



Traditional Foods in Japan

Each region has its own unique history and culture, and the Ministry of Agriculture, Forestry and Fisheries (MAFF) website calls the dishes that have been prepared and eaten using fresh, seasonal products from the region and cooking methods suited to the climate and environment since ancient times “Regional Cuisine.”

The MAFF website, “Our Regional Cuisines” has compiled a database of the history, origin, recipes, and other information on regional cuisine throughout Japan, and also introduces the charm and background of the region where the cuisine was born, allowing visitors to learn more about Japanese food culture.

In addition, the MAFF website “Traditional Foods in Japan” has a database of traditional foods selected in each region, including their history, origin, recipes, etc.

Find the best regional cuisine and traditional food for you.



https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/

Our Regional Cuisines

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Click here for the multilingual site

Our Regional Cuisines

An important taste that we want to pass on to the next generation



https://www.maff.go.jp/e/policies/market/k_ryouri/index.html



Traditional Foods in Japan

https://www.maff.go.jp/e/policies/market/dento_syoku/index.html

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<https://www.maff.go.jp/hokuriku/food/wasyoku.html>