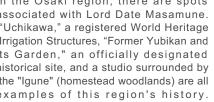
In the Osaki region, there are spots associated with Lord Date Masamune "Uchikawa," a registered World Heritage Irrigation Structures, "Former Yubikan and its Garden," an officially designated historical site, and a studio surrounded by the "Igune" (homestead woodlands) are all examples of this region's history.



Enjoy the history and agricultural culture of the Osaki region to your heart's content, through farming experience, interacting with creatures that inhabit the fields, visiting breweries leading you into the traditional fermented food culture of sake, miso, and sov sauce, and dishes using vegetables grown on the Osaki Kōdo.





It is designated as a national historic and beautif site. Visitors can enjoy the sounds of the abundant

Closed: December 29 to January Mondays (the following day if it is





This is a historic agricultural irrigation canal

A journey to explore the agriculture

and culture that inherits the history of /

The Iwadevama area, where Lord Date that was excavated about 400 years ago by Masamune lived as a young man and which order of Lord Date Masamune to serve as was developed as a castle town, is also the river, there are high cliffs reminiscent of atmosphere of a castle town, and near the "Former Yubikan and Garden" on the other Bamboo Craft Museum where visitors can Heritage Irrigation Structures site with a Iwadeyama' s Shino bamboo work," cafes, and confectionery shops, allowing you to take a leisurely stroll through the town.



Enjoy an active trip to wasabi fields in Izu! "Joren Falls," one of the 100 best waterfalls in

Japan, offers a view of wasabi fields next to the waterfall basin. Visitors can enjoy "Wasabi-don," a bowl of rice topped with fresh wasabi, wasabi harvesting, and making wasabi pickles, as well as cooking camp meals using local specialties of shiitake mushrooms and fresh wasabi in a bungalow.

The e-Bike Wasabi Field Tour is a guided tour of Izu satoyama landscapes and large-scale

Enjoy an active journey in the great nature.





Visit Joren Falls and wasabi fields Joren Falls, one of the top 100 waterfalls in Japan, is a representative waterfall in Izu, located in the upper reaches of the Kano River. The waterfall 7 meters wide drops from basalt cliffs 25

Open hours: 8:30 AM-4:30 PM osed: Tuesdays (Wednesday if Tuesday is a public Address: 892 -14 Yugashima, Izu City

wasabi cultivation using spring water from under the falls.





Lunch with wasabi dishes How about a "Wasabi-don set meal" for lunch, where you can directly taste the aroma and flavor of wasabi

Open hours: 11:00 AM-3:00 PM



experience the fishing and agriculture of the Lake Biwa region and its traditional way of life? In addition to eri fishing, a traditional fishing method in Lake Biwa, visitors can enjoy the history and culture of the Lake, by making sukudani (fish boiled in soy sauce), trying local cuisine that uses lake fish, and viewing beautiful sunsets on "Okishima island," the only inhabited island on Japan's freshwater lakes. In Ryuo, which is said to be the birthplace of Omi beef, visitors can try farming of vegetables and fruits, and enjoy BBQ with the harvested crops. Experience the precious ecosystem and

Why not embark on a journey where you car

history of people's ingenuity through a journey to Lake Biwa.









ee Roadside station Aguri Park Ryuo

Visitors can harvest seasonal strawberries, cherries, and other fruits grown in the rich soil and Lake Biwa water, as well as farming experiences such as potato digging or rice growing/rice planting and harvesting. For lunch, how about having a BBQ with the harvested ingredients, or a meal of Omi beef and

Open period: Year-round Operating hours: 9:00 AM-5:00 PM Address: 6526 Yamanoue, Ryuo-cho, Gamo-gun





about the history and culture of Lake Biwa, including the ingenuity of the

Open hours: 9:30 AM-5:00 PM (Last admission at 4:00 PI osed: Mondays (open on holidays) and other tempor



ecological changes caused by changes in the environ



_unch with rice and vegetables grown

cookies made with local vegetables and frozen tofu. About 1 while enjoying the view of the Uchikawa River'

Open days: Friday to Sunday







Relax in the space surrounded by "Igune," a landscape unique to this region.

Open days: Fridays, Saturdays, and Open hours: 11:00 AM-4:00 PM





Enjoy fresh vegetables and fruits harvested in the Agricultural Heritage Systems areas, and specialties as souvenirs at the roadside station, which attracts more About 3 than 3 million visitors annually

December to March 9:00 AM-5:00 PM Address: 4 -1 Shimomiya Michishita, Iketsuki, Iwadeyama, Osaki City Tel: 0229-73-2236



Stay at Naruko Hot Spring Village

It is one of the leading hot spring resorts in the Tohoku region, with 7 of 10 spring types found in Japan. This hot spring resort is famous for its self-catering hot spring cure using local foodstuffs, based on the hot spring cure culture, relieving the fatigue of daily life.

