

\Go local!/\



*Deep*



**JAPAN**

THE NOHAKU EXPERIENCE

Divine!

Just like us!

SHIGA  
KYOTO  
OSAKA  
HYOGO  
NARA  
WAKAYAMA

**KINKI**  
COUNTRYSIDE STAY GUIDE BOOK



# What is "Nohaku"?



Daikoku-san

Ebisu-san! A pleasure to see you!  
On your own today or are the other five Lucky Gods with you?

No, Daikoku-san, it's just you and me. I dropped by because I thought you might like to know about some wonderful places to visit. These days, the "countryside stay" experience is called "Nohaku." Are you familiar with the term?



Ebisu-san



Can't say I am. But it sounds like fun. The countryside has so much to offer!

It certainly does! Think of the Kinki region, and maybe the first places that come to mind are the big cities: Kyoto, Osaka, Nara, Kobe, and so forth. But staying in the city's not Nohaku. No, no. Nohaku takes you out of the city, off the beaten track, and deep into the countryside with its local delicacies, fascinating history, memorable experiences, and fabulous scenery.



Wow! Give me a scene or two to focus on.

Well, it all depends on where you want to be and what you want to do. Down by the sea, up in the mountains, out in the fields, by a river or lake. On the coast you might catch fish. In the woods you might chop wood. And every community has its own character and customs. Not to mention food and drink!



I can't wait to explore! What else can I look forward to?

The people! They bring the whole countryside experience to life. If you're fortunate, which of course you are, being a Lucky God, you'll make lifelong friends and end up visiting again and again!



I bet I'll find somewhere perfect! Where can I find get hold of some details, Ebisu-san?

In the pages of this guide, Daikoku-san! Let me show you around! There are so many places to stay, each with its own features and highlights. Sound good?

## About this guide

### ☐ The information in this guide is accurate as of January 2025.

Please note that all details are subject to change. Please confirm details when you make a booking. We are not able to offer compensation for any financial loss or inconvenience arising from information in this guide. Thank you for your understanding.

"Nohaku" (Countryside Stay) is a trademark of the Ministry of Agriculture, Forestry and Fisheries.

<https://www.maff.go.jp/j/nousin/kouryu/nouhakusuishin/syouthyou.html>

This guide was prepared by Nokyo Tourist Corporation and made possible by a Ministry of Agriculture, Forestry and Fisheries Grant for Promotion and Vitalization of Rural Areas in FY2024.

Please address any comments about the content of this guide to: Nokyo Tourist Corporation Regional Collaboration Division.  
Tel: (+81) 3-6436-8981

Visuals cooperation: Umi-Mori Art Museum

No reproduction of any content without written permission.

What are we waiting for? Let's go!



# INDEX



## SHIGA

滋賀 ▶ P.8

- ▶ 9 Maibara
- 10 Higashi Omi
- 11 //
- 12 Ritto

STAY

STAY

EXPERIENCE

EXPERIENCE



## KYOTO

京都 ▶ P.13

- ▶ 14 Nantan
- 15 Wazuka
- 16 //
- 17 Kyoto
- 18 Ayabe
- 19 Kameoka
- 20 Kasagi

STAY

STAY

STAY

STAY EXPERIENCE

STAY

STAY

INFORMATION



## OSAKA

大阪 ▶ P.21

- ▶ 22 Nose
- 23 //

STAY

STAY



## HYOGO

兵庫 ▶ P.24

- ▶ 25 Himeji
- 26 Asago
- 27 Tamba-Sasayama
- 28 //
- 29 Awaji
- 29 Sumoto

STAY

STAY

STAY

STAY

EXPERIENCE

EXPERIENCE



## NARA

奈良 ▶ P.30

- ▶ 31 Yamazoe
- 32 Asuka
- 33 Yoshino
- 34 Tenri
- 35 Tawaramoto
- 36 Soni
- 37 Uda
- 38 Gose
- 39 //
- 40 Totsukawa

STAY

STAY

STAY

STAY

STAY

STAY

STAY

STAY

STAY

STAY



## WAKAYAMA

和歌山 ▶ P.41

- ▶ 42 Tanabe
- 43 Taiji
- 44 Kushimoto
- 45 Yura
- 46 Aridagawa
- 47 Nachikatsuura

