

主食・主菜・副菜に関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	堀川 翔, 赤松 利恵, 谷口 貴穂	成人における年代別の米飯の摂取頻度と食習慣・健康状態の関連	栄養学雑誌	2011	69	2	pp.98-106
2	會退 友美, 赤松 利恵, 林 芙美, 武見 ゆかり	成人期の食に関する主観的QOL (subjective diet-related quality of life (SDQOL)) と食知識, 食習慣の関連	栄養学雑誌	2013	71	3	pp.163-170
3	Tatsuya Koyama, Katsushi Yoshita, Yusuke Arai, Koshi Nakamura, Masaru Sakurai, Muneko Nishijo, Shin-ya Nagasawa, Yuko Morikawa, Masaji Tabata, Hideaki Nakagawa	Relationship between Daily Intake Frequency of Meals Including a Staple Food, a Main Dish and a Side Dish and Nutrient Intake in Independent Elderly Individuals	Nippon Eiyo Shokuryo Gakkaishi	2014	67	6	pp.299-305
4	Yuya KAKUTANI, Saori KAMIYA, Naomi OMI	Association between the Frequency of Meals Combining “Shushoku, Shusai, and Hukusai” (Staple Food, Main Dish, and Side Dish) and Intake of Nutrients and Food Groups among Japanese Young Adults Aged 18-24 Years: a Cross-Sectional Study	Journal of Nutritional Science and Vitaminology	2015	61	1	pp.55-63
5	三澤 朱実, 福村 智恵, 由田 克士, 田端 正司	バス運転業務従事者における主食・主菜・副菜を組み合わせた食事の摂取状況と健康状態の関連性	北陸公衛誌	2015	42	1	pp.17-26
6	Tatsuya KOYAMA, Katsushi YOSHITA, Masaru SAKURAI, Katsuyuki MIURA, Yuchi NARUSE, Nagako OKUDA, Akira OKAYAMA, Jeremiah STAMLER, Hirotsugu UESHIMA, Hideaki NAKAGAWA	Relationship of Consumption of Meals Including Grain, Fish and Meat, and Vegetable Dishes to the Prevention of Nutrient Deficiency: The INTERMAP Toyama Study	Journal of Nutritional Science and Vitaminology	2016	62	2	pp.101-107
7	木村 秀喜, 渡邊 智子, 鈴木 亜夕帆, 岩崎 正則, 葭原 明弘, 小川 祐司, 宮崎 秀夫	現在歯数20本以上の75歳高齢者は「健康な食事パターン」を満たしているか？	口腔衛生学会雑誌	2017	67	3	pp.172-180

食事パターンとがんに関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	Masaki M, Sugimori H, Nakamura K, Tadera M.	Dietary patterns and stomach cancer among middle-aged male workers in Tokyo.	Asian Pacific Journal of Cancer Prevention	2003	4	1	pp.61-66
2	Kim MK, Sasaki S, Sasazuki S, Tsugane S; Japan Public Health Center-based Prospective Study Group.	Prospective study of three major dietary patterns and risk of gastric cancer in Japan.	International Journal of Cancer.	2004	110	3	pp.435-442
3	Kim MK, Sasaki S, Otani T, Tsugane S; Japan Public Health Center-based Prospective Study Group.	Dietary patterns and subsequent colorectal cancer risk by subsite: a prospective cohort study.	International Journal of Cancer.	2005	115	5	pp.790-798
4	Mizoue T, Yamaji T, Tabata S, Yamaguchi K, Shimizu E, Mineshita M, Ogawa S, Kono S.	Dietary patterns and colorectal adenomas in Japanese men: the Self-Defense Forces Health Study.	American Journal of Epidemiology	2005	161	4	pp.338-345
5	Hirose K, Matsuo K, Iwata H, Tajima K.	Dietary patterns and the risk of breast cancer in Japanese women.	Cancer Science	2007	98	9	pp.1431-1438
6	Oba S, Nagata C, Nakamura K, Fujii K, Kawachi T, Takatsuka N, Shimizu H.	Diet based on the Japanese Food Guide Spinning Top and subsequent mortality among men and women in a general Japanese population.	Journal of the American Dietetic Association	2009	109	9	pp.1540-1547
7	Kurotani K, Budhathoki S, Joshi AM, Yin G, Toyomura K, Kono S, Mibu R, Tanaka M, Kakeji Y, Maehara Y, Okamura T, Ikejiri K, Futami K, Maekawa T, Yasunami Y, Takenaka K, Ichimiya H, Terasaka R.	Dietary patterns and colorectal cancer in a Japanese population: the Fukuoka Colorectal Cancer Study.	British Journal of Nutrition	2010	104	11	pp.1703-1711
8	Pham TM, Fujino Y, Kikuchi S, Tamakoshi A, Matsuda S, Yoshimura T.	Dietary patterns and risk of stomach cancer mortality: the Japan collaborative cohort study.	Annals Epidemiology	2010	20	5	pp.356-363
9	Kumagai Y1, Chou WT, Tomata Y, Sugawara Y, Kakizaki M, Nishino Y, Tsuji I.	Dietary patterns and colorectal cancer risk in Japan: the Ohsaki Cohort Study.	Cancer Causes & Control.	2014	25	6	pp.727-736
10	Kurotani K, Akter S, Kashino I, Goto A, Mizoue T, Noda M, Sasazuki S, Sawada N, Tsugane S; Japan Public Health Center based Prospective Study Group.	Quality of diet and mortality among Japanese men and women: Japan Public Health Center based prospective study.	British Medical Journal	2016	352	-	i1209
11	Okada E, Nakamura K, Ukawa S, Sakata K, Date C, Iso H, Tamakoshi A.	Dietary Patterns and Risk of Esophageal Cancer Mortality: The Japan Collaborative Cohort Study.	Nutrition and Cancer	2016	68	6	pp.1001-1009