Check-in: 3:00 PM-7:00 PM Address: 91 Yogai, Naruko Onsen, C

Learn more about Agricultural Heritage Systems!

birds, including

Tel: 0229-84-7641



Making wasabi pickles and tour of Sekitei Wasabien Visitors can enjoy "wasabi harvesting" and "making wasabi pickles" while viewing "Sekitei Wasabien" that the owner of "Omiya" spent five

years to create by himself, as well as seasonal flowers, trees, and About 1 [Wasabi no Omiva]

Wasabi harvesting: May to early July Making wasabi pickles: January to early November Visiting Sekitei Wasabien: Year-round Address: 1242 Jizodo, Izu City Tel: 0558-83-2900

Meet at the store in front of

Meet at "Crank BASE" in front of Shuzenii



∕基 E-Bike Guided Tour "Nakaizu Satoyama Nature Walk"



Open hours: 9:00 AM-4:00 PM Closed: Open vear around, temporar closure during the year-end and New Address: 252 -1 Yanase, Izu City









Hot-spring hotel with 100% fresh hot spring

Closing at 8:00 PM Address: 367-15 Umeki, Izu City







freshwater lakes. Why not spend some relaxing

walking along the lakeside, visiting the Benzaiten shrine, and viewing the sceneries on

the east side of the lake from the mountains of

Okishima, including the Hira Mountain ranges

and the reclaimed land of Dainakanoko.

Walking around Okishima Island



At the Kotobukinokai run by the mothers in Okishima visitors can cook Shiga's specialties, boiled shrimp

Experience time: 10:00 AM-11:00 AM Date: Consultation required Address: 43 Okishima-cho, Tel: 0748-47-8787



with seven fishways. Visitors can spend time nurturing their attachment to the community and

en period: June Date: Inquiries required

address: 310 Kurimidazaike-cho, Higashiomi City

appreciating their children's interactions with living

Learn more about Agricultural Heritage Systems! Recommended Experience



Enjoy dishes such as sandwiches and hamburgers made with lake fish (take-out available). How about small fish tsukudani or funa-zushi (fermented fish

Operating hours: 10:00 AM-5:00 PM [Lake Biwa Partv] 6:30 PM-9:00 PM [Heartfelt fishing] 5:30 AM-7:30 AM *Lake Biwa party and heartfelt fishir are on reservation basis. Closed: Wednesdays Address: 230 Ayame, Yasu City, Shiga Prefecture

Tel: 077-532-7779



The first fisherman's guesthouse in Shiga

Prefecture. Savor dishes made from lake fish caught

freshly by local fishermen and view the spectacular

Experience the traditional fishing methods of Lake Biwa such as "eri fishing." Visitors can try Lake Biwa' s diverse fishing methods of Lake Biwa, observe actual fishing operations. earn about fish, and experience life on Lake Biwa from a fisherman's perspective. Visitors can take home the fish they

Open period: February to August Meeting place: Wani Fishing Por experience time: 2:00 PM-4:00 PM Date: Wednesdays and Saturdays Address: 944 Hachiyado, Otsu City



catch as a gift.









Meet at 1:00 pm 1:30 PM-2:30 PM Address: 4 -1 Minamifunaji, Otsu City Tel: 077-592-0127 Tel: 080-3862-1380





you would not normally experience, through farming experience such as harvesting rice and interacting with living creatures, where visitors can experience the production and supply of rich agricultural products supported by skillful water

[Taberu Field Museum] The website of Osaki Region Committee Agricultural Heritage Systems (GIAHS introduces seasonal farming exper









Tomato harvesting and lunch with Italian

Experience the harvest of delicious tomatoes and sweet

cherry tomatoes with a perfect balance of fruity sweetness.

and sourness. After that, why not enjoy an Italian lunch of





Visiting a Miso and Soy Sauce

Established in 1830, it is the oldest miso and soy sauce brewery in Osaki Kodo. This brewery focuses on sovbeans and wheat produced in Miyagi Prefecture. Visitors can learn about today's SDGs initiatives from the background





echniques with e dedicated pathway. hours: 9:30 AM-4:00 PM











This is the birthplace of the atamiishi-style cultivation o "Traditional wasab pass by hot spring stands in the ultivation in Shizuoka Waraho area Kisohosui Shrine that which is designated as enshrines water essential for wasab Agricultural Heritage Systems. The beautifu roduction, and wasabi fields spreading out in the mountains. The expanse of scenery filled large "Tatamiishi style" wasabi fields with the wisdom of ou that suddenly appear in the decessors is a must-see. mountains are a spectacular sight





close to the waterfall that you can feel the spray, and feel the power of the waterfall up close. There are a lot of wasabi fields in the upper reaches of the waterfall. This is a spot where visitors can understand the importance of "water" essential for wasabi production







Falls, a famous waterfall with an abundant water source in Mt. Amagi, offers a full-scale canyoning perience including sliding, mping, and rappelling. venture Sunnort1 Course: BANJYO Canyon Open period: April to Octobe

seen in March



Learn more about Agricultural Heritage

Systems! Recommended Experience

Address: Dot Tree Shuzenji PJ-G, 75 Shuzenji

Canyoning
A canyoning tour upstream of Banjo

urse: Kobisawara Primeval Forest ant Trees and Amagi Trees Museum" Open nd: Year-round ress: 176-2 Izu City Tourist Association































Spend a special time and learn something that







