a> 	English
12	Dorimano ue ドリマノの上	Visiting various shrines wearing Japanese traditional attire (kimono). Picking and cooking herbs. Enjoying creatures living in or near the seashore. Making a pendant. Making an insect repellent perfume.	Confirmation required Irregular holidays	1894Ogi-cho,Takamatsu city  40 min by ferry from Takamatsu Port 10 min on foot from Ogijima Port	Phone : 090-7146-2268  <a href="https://jyouko.jimdo.com/">https://jyouko.jimdo.com/</a> 	English Chinese
18	Gomyou Yamabikonoyado 五名やまびこの宿	Rice-planting, rice harvesting, picking chestnuts, hiking, treatment by massage, weaving	Confirmation required Irregular holidays	1374Gomyou,Higashikagawa city  25 min by car from the "Shiratori-Oouchi IC" on Takamatsu Expressway	Phone : 0879-29-2502	English



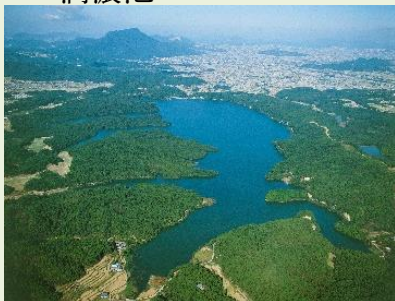
# Kagawa Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
19	Guest House GENZA 漁家民宿ゲンザ	<ul style="list-style-type: none"> <li>◆ Nature workshop</li> <li>◆ Fishing workshop</li> <li>◆ Trekking</li> <li>◆ Mountain guide</li> </ul>	Confirmation required Irregular holidays	416 Sakate-ko, Shodoshima Town, Shozu-gun  75 min by ferry from Takamatsu-Higashi Port 3 min on foot from Sakate Port	Phone : 0879-62-9881  <a href="http://genza-guesthouse.com/">http://genza-guesthouse.com/</a>	English

## Rural scenic spots

### 20 Mannou-Ike Reservoir

満濃池



Originally built in 701A.D. (the first year of 8th century) and reconstructed several times, the Mannou-Ike Reservoir has been used for the purpose of irrigation for centuries. Today the reservoir irrigates more than 3,000ha and is one of the largest irrigation reservoirs in Japan. The Mannou-Ike reservoir is recognized as a Heritage Irrigation Structure (HIS) by the International Commission on Irrigation and Drainage (ICID).

Every June, many visitors gather here to join a “Yurunuki Ceremony” in which they open the sluice to the rice fields for the first time in the year. The ceremony marks the beginning of summer in Kagawa.

Address : Kanno, Mannou Town, Nakatado-gun

Access: 10min by taxi from Kotohira Station on the JR Yosan Line

[http://www.town.manno.lg.jp/manno\\_pond/pond\\_top.html](http://www.town.manno.lg.jp/manno_pond/pond_top.html)



### 21 Honen-Ike Reservoir

豊稔池



The agricultural pond was constructed using arched cut-off walls during the Taisho period (1912 to 1926). Due to exposure to wind and rain over a long period of time, it has acquired a dignified appearance and presence reminiscent of an old castle in medieval Europe.

The discharge of water from the embankment 30 meters above the ground has become custom marking the beginning of the rice planting season in the Sanuki area, and many tourists come every year.

Address : Tanono, Oonohara-cho, Kanonji city

Access: 5min by taxi from JR Kan-onji Station on the JR Yosan Line

<http://kanonji-kankou.jp/visit/01/013.html>



## Typical Local cuisine (Kagawa Pref.)

### Sanuki udon (Sanuki udon noodles)

讃岐うどん



Per capita consumption of udon noodles is higher in Kagawa than anywhere else in Japan. Sanuki udon is made from wheat dough that is thoroughly kneaded to create firm noodles. These are eaten in a variety of ways : in a savory noodle soup , served in hot water with a separate dipping sauce , chilled with separate dip , hot with various toppings , or with a dip of plain soy sauce. As well as being a festive food , Sanuki udon is part of everyday life throughout Kagawa.

### An-mochi zoni (Elaborate zoni)





あんもち雑煮



This unusual version of zoni (soup with pounded sticky-rice cakes) features round slices of daikon radish and carrot cooked in a soup prepared from fish broth, along with a mochi cake stuffed with sweetened mashed azuki beans (an-mochi). The soup is seasoned with white miso. The an-mochi tradition dates from the days when sugar was such a luxury that it could only be used on special occasions such as New Year banquets, when zoni soup is served.