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
12	Shin S, Saito E, Inoue M, Sawada N, Ishihara J, Takachi R, Nanri A, Shimazu T, Yamaji T, Iwasaki M, Sasazuki S, Tsugane S.	Dietary pattern and breast cancer risk in Japanese women: the Japan Public Health Center-based Prospective Study (JPHC Study).	British Journal of Nutrition.	2016	115	10	pp.1769-1779
13	Nanri A, Mizoue T, Shimazu T, Ishihara J, Takachi R, Noda M, Iso H, Sasazuki S, Sawada N, Tsugane S; Japan Public Health Center-Based Prospective Study Group.	Dietary patterns and all-cause, cancer, and cardiovascular disease mortality in Japanese men and women: The Japan public health center-based prospective study.	PLoS One	2017	12	4	e0174848
14	Kojima R, Okada E, Ukawa S, Mori M, Wakai K, Date C, Iso H, Tamakoshi A	Dietary patterns and breast cancer risk in a prospective Japanese study.	Breast Cancer	2017	24	1	pp.152-160
15	Shin S, Saito E, Sawada N, Ishihara J, Takachi R, Nanri A, Shimazu T, Yamaji T, Iwasaki M, Sasazuki S, Inoue M, Tsugane S; JPHC Study Group.	Dietary patterns and colorectal cancer risk in middle-aged adults: A large population-based prospective cohort study.	Clinical Nutrition.	2017	17	-	30154-1

食事パターンと循環器疾患に関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	Okamoto K, Horisawa R.	Soy products and risk of an aneurysmal rupture subarachnoid hemorrhage in Japan.	European Journal of Cardiovascular Prevention and Rehabilitation	2006	13	2	pp.284-287
2	Shimazu T, Kuriyama S, Hozawa A, Ohmori K, Sato Y, Nakaya N, Nishino Y, Tsubono Y, Tsuji I.	Dietary patterns and cardiovascular disease mortality in Japan: a prospective cohort study.	International Journal of Epidemiology	2007	36	3	pp.600-609
3	Oba S, Nagata C, Nakamura K, Fujii K, Kawachi T, Takatsuka N, Shimizu H.	Diet based on the Japanese Food Guide Spinning Top and subsequent mortality among men and women in a general Japanese population.	Journal of the American Dietetic Association	2009	109	9	pp.1540-1547
4	Maruyama K, Iso H, Date C, Kikuchi S, Watanabe Y, Wada Y, Inaba Y, Tamakoshi A; JACC Study Group.	Dietary patterns and risk of cardiovascular deaths among middle-aged Japanese: JACC Study.	Nutrition, Metabolism and Cardiovascular Diseases.	2013	23	6	pp.519-527
5	Li Y, Sato Y, Yamaguchi N	Lifestyle factors as predictors of general cardiovascular disease: use for early self-screening.	Asia Pacific Journal of Public Health	2014	26	4	pp.414-424
6	Kurotani K, Akter S, Kashino I, Goto A, Mizoue T, Noda M, Sasazuki S, Sawada N, Tsugane S; Japan Public Health Center based Prospective Study Group.	Quality of diet and mortality among Japanese men and women: Japan Public Health Center based prospective study.	British Medical Journal	2016	352	-	i1209
7	Nanri A, Mizoue T, Shimazu T, Ishihara J, Takachi R, Noda M, Iso H, Sasazuki S, Sawada N, Tsugane S; Japan Public Health Center-Based Prospective Study Group.	Dietary patterns and all-cause, cancer, and cardiovascular disease mortality in Japanese men and women: The Japan public health center-based prospective study.	PLoS One	2017	12	4	e0174848

