













ACCESS INFORMATION

From Fushimi Station: Walk for 5

Note that the QR code on this page will only give information about activities at one of the stops of this tour.

PRICE

From ¥30,000



Discover Fushimi Sake. Cuisine and Craft

See beyond Fushimi's 10,000 torii gates with a deep dive into the history of sake, Kyoto vegetables, and more.

Millions of tourists flock to Fushimi every year to visit Fushimi Inari Taisha. But take a few steps past the flaming red gates, and you'll discover a world of unspoiled tradition. On this two-day trip, quests will roll up their sleeves as they are introduced to the natural bounty of Fushimi in all its forms.

Day 1 starts with observing one of Fushimi's farms, where Kyoto's original sake rice, called iwai, and regional vegetables. You'll further discover the unique traits of Kyoto-style cuisine through a Japanese-style lunch featuring sake lees from a local brewery and typical ingredients found in Fushimi.

Retrace the steps of your lunch with a private tour of a Fushimi sake brewery. If you feel so inclined, you can sign up for lectures on dashi and fermentation culture held around town, though a simple stroll is enough to get acquainted with Fushimi's traditional charm.

In the evening, indulge in an Italian course dinner and sake pairing. There's no better way to understand the true versatility of Fushimi sake. You'll go home with your tummy full and plenty of sake pairing advice to enjoy Japan's national drink long after returning home.

On Day 2, round out your trip with a workshop where you'll fashion your own sake cup with the help of Kyoto's artisans. Take home a lasting, memorable piece of your visit and the perfect add-on to your newly acquired sake knowledge.

PREFECTURE: Kagoshima ORGANIZER: Ibusuki Tourism & Experiences Association

ACCESS INFORMATION

Nearest Station: Ibusuki Station (Ibusuki Makurazaki Line)

PRICE ¥2,000





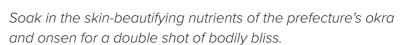








Have a Taste of Kagoshima Best-Kept Beauty Secrets



Japan residents take their health especially seriously, and sometimes the less-common habits have the most significant benefits. Kagoshima Prefecture in Kyushu has unique self-care treatments that double as once-in-a-lifetime experiences: sand baths and okra-infused smoothies.

First on the itinerary is a sand steam bath, one of Kagoshima's most famous activities. Soaking in mineral-rich water is great, but steam is exceptionally efficient at detoxing the skin.

And while the onsen waters' hydrating properties are impressive, the same minerals are to thank for the region's delicious veggies. One produce Kagoshima is known for is okra — in fact, the prefecture is Japan's largest producer of this warm-season staple. Okra figures among traditional and healthy Japanese foods, known to help with digestion, blood sugar regulation and, of course, good skin.

Then, guests can taste okra in one of two ways: by harvesting their own before steaming it fresh with onsen water or as a supplement powder blended with fruits in an unexpectedly refreshing smoothie.

The health retreat also includes a leisurely stroll around town to discover the charms of Ibusaki and get a feel for the provincial atmosphere of Japan's onsen towns. In other words, you'll discover the beauty secrets of Kagoshima from toes to nose.

EAT! MEET! JAPAN 14 15 EAT! MEET! JAPAN















ACCESS INFORMATION

From Shin-Asahikawa Station: Drive for 25 minutes.

PRICE

From ¥5,000





Sip on the Spirit of Hokkaido

Visit the distillery that's developing Hokkaido's craft gin culture from the ground up.

The permafrost found in the Daisetsuzan mountain range is some of the last in Japan. Through these mountains winds the Ishikari river system, feeding a rich, wild environment where the heart of Hokkaido lies. Within these rarified and untouched wilds is a distillery aiming to infuse the flavors of Japan's great north into a single drop.

Inspired by the natural treasures of Hokkaido, Takasu Distillery uses local agricultural produce and herbs to craft its botanical gins. In addition to being Japan's northernmost distillery, the gin made here has been praised for its quality and spirit — both literal and metaphorical.