# Ehime Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
<b>22</b>	Hino Ichigo Farm ひのいちご園	Strawberry picking (late Dec.- late May)	10:00～17:00 Regular holiday: Mon.	489-2Tamatsu,Saijo city  10 min by taxi from JR Iyo-saijo Station on the Yosan line	Phone :090-7627-0667 0897-55-7930 <a href="http://www.hinoichigo.co.jp/">http://www.hinoichigo.co.jp/</a>	 English
<b>23</b>	SAIJO BLIEBERRY FARM 西条ブルーベリー農園	Blueberry picking (mid Jul.- late Aug.)	9:00～18:00 No holidays during the period	3108Iioka,Saijo city  10 min by taxi from JR Iyo-saijo Station on the Yosan line	Phone :090-9188-4193  <a href="http://saijoblueberry.in-a-ka.com/">http://saijoblueberry.in-a-ka.com/</a>	 English Korean
<b>24</b>	Yukimoto Farm ゆきもと農園	◆ Strawberry picking (early Jan.- end May) ◆ Grape picking (early Aug.- mid Sep.)	10:00～17:00 Please apply by 16:00	1805-1Ikeda,Tanbara-cho,Saijo city  10 min by taxi from JR Nyugawa Station on the Yosan line	Phone :080-8633-3809	English
<b>25</b>	Gutokusan 愚禿山(ぐとくさん)	◆ Grape picking (end Aug.- Sep.) ◆ Fig picking (end Aug.- early Dec.) ◆ Kiwi fruit picking (early Oct.- end Dec.) ◆ Blueberry picking (end Jul.- early Sep.)	10:00～16:00	915Nagano,Tanbara-cho,Saijo city  15 min by taxi from JR Nyugawai Station on the Yosan line	Phone :090-7781-4163  <a href="http://gutokusan.michikusa.jp/">http://gutokusan.michikusa.jp/</a>	 English
<b>26</b>	Hakkiri Farm はっきり農園	◆ Persimmon picking (Nov.-early Dec.) ◆ Fig picking (Sep.- early Nov.) ◆ Chestnut picking (late Aug.- early Oct.)	9:00～16:00 Irregular holidays	1494-1Takamatsu-ko,Tanbara-cho,Saijo city  20 min by taxi from JR Nyugawa Station on the Yosan line	Phone :090-7572-2968	English
<b>27</b>	Ichigo farm Hojo いちごファーム北条	Strawberry picking (Dec10.- mid May)	10:00～16:00 Regular holiday: Mon.	○Natsume-en 213-2Natsume-ko,Matsuyama city 10 min on foot from JR Awai Station on the Yosan line ○Hattannchi-en 396-1Httanchi-ko,Matsuyama city ○Hattanchi 1go-en 345Httanchi-ko,Matsuyama city 10 min by taxi from JR Iyo-hojo Station on the Yosan line	Phone :090-1000-3915  <a href="http://ichigo-farm-hojo.com/">http://ichigo-farm-hojo.com/</a>	 English

# Ehime Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>28</b>	Inoue House 井上ハウス	Strawberry picking (Jan.- Jun.)	10:00～17:00 Reservation required	379Amazaki,Kamiura-cho,Imabari city  1 min by car from the "Omishima IC" on Nishi-Seto Expressway	Phone : 090-8283-5765	English
<b>29</b>	Nakayoshi Farm なかよし農園	◆ Konjac making ◆ Soba making ◆ Tofu making workshop Whole year (10 people or more)	9:00～16:00 Year round	100Osekita,Uchiko Town,Kita-gun  30 min by taxi from JR Uchiko Station on the Yosan line	Phone : 0893-47-1124	English Chinese
<b>30</b>	ecofarm uchiko (有)エコファームうちこ	◆ Strawberry picking (Dec.- mid May) ◆ Blueberry picking (mid Jul.- mid Sep.) ◆ Grape picking (early Aug.- early Oct.) ◆ Peach picking (mid Jul.- end Jul.)	9:00～17:00 Regular holidays: Tue. and Fri.	3866Osehigashi,Uchiko Town,Kita-gun  30 min by taxi from JR Uchiko Station on the Yosan line	Phone : 080-5667-2443  <a href="http://ecofarm-uchiko.jp/">http://ecofarm-uchiko.jp/</a> 	English