STAY

STAY EXPERIENCE

STAY

EXPERIENCE

STAY

STAY

- INDEX ▶ P. 3
- MAP ▶ P. 4/5
- STYLE ▶ P. 6
- HOW TO ▶ P. 7
- INFORMATION ▶ P. 8~

- Globally Important Agricultural Heritage Systems &  
Japanese Nationally Important Agricultural Heritage Systems ▶ P. 48
- TSUNAGU TANADA heritage ▶ P. 49
- World Heritage Irrigation Structures ▶ P. 49

## HYOGO 兵庫



### STAY

Himeji (Ieshima)	① Ieshima Hare Terrace	P.25
Asago	② EN	P.26
Tamba-Sasayama	③ NIPPONIA Fukusumi Post Town	P.27
	④ Auberge mocca	P.28



### EXPERIENCE

Awaji	① Nature Guide & Retreat	P.29
Sumoto	② Meal-making experience at Kamado	P.29

## OSAKA 大阪



### STAY

Nose	① Small hotel TONARI	P.22
	② Farm Stay MICHIKUSA	P.22
	③ Natsukashisa no mori	P.23

## WAKAYAMA 和歌山



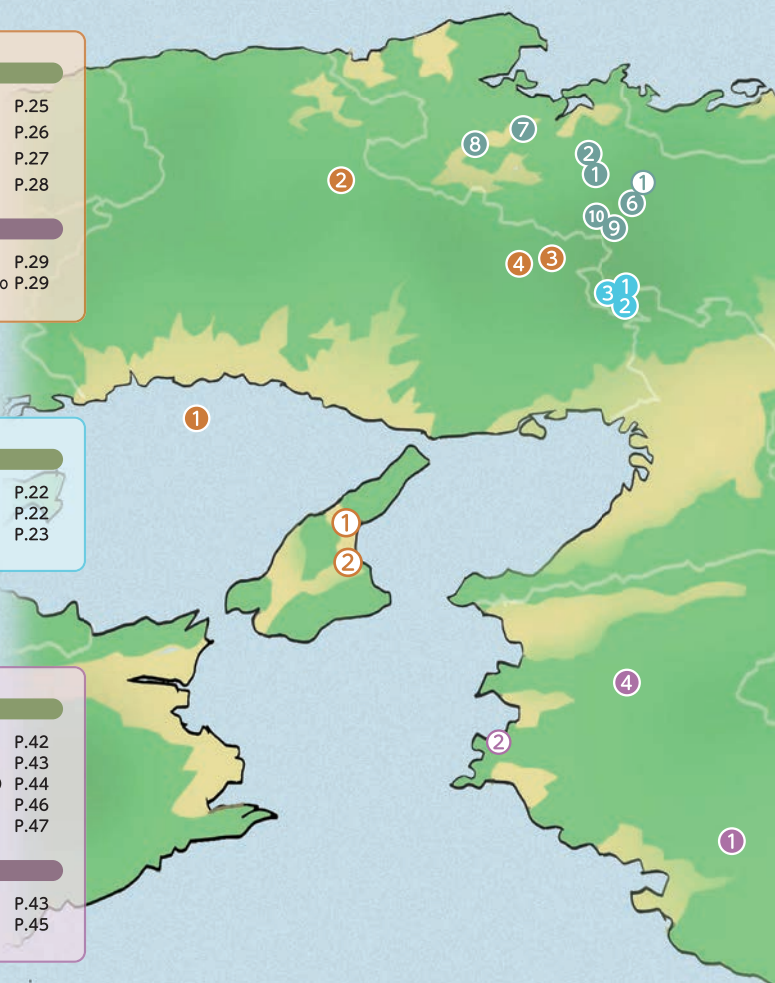
### STAY

Tanabe	① Akizuno Garten	P.42
Taiji	② HAKUGEI	P.43
Kushimoto	③ NIPPONIA HOTEL KUSHIMOTO KUMANOKAIDO	P.44
Aridagawa	④ Kasamatsu-tei	P.46
Nachikatsuura	⑤ JUGEMU	P.47



### EXPERIENCE

Taiji	① Taiji Field Kayak	P.43
Yura	② Shirasaki Cruises	P.45



# Explore Deep Japan!

Nohaku is a Japanese word that refers to staying off the beaten track in regional Japan. Here you will encounter traditional customs and engage with the local culture and community. No two Nohaku experiences are the same! The Kinki region is packed with Nohaku options. This guide introduces places to stay in six prefectures. We hope you will identify experiences that match your interests. This is your gateway to deep Japan. Enjoy!