Small distilleries like Takasu usually have charming quirks, which guests will discover on a brief tour of the facilities. Then, it's time to sample the product with a relaxed tasting session. Sip on premium cocktails while taking in the evocative landscapes just outside. Each drink is meant to reflect Hokkaido's bountiful lands.

But the highlight of your visit will be a workshop where you can pick the herbs and other ingredients that move your soul and use them to craft a one-of-a-kind gin. You'll even be able to harvest ingredients like blueberries, coriander, wheat, and more, which are grown nearby.





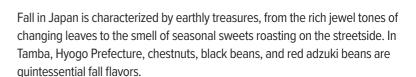
ACCESS INFORMATION

From Kuroi Station: Drive for 7 minutes or walk for 39 minutes.

PRICE ¥5,000

Craft Traditional Japanese Sweets With Tamba's 3 Treasures

Ceramics, local ingredients, and delicious tea come together in a study and savor experience.



During this experience, guests will use two kinds of local rice to make ohagi, sweet rice balls filled with red bean paste and usually covered in sesame or kinako powder. The snack is traditionally served alongside tea prepared in Tamba ware.

Sense the natural sweetness as you knead and crush ingredients into aromatic art pieces, complete with seasonal garnish. Using traditional tools and ingredients, you'll be transported into the world of past generations, deepening your appreciation for nature, producers, and farmers, all of which make Tamba's food culture unique. In addition to a sweets-making workshop and educational talk, guests will use a traditional pot to roast Tamba green tea leaves. This local tea is the perfect cup of hojicha to enjoy with your handmade ohagi.

Embrace the autumn flavors of Hyogo as you engage all five senses in this make-and-learn course, where the specialties of Tamba's delicious natural products are presented in their best light.

EAT! MEET! JAPAN 16 17 EAT! MEET! JAPAN

2019 WINNERS







Kamakura Snow Hut Dining
Experience with Nagano Cuisine

PREFECTURE: NAGANO

PREFECTURE: AKITA

PREFECTURE: TOKYO





Cozy Farmstay with Kiritampo Cooking in Odate City



book o



Market to Table: Tsukiji Outer Market Tour and Cooking Class



book on **byFood**



Japanese Tea Farm Tour and Tasting Set in the Scenic Kyoto Prefecture

PREFECTURE: KYOTO



book on **byFood**





Glamping at Tokachi Shinmura
Farm in Hokkaido with BBQ Dinner
PREFECTURE: HOKKAIDO



book or



Hike a Sacred Mountain with Yamabushi Mountain Ascetic & Try Shojin Ryori Cuisine

PREFECTURE: YAMAGATA



book on **byFood**



Marine Sake Storage Voyage in Kesennuma with Brewery Tour
PREFECTURE: MIYAGI



book on **byFood**



Wild Mushroom Hunting and Cooking Class with Foraging Expert in Niigata

PREFECTURE: NIIGATA



book on byFood



Omicho Market Tour and Cooking Class
PREFECTURE: ISHIKAWA



book on **byFood**



Hands-On Matcha Tea Experience in Nishio with Meal and Dessert

PREFECTURE: AICHI



book on **byFood**



Farm-to-Table Matsusaka Beef Sukiyaki and Farm Stay

PREFECTURE: MIE



byFood



Overnight Stay at "UDON HOUSE" with Udon Making and Udon Hopping

PREFECTURE: KAGAWA



byFood



Award-Winning Japanese Winery Tour with Gourmet Meal & Wine Pairing

PREFECTURE: MIYAZAKI



book on **byFood**



Discovering Dashi, the Basis of Japanese Cuisine, in Makurazaki City

PREFECTURE: KAGOSHIMA



book on **byFood**

EAT! MEET! JAPAN 18 19 EAT! MEET! JAPAN

2020 WINNERS







Hiroshima-Style Okonomiyaki Cooking Class at Okosta Studio

PREFECTURE: HIROSHIMA



book or **byFood**





Amezaiku (Traditional Japanese Candy) Sculpting Class in Tokyo





book or **bvFood**



Ramen Tasting Tour at 3 Award-Winning Tokyo Ramen Shops

PREFECTURE: TOKYO



byFood



Become a Sake Brewer with Kurabito Stay in Saku, Nagano

PREFECTURE: NAGANO



book on **byFood**



2-Day Farmstay in Yamaura Featuring Frozen Tofu, Kanten Jelly, and Traditional Local Cuisine