## Direct sales depots (agricultural, forestry and fishery products)

<b>31</b>	Roadside Station Tatara Shimanami Park 道の駅多々羅しまなみ公園ふれあい屋台市	Seasonal vegetables, fruits, etc. (Mainly citrus, vegetables, processed foods)	8:30～17:00 Year round	9180-2Inokuchi,Kamiura-cho,Imabari city  1 min by car from the "Oshima-Minami IC" on Nishi-Seto Expressway	Phone : 0897-87-3866  <a href="http://www.imabari-shimanami.jp/tatara/">http://www.imabari-shimanami.jp/tatara/</a> 	English Chinese (Korean: Reservation required)
<b>32</b>	Roadside Station-Hakata SC Park 道の駅伯方S・Cパーク マリンオアシスはかた	Seasonal vegetables, fruits, etc. (Marine products, vegetables, processed foods)	9:00～17:00 Year round	1668-1Kanoura-ko,Hakata-cho,Imabari city  1min by car from the "Hakatajima IC" on Nishi-seto Expressway	Phone : 0897-72-3300  <a href="http://www.imabari-shimanami.jp/hakata/">http://www.imabari-shimanami.jp/hakata/</a> 	English Chinese (Korean: Reservation required)
<b>33</b>	Roadside Station- Yoshiumi Ikiiki-kan 道の駅ようみいきいき館	Seasonal vegetables, fruits, etc. (Marine products, vegetables, processed foods)	9:00～17:00 Close on New Year's Day	4520-2Myou,Yoshiumi-cho,Imabari city  5 min by car from the "Oshima-Minami IC" on Nishi-Seto Expressway	Phone : 0897-84-3710  <a href="http://www.imabari-shimanami.jp/ikiiki/">http://www.imabari-shimanami.jp/ikiiki/</a> 	English Chinese (Korean: Reservation required)

# Ehime Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
34	Ehime CATV Gin-koi-ichiba 愛媛CATVぎんこい市場	Seasonal vegetables, fruits, etc.	10:00～19:00 Year round	3-1-11Minato-machi,Matsuyama city  Take a tram (Iyo-railway bound for Dougo-onsen) from Matsuyamaeki-mae 10 min on foot from Ookaido	Phone : 050-3432-6040	English

## Homestay Inn with Agriculture, Forestry and Fisheries Experience



35	Etokoya-Kotoko えーとこ屋ことこ	Kiln-fired pizza, playing at the river, fishing at the river, visiting various spots with spiritual power, rice cake making, harvesting vegetables	8:00～19:00 Irregular holidays	816Hinoura,Kumakougen Town, Kamiukena-gun  Take a bus (JR Shikoku Bus bound for Kumakogen) from JR Matsuyama Station on the Yosan line 30 min by taxi from Kumakogen Bus stop	Phone : 0892-56-0073	English
36	Green Tourism SATOYAMA グリーンツーリズム 里山	<ul style="list-style-type: none"> <li>◆ Wine making (Sep.- Nov.)</li> <li>◆ Winery tour(Whole year)</li> <li>◆ Grape picking (early Aug.- end Sep.)</li> </ul>	10:00～17:00 Close from Dec. 25 to Jan. 5	2366Kawanaka,Uchiko Town,Kita-gun  10 min by taxi from JR Iyo-tachikawa Station on the Yosan line	Phone : 0893-45-0755  <a href="http://www.we-love-uchiko.jp/stay/593/">http://www.we-love-uchiko.jp/stay/593/</a> 	English Chinese
37	Farm inn RAUM Kokuriko ファーム・インRAUM 古久里来	Planting rice, harvesting rice, making iron candlestick holders	Confirmation required (Reservation required for candlestick making)	636Iyoki,Uchiko Town,Kita-gun  5 min by taxi from JR Uchiko Station on the Yosan line	Phone : 0893-44-2079  <a href="http://www.dokidoki.ne.jp/home2/kokuriko/about.html">http://www.dokidoki.ne.jp/home2/kokuriko/about.html</a> 	English
38	Rogu Tachiyama ログ立山	<ul style="list-style-type: none"> <li>• Baking pizza and pie(Whole year)</li> <li>• Spring: picking edible wild plants, Digging up bamboo shoots</li> <li>• Summer: observing insects, playing at a river</li> <li>• Autumn: Digging up sweet potatoes, harvesting rice, harvesting apples</li> <li>• Winter: Picking shiitake mushrooms, making firewood</li> </ul>	9:00～15:00 Irregular holidays	3925Tachiyama,Uchiko Town,Kita-gun  10 min by taxi from JR Iyo-tachikawa Station on the Yosan line	Phone : 0893-45-0222  <a href="http://userweb.u-broad.jp/rogu-tachiyama/">http://userweb.u-broad.jp/rogu-tachiyama/</a> 	English