## SHIGA 滋賀

### STAY

- Maibara ① Private Traditional "Kominka" Residence Inn Soyomo P.9  
Higashi Omi ② NIPPONIA GOKASHO OMI MERCHANT'S TOWN P.10

### EXPERIENCE

- Higashi Omi ① River Activities P.11  
② Trout Fishing P.11  
Ritto ③ Mt. Konze Hiking & Konsho-ji Temple Visit P.12  
④ Harvest experience P.12  
⑤ Studying EDO period & Cooking traditional foods P.12

## KYOTO 京都

### STAY

- Nantan ① Miyama FUTON&Breakfast P.14  
② Ryokan KIGUSURIYA P.14  
Wazuka ③ ATSUAN P.15  
④ Blodge Lodge P.15  
⑤ The Tea Farm Guest House Enu To Enu P.16  
Kyoto ⑥ HOLE HOUSE AZAE P.17  
Ayabe ⑦ Satoyama Guest House Couture P.18  
⑧ Ichiju Issai no Yado Chabu Dining P.18  
Kameoka ⑨ Hanare Ninoumi P.19  
⑩ KOIYA P.19

### EXPERIENCE

- Kyoto ① ATV Ride P.17

## NARA 奈良

### STAY

- Yamazoe ① ume, yamazoe P.31  
Asuka ② ASUKANO OYADO KITORA P.32  
③ BRANCHERA VILLA ASUKA P.32  
Yoshino ④ Guest House Kisano Sesaragi P.33  
Tenri・Nara ⑤ Yamato kogen Bosco Villa P.34  
Tawaramoto ⑥ NIPPONIA TAWARAMOTO MARUTO SHOYU P.35  
Soni ⑦ Soni Kodama Resort TAWA P.36  
Uda ⑧ Uda Medicinal Bath Inn Yatakiya P.37  
Gose ⑨ Japanese Old Folk Life Katsuemom P.38  
⑩ Old Folk House Omoya-Morimoto P.38  
⑪ Gose-no-yado Tayumu P.39  
Totsukawa ⑫ Oomori no Sato P.40



