

## Joint Statement on Balanced Diet between France and Japan

We, the Minister of Agriculture and Food of France and the Minister of Agriculture, Forestry and Fisheries of Japan confirm our recognition of the following issues, acknowledging the urgent need to achieve sustainable agricultural production and food systems on the occasion of the Pre-Summit of the Food Systems Summit.

Diet is essential for our lives, and is the core of sustainable food systems. We believe that the promotion of balanced diet based on a diversity of safe and nutritious food which are sustainably produced, consumed in appropriate quantity taking account of age and nutritional status, and accompanied by comprehensive consumer information, will pave the way for achieving global economic, social and environmental sustainability.

We share the belief that our knowledge on better diet which we have supported should be utilized, and that promotion of balanced diet should be based on evidence and science as well as our traditional and local knowledge. Our wisdom rooted in the history and tradition of each region should be paid the utmost attention to in achieving sustainable food systems.

In this regard, we will contribute to achieve the global sustainability of food systems, in the spirit of “healthy diet through sustainable food systems” articulated in the CFS Voluntary Guidelines on Food and Nutrition, by sharing experiences of our respective dietary guidelines and food education including through school feeding programmes.