# Ehime Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
39	Inn Okuyama 民宿 奥山	<ul style="list-style-type: none"> <li>◆ Planting shiitake mushroom spores in a log (Apr.)</li> <li>◆ Harvesting (Nov.- Apr.)</li> <li>◆ Picking edible wild plants (Feb.- Oct.)</li> <li>◆ Catching river fishes (Jun.- Aug.)</li> </ul>	Confirmation required	1121Noigawa,Shirokawa-cho,Seiyo city  60 min by taxi from JR Unomachi Station on the Yosan line	Phone :0894-85-0140	English
40	Kaiso Shiki 海荘 四季	<ul style="list-style-type: none"> <li>◆ Spring: Digging up bamboo shoots</li> <li>◆ Summer: Fishing, Swimming in the sea</li> </ul>	Confirmation required	3221Miuranishi,Uwajima city Take a bus (Uwajima-Bus bound for Komobuchi) from Uwajima Station on the Yosan line 10 min on foot from Miura-Syougakkou-mae	Phone :0895-29-0523 090-3181-0013	English
41	Rice terrace in KAHO 泉谷の宿 花穂	Planting rice, harvesting rice, farming workshop	Confirmation required	1167Kitaomote-ko,Uchiko Town,Kita-gun  30 min by taxi from JR Uchiko Station on the Yosan line	Phone :0893-44-2118 (Townscape and Community Promotion Section) <a href="http://www.we-love-uchiko.jp/stay/3073/">http://www.we-love-uchiko.jp/stay/3073/</a>	 English
42	Farm inn Nonohana 農家民宿 野の花	<ul style="list-style-type: none"> <li>◆ Mandarin orange picking</li> <li>◆ Jam making</li> <li>◆ Countryside cuisine workshop</li> </ul>	New Year and Obon holiday.	1612Sakari,Kamiura-cho,Imabari city ○30 min by ferry from Tadanoumi Port 10 min on foot from Sakari Port ○Take a bus (Setouchi-bus bound for Omishima) from JR Imabari station 10 min by bus from Omishima bus stop (Free shuttle available)	Phone :0897-87-2803	English
43	Inn Amagonosato あまごの里	Fishing	10:00~17:00 Close during the year-end and New Year holidays.	4293Kitahira,Kawabe-cho,Ozu city  60 min by car from the "Uchiko-Ikazaki IC" on Matsuyama Expressway	Phone :0893-39-2915  <a href="http://hb9.seikyou.ne.jp/home/amagonosato/INDEX.HTM">http://hb9.seikyou.ne.jp/home/amagonosato/INDEX.HTM</a>	 English
44	Inn Iwana-Sou 民宿 いわな荘	Fishing	Irregular holiday.	2455Kitahira,Kawabe-cho,Ozu city  60 min by car from the "Uchiko-Ikazaki IC" on Matsuyama Expressway	Phone :0893-39-2254  <a href="http://www.iwanasou.jp/">http://www.iwanasou.jp/</a>	 English
45	Fisherman's guest-house Yumin 漁家民宿 遊海(ゆうみん)	<ul style="list-style-type: none"> <li>◆ Pearl accessories making</li> <li>◆ Fishing</li> <li>◆ "Toman" making</li> <li>◆ Cruising</li> </ul>	Holiday New Year and Obon May11,- end Jun	995-3Hiraura,Uwajima city  10 min by car from the "Uwajima-Minami IC" on Uwajima Expressway	Phone :0895-28-0182  <a href="http://ameblo.jp/uwajima-yumin/">http://ameblo.jp/uwajima-yumin/</a>	 Simple English