SHIGA 滋賀 ▶ P.8

KYOTO 京都 ▶ P.13

OSAKA 大阪 ▶ P.21

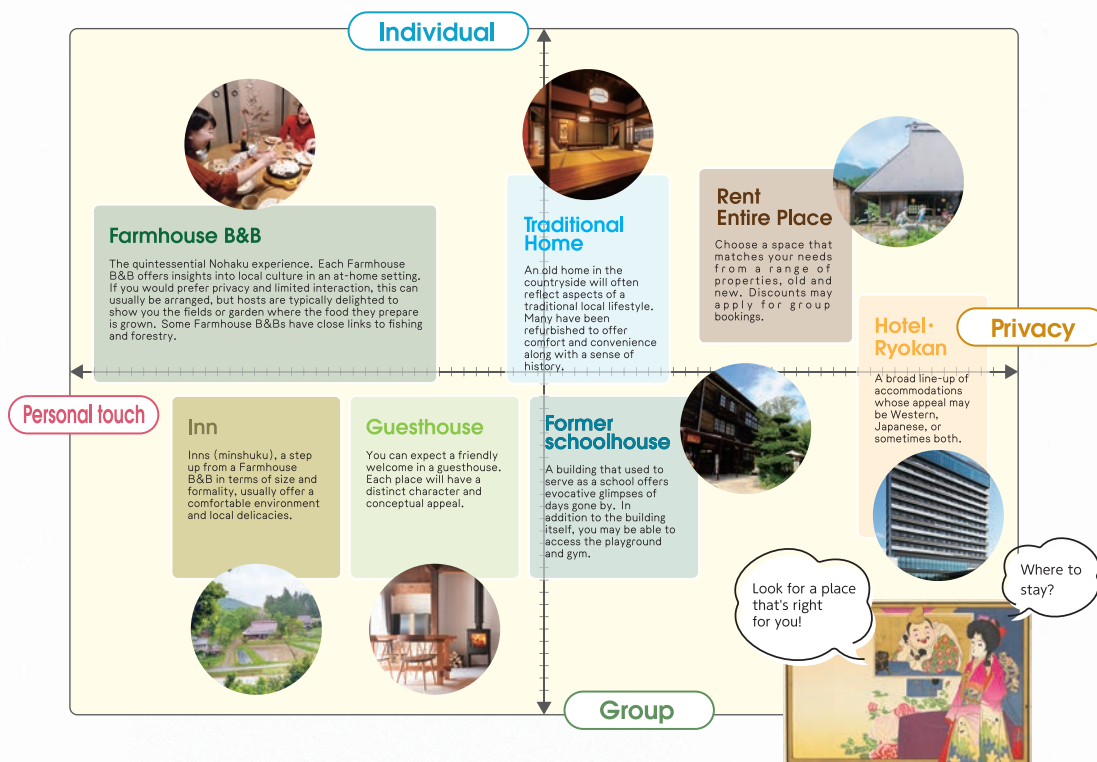
HYOGO 兵庫 ▶ P.24

NARA 奈良 ▶ P.30

WAKAYAMA 和歌山 ▶ P.41

## ✓ Nohaku facilities

Accommodation styles vary. Choose freely based on who you're traveling with and why.



## STAY

- ♥ Extra hospitality
- 💻 Remote work
- ☕ Relaxing
- 🍷 Lots to do

### SHIGA

滋賀

Maibara  
Higashi Omi

Private Traditional "Kominka" Residence Inn Soyomo (Rent entire place) P.09  
NIPPONIA GOKASHO OMI MERCHANT'S TOWN (Rent entire place) P.10

### KYOTO

京都

Nantan  
Wazuka

Miyama FUTON&Breakfast (Rent entire place) P.14  
Ryokan KIGUSURIYA (Rent entire place) P.14  
ATSUAN (Farmhouse B&B) P.15  
Blodge Lodge (Farmhouse B&B) P.15  
The Tea Farm Guest House Enu To Enu (Farmhouse B&B/Rent entire place) P.16  
HOLE HOUSE AZAE (Rent entire place) P.17  
Satoyama Guesthouse Couture (Farmhouse B&B/Guesthouse) P.18  
Ichiju Issai no Yado Chabu Dining (Farmhouse B&B) P.18  
Hanare Ninoumi (Rent entire place) P.19  
KOIYA (Rent entire place) P.19

### OSAKA

大阪

Nose

Small hotel TONARI (Rent entire place/Guesthouse) P.22  
Farm Stay MICHIKUSA (Farmhouse B&B) P.22  
Natsukashisa no mori (Farmhouse B&B/Rent entire place) P.23

### HYOGO

兵庫

Himeji (Ieshima)  
Asago  
Tamba-Sasayama

Ieshima Hare Terrace (Rent entire place) P.25  
EN (Hotel/Rent entire place) P.26  
NIPPONIA Fukusumi Post Town (Hotel) P.27  
Auberge mocca (Rent entire place) P.28

### NARA

奈良

Yamazoe  
Asuka

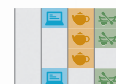
ume, yamazoe (Rent entire place) P.31  
ASUKANO OYADO KITORA (Inn) P.32  
BRANCHERA VILLA ASUKA (Hotel) P.32  
Guest House Kisano Seseragi (Rent entire place) P.33  
Yamato kogen Bosco Villa (Ryokan) P.34  
NIPPONIA TAWARAMOTO MARUTO SHOYU (Ryokan) P.35  
Soni Kodama Resort TAWA (Rent entire place) P.36  
Uda Medicinal Bath Inn Yatakiya (Hotel) P.37  
Japanese Old Folk Life Katsueemon (Rent entire place) P.38  
Old Folk House Omoya-Morimoto (Farmhouse B&B) P.38  
Gose-no-Yado Tayumu (Farmhouse/Rent entire place) P.39  
Oomori no Sato (Rent entire place/Guesthouse) P.40

### WAKAYAMA

和歌山

Tanabe  
Taiji  
Kushimoto  
Aridagawa  
Nachikatsuura

Akizuno Garten (Former schoolhouse) P.42  
HAKUGEI (Hotel) P.43  
NIPPONIA HOTEL KUSHIMOTO KUMANOKAIDO (Rent entire place) P.44  
Kasamatsu-tei (Rent entire place) P.46  
JUGEMU (Farmhouse B&B) P.47