PREFECTURE: NAGANO



byFood



Make Your Own Tea Blend: Shizuoka Tea Farm Tour at the Base of Mt. Fuji

PREFECTURE: SHIZUOKA



book or byFood



Swim with Sea Bream: Ago Bay Boat Tour & Cooking Class in Mie Fishing Village

PREFECTURE: MIE



book on byFood



Ama Hut Seafood Dining
Experience with Japan's Traditional
Female Divers

PREFECTURE: MIE



book on **byFood**



Obubu Tea Farm Club Membership
PREFECTURE: KYOTO



book on **byFood**



Tajima Beef Tasting Course in the Kamakura Snow Huts of Northern Hyogo

PREFECTURE: HYOGO

PREFECTURE: OKINAWA



Okinawa Tour: Awamori Cave Expedition with Regional Okinawan Cuisine



book on **byFood**





Professional Japanese Culinary Program in Tsuruoka, a UNESCO Creative City of Gastronomy

PREFECTURE: YAMAGATA



Bounty of Nagara River Tour With Multi-Course Ayu Sweetfish Meal

PREFECTURE: GIFU



book on **byFood**



Local Inaka Sushi (Countryside Sushi) Cooking Class in Kochi Prefecture

PREFECTURE: KOCHI



book or **byFood**





Mayuko's Japanese Home Cooking Class in Tokyo PREFECTURE: TOKYO



book on **byFood**

EAT! MEET! JAPAN 20 21 EAT! MEET! JAPAN

2021 WINNERS







Vegan Japanese Cooking Class: Plant-Based Ramen and Gyoza

PREFECTURE: KANAGAWA

PREFECTURE: TOCHIGI

PREFECTURE: GUNMA

PREFECTURE: TOKYO



book on **byFood**





Life in the Japanese Countryside: Local Farm-to-Table Meal



book o



Tour Maebashi, Gunma's Fermentation City, by Scenic Local Railway



book or **byFood**



Connecting with Japan's Culture through Udon and Calligraphy



book or **byFood**



Kawaii and Insta-Worthy Character Bento Class

ONLINE



book o



A Day in the Life of a Jomon Era Hunter-Gatherer in Niigata

PREFECTURE: NIIGATA



byFood



Traditional Ayu Fishing with Fire on the Maze River

PREFECTURE: GIFU



book on **bvFood**



Decorative Pressed Sushi Class Along the Historical Nakasendo Trail

PREFECTURE: GIFU



book on **byFood**



Workshop and Sampling the Bonito Flakes of Mie Prefecture

PREFECTURE: MIE



book on **byFood**



Bounty of the Sea: Culinary Culture of Ine, From Seafood to Sake

PREFECTURE: KYOTO



book on **byFood**



Fermentation Cooking and 3-Day Traditional House Stay in Nara

PREFECTURE: NARA



book on **byFood**





Sustainable Soy: Zero-Waste Cooking Class in Kamakura

PREFECTURE: KANAGAWA



book or **bvFood**



Miso, Sake, Soy Sauce: Kyoto Fermentation Tour

PREFECTURE: KYOTO





From "Ugly" to Upcycled:
Reducing Hokkaido's Food Waste
Through Creative Cooking
PREFECTURE: HOKKAIDO



Sake Tasting in Kyoto With Your
Own Handmade Wooden Cup
PREFECTURE: KYOTO





EAT! MEET! JAPAN 22 23 EAT! MEET! JAPAN