# Ehime Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
46	Farm inn Hanagoyomi 農家民宿 花ごよみ	<ul style="list-style-type: none"> <li>◆ Planting rice, harvesting rice</li> <li>◆ Local cuisine</li> <li>◆ Local guide</li> </ul>	Holiday Dec. 28 to Jan. 5 Aug.13 to 16	4877Jouhen-ko,Ainan Town,Minamiuwa-gun  45 min by car from the "Tsushima-Iwamatsu IC" on Matsuyama Expressway	Phone・Fax : 0895-73-2627  <a href="http://info-d.jp/ainan_gt/01_minnshuku/03_hanagoyomi/01_hanagoyomi.html">http://info-d.jp/ainan_gt/01_minnshuku/03_hanagoyomi/01_hanagoyomi.html</a> 	Simple English (Telephone not guidable)
47	Fisherman's guest-house Ouchiura 漁家民宿 大内浦 (おおうちうら)	<ul style="list-style-type: none"> <li>◆ Cycling</li> <li>◆ Countryside cuisine workshop</li> <li>◆ Fishing</li> </ul>	Whole year.	506-3Nakaura,Ainan Town,Minamiuwa-gun  45 min by car from the "Tsushima-Iwamatsu IC" on Matsuyama Expressway	Phone :0895-75-0502  <a href="http://info-d.jp/ainan_gt/01_minnshuku/08_ouchiura/01_ouchiura.html">http://info-d.jp/ainan_gt/01_minnshuku/08_ouchiura/01_ouchiura.html</a> 	English

## Rural scenic spots

### 48 Izumidani Rice terrace

泉谷の棚田



This rice terrace was built by piling up stones. You can view beautiful scenery of vivid green. In summer, the breeze between the valley is refreshing.

Address : 1167Kitaomote,Uchiko Town, Kita-gun

Access: 25 min by car from the "Uchiko-IkazakiC" on Takamatsu Expressway

<http://www.we-love-uchiko.jp/>



### 49 DANBATA in Yusu Mizugaura (Terraced fields)

遊子水荷浦の段畑



Terraced fields with stone walls, whose both width and height are 1 meter, stretch up to the top of the mountain. This shows the hard work that previous generations put into developing the fields. You must be overwhelmed by the wonderful scenery.

Address : Yusumizugaura,Uwajima city

Access: 30 min by car from the "Uwajima-minami IC" on Uwajima Road

<http://www.uwajima.org/spot/index8.html>



## Typical Local cuisine (Ehime Pref. )



**Jakoten** (Deep-fried fish cakes)  
じゃこ天






Small fish caught in coastal waters are ground to a paste, including the bones and skin, formed into oval shapes, and deep-fried. Nutritious and affordable, Jakoten is a popular afternoon snack in this area.



**Uwajima tai meshi**  
(Uwajima snapper rice)  
宇和島鯛めし

Red snapper(tai) caught off the shores of Uwajima is a traditional local delicacy. Cuts of the sashimi are dipped in a special sauce made from raw egg, seaweed, and sesame seeds, and eaten with steaming-hot rice.

# Kochi Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
<b>Tourism farms</b>						
<b>50</b>	Kyohoen 巨峰園	Grape picking (Aug.- mid Nov.)	9:00～17:00 Year round.	1185Hataeda,Nankoku city  5 min by taxi from JR Gomen Station on the Dosan line	Phone :088-864-2001  <a href="http://www.kyoho-en.com/">http://www.kyoho-en.com/</a>	 English Chinese
<b>51</b>	Nishijima -Engeidanchi 西島園芸団地	Strawberry picking (Jan.- mid Jun.)	9:00～17:00 Year round	600Hataeda,Nankoku city  9 min by taxi from JR Gomen Station on the Dosan line	Phone :088-863-3167  <a href="http://www.nishijima.or.jp/">http://www.nishijima.or.jp/</a>	 English
<b>52</b>	MISHIMA FARM 三島ファーム	Grape sales (early Aug.- mid Oct.)	8:30～17:30 Year round	446-2Tai,Tosa Town,Tosa-gun  ・20 min by car from the “Otoyo IC” on Kochi Expressway ・20min by taxi from JR Osugi Station on the Dosan line	Phone :0887-82-2391  <a href="https://www.mishimafarm.com/">https://www.mishimafarm.com/</a>	 English
<b>53</b>	Kokuzosan Kanko Noen Fruits Land 虚空蔵山観光農園 フルーツランド	◆ Apple picking (late Sep.-early Oct.) ◆ Pear picking (Oct.- mid Nov.) ◆ Mandarin picking (late Sep.- Nov.)	9:00～18:00 No holidays during the period.	824-3Higashigumi,Sakawa Town,Takaoka-gun.  30 min by car from the "Ino IC “ on Kochi Expressway 13 min by taxi from JR Sakawa Station on the Dosan line	Phone :0889-22-3505	English
<b>54</b>	Tsuchimoto Kanko Kajuen 土本観光果樹園	◆ Apple picking (mid Aug.-Nov.) ◆ Pear picking (early Sep.- Oct.)	9:00～17:00 No holidays during the period.	1308Futatsuno,Sakawa Town,Takaoka-gun  20 min by taxi from JR Sakawa Station on the Dosan line	Phone :0889-22-0206  <a href="http://www.oishii-ringo.jp/">http://www.oishii-ringo.jp/</a>	 English
<b>55</b>	Sunvillage shimanto サンビレッジ四万十	Blueberry picking (early Jun.- early Aug.)	Please inquire	1033Kageno,Shimanto Town,Takaoka-gun  10 min on foot from JR Kageno Station on the Dosan line	Phone :0880-22-8751 or 090-7143-0410  <a href="http://village-kageno.jp/farm.html">http://village-kageno.jp/farm.html</a>	 English
<b>56</b>	Hiraoka-Budouen 平岡ぶどう園	Grape picking (mid Aug.- early Oct.)	9:00～18:00 No holidays during the period.	2-21Nishi-machi,Sukumo city  8 min by car from Sukumo Station on the Tosa Kuroshio Railway Sukumo line	Phone :0880-62-1090	English

# Kochi Prefecture

No.	Facility	Item (operation period)	Operating hours	Address Access	Phone number・URL	Supported language
57	Ootsuki Farm コーラルフルーツ 大月農場	Mandarin orange picking (early Oct.- early Dec.)	9:00～17:00 No holidays during the period.	Kasiratsudo, Otsuki Town, Hata-gun  20 min by car from Sukumo Station (18km) on the Tosa Kuroshio Railway Sukumo line	Phone : 0880-72-1583	English
58	Kanko Noen Wahaha 観光農園わっはっは	Grape picking (early Aug.- Sep.)	9:00～17:00 No holidays during the period.	1994 Yoshinosawa, Otsuki Town, Hata-gun  20 min by car from Sukumo Station (15km) on the Tosa Kuroshio Railway Sukumo line	Phone : 0880-73-1239  <a href="http://wahaha-grapefarm.com/index.html">http://wahaha-grapefarm.com/index.html</a> 	English



## Rural scenic spots

### 59 Kanzaiko-Senmaida (Rice terrace)

神在居の千枚田

There are differences of altitude from 220m to 1455m in the town of Yusuhara. This led agriculture to be developed using slopes. The rice terraces are built from stones stretching up the steep mountains.

Address: Yusuhara Town, Takaoka-gun

Access: 80 min by car from the  
"Susaki-Nishi IC" on  
Susaki Road

<http://www.town.yusuhara.kochi.jp/kanko/spot/entry-720.html>



### 60 Uchiharano Park (Benten-Ike Reservoir)

内原野公園

This was built as a pond for irrigation at the beginning of the Edo period (1603-1868). The pond is surrounded by a park called Uchiharano, which has been restored as a playground.

Address: Uchiharano, Aki city

Access: 7 min by taxi from Aki Station  
on the Tosa Kuroshio Railway  
Asa line

<http://www.akikanko.or.jp/kanko/uchiharano.html>



## Typical Local cuisine (Kochi Pref.)

### Katsuo no tataki (Seared raw skipjack) かつおのたたき

Tosa (the old name for Kochi) is renowned for its skipjack tuna (katsuo; also called bonito in English). Raw fillets of the freshly caught fish are seared over a fire (traditionally made from burning straw), then sliced and eaten with grated ginger or other condiments. People on the coast use different condiments from those living inland. But throughout the region, tataki is an essential course in meals served when entertaining guests.



### Sawachi ryori

(Heaped seafood platter)

皿鉢料理

Wide platters are heaped up with a variety of freshly caught seafood until they can hold no more. Whenever a celebration is held in Kochi, this is the centerpiece of the banquet.



## Publisher

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