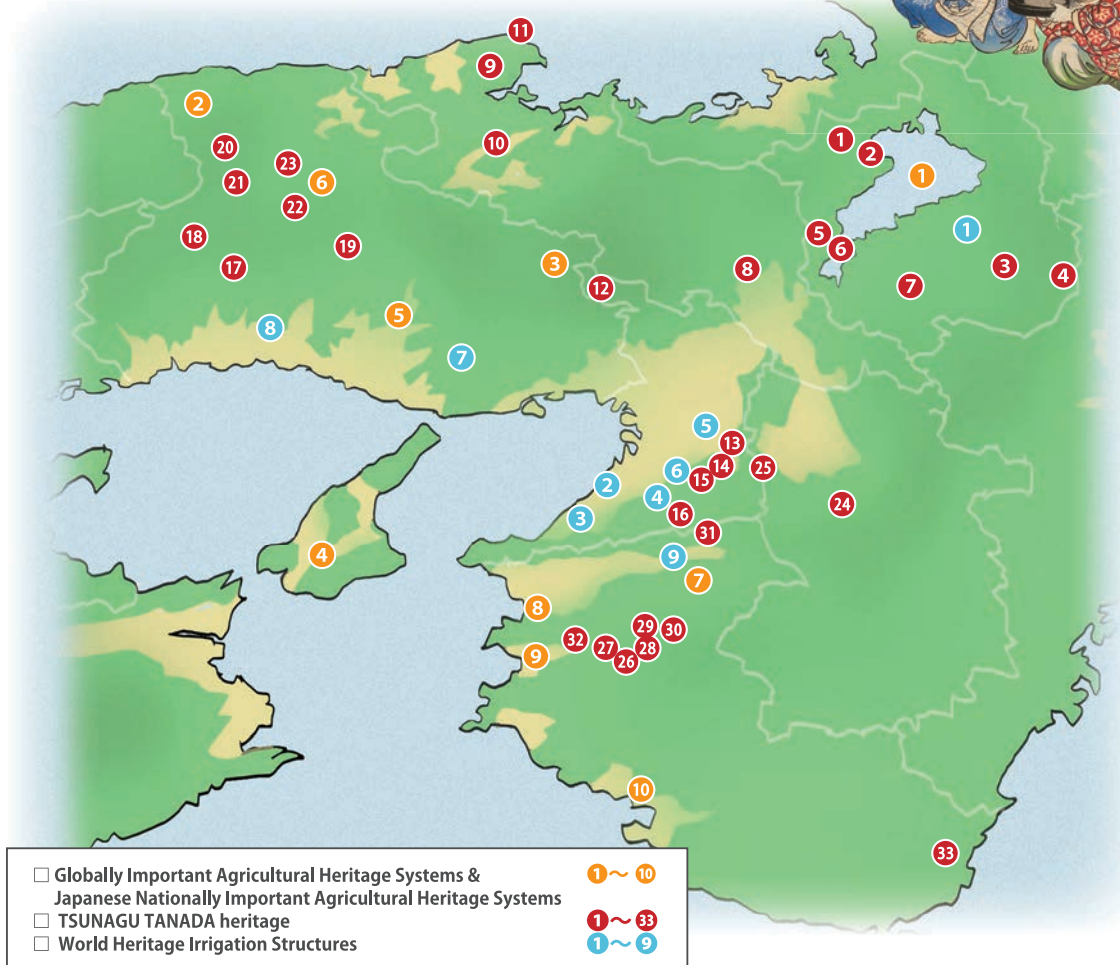






# MAP

There are many wonderful places like this in the countryside. Please try visiting them!



## Globally Important Agricultural Heritage Systems & Japanese Nationally Important Agricultural Heritage Systems

Kinki Area List

Globally Important Agricultural Heritage Systems (GIAHS) are outstanding landscapes of aesthetic beauty that combine agricultural biodiversity, resilient ecosystems and a valuable cultural heritage, which FAO designate GIAHS. Located in specific sites around the world, they sustainably provide multiple goods and services, food and livelihood security for millions of small-scale farmers.

Japanese Nationally Important Agricultural Heritage Systems (JNIAHS) are areas or systems in Japan designated by the Minister of Agriculture, Forestry and Fisheries that are important and traditionally engaged