食事パターンと糖尿病に関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	Mizoue T, Yamaji T, Tabata S, Yamaguchi K, Ogawa S, Mineshita M, Kono S.	Dietary patterns and glucose tolerance abnormalities in Japanese men.	The Journal of Nutrition	2006	136	5	pp.1352-1358
2	Nanri A, Mizoue T, Yoshida D, Takahashi R, Takayanagi R.	Dietary patterns and A1C in Japanese men and women.	Diabetes Care	2008	31	8	pp.1568-1573
3	Morimoto A, Ohno Y, Tatsumi Y, Mizuno S, Watanabe S.	Effects of healthy dietary pattern and other lifestyle factors on incidence of diabetes in a rural Japanese population.	Asia Pacific Journal of Clinical Nutrition	2012	21	4	pp.601-608
4	Nanri A, Shimazu T, Takachi R, Ishihara J, Mizoue T, Noda M, Inoue M, Tsugane S; Japan Public Health Center-based Prospective Study Group.	Dietary patterns and type 2 diabetes in Japanese men and women: the Japan Public Health Center-based Prospective Study.	European Journal of Clinical Nutrition	2013	67	1	pp.18-24
5	Arisawa K, Uemura H, Yamaguchi M, Nakamoto M, Hiyoshi M, Sawachika F, Katsuura-Kamano S.	Associations of dietary patterns with metabolic syndrome and insulin resistance: a cross-sectional study in a Japanese population.	The Journal of Medical Investigation	2014	61	3-4	pp.333-344

食事パターンとメタボリックシンドロームに関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	近藤 香奈恵、李 延秀、川久 保清、 中出 麻紀子、森 克美、赤林 朗	メタボリックシンドロームの食事の多様性とバランスの実態—その評価方法に関する研 究—	肥満研究	2007	13	2	pp.143-153
2	Arisawa K, Uemura H, Yamaguchi M, Nakamoto M, Hiyoshi M, Sawachika F, Katsuura-Kamano S.	Associations of dietary patterns with metabolic syndrome and insulin resistance: a cross-sectional study in a Japanese population.	The Journal of Medical Investigation	2014	61	3-4	pp.333-344
3	Kuroki Y, Kanauchi K, Kanauchi M.	Adherence index to the American Heart Association Diet and Lifestyle Recommendation is associated with the metabolic syndrome in Japanese male workers.	European Journal of Internal Medicine	2012	23	8	pp.199-203

食事パターンと肥満に関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	Okubo H, Sasaki S, Murakami K, Kim MK, Takahashi Y, Hosoi Y, Itabashi M; Freshmen in Dietetic Courses Study II group.	Three major dietary patterns are all independently related to the risk of obesity among 3760 Japanese women aged 18–20 years.	International Journal of Obesity Impact Factor	2008	32	3	pp.541–549
2	Arisawa K, Uemura H, Yamaguchi M, Nakamoto M, Hiyoshi M, Sawachika F, Katsuura-Kamano S.	Associations of dietary patterns with metabolic syndrome and insulin resistance: a cross-sectional study in a Japanese population.	The Journal of Medical Investigation	2014	61	3–4	pp.333–344
3	Kanauchi M, Kanauchi K.	Development of a Mediterranean diet score adapted to Japan and its relation to obesity risk.	Food & Nutrition Research	2016	60	–	32172