

# Contents

## I

### The Current State of Air Dose Rates in Fukushima Prefecture

- Changes Over Time in Air Dose Rates Observed by Airborne Monitoring ..... 2
- Predicted Future Distribution of Air Dose Rates ..... 3
- Comparison of Air Dose Rates between Fukushima Prefecture and the World ..... 3

## II

### Dynamics of Radioactive Substances in Forests

- Dynamics of Radioactive Substances in Forest Ecosystems ..... 4
- Distribution of Radioactive Substance Concentrations between Tree Parts ..... 5
- Impact of Radioactive Substances on Small Mammals Living in Forests ..... 5
- Impact of Radioactive Substances on Mountain Stream Water and Potable Stream Water ..... 6
- Main Knowledge Gained from the Chernobyl Nuclear Power Plant Accident ..... 6

## III

### Impact of Radioactive Substances on Forest Management

- Effects of Thinning, and Its Impact on Air Dose Rates ..... 7
- Ascertaining Quantities of Movement of Soil and Radioactive Substances Due to Thinning etc. .... 8
- Countermeasures against Exposure While Working in Forests (internal exposure and external exposure) ..... 8

## IV

### Actions to Promote Timber Use

- Building Systems to Supply Safe Timber Products etc. .... 9
- Measures to Process Bark Residues in Sawmills etc. .... 10
- Approximate Calculation of Exposure in an Occupied Room Surrounded by Timber ..... 10

## V

### Supply of Safe Non-wood Forest Products such as Mushrooms

- Restriction and Derestriction Situation for Shipments of Minor Forest Products Such as Mushrooms ..... 11
- Actions towards Shipment of Safe Mushrooms ..... 12
- Monitoring Radioactive Substances in Mushrooms and Wild Vegetables ..... 12
- Measures to Regenerate Mushroom Logs ..... 13
- Stable Supply of Mushroom Logs ..... 13

## VI

### Specific Efforts for the Regeneration of Forests and Forestry

- Satoyama Forest Restoration Model Project ..... 14
- Fukushima Forest Regeneration Project ..... 15
- Validation Project for Forestry Regeneration ..... 15

### Reference Materials

- Basics of Radioactive Substances ..... 16
  - Differences between Radiation, Radioactivity, and Radioactive Substances ..... 16
  - Half Life of Radioactive Substances ..... 16
  - Radiation around us ..... 17
- Designation Status of Areas under Evacuation Orders ..... 17
- References Indices ..... 18
  - **Data 1** Various standards and indices (■ Standard limit for mushrooms etc. ■ Near-term index values for mushroom logs, firewood, charcoal, pellets, etc.)
  - **Data 2** Working Safety Guide (■ Standards for work and radiation levels in forests in decontamination special areas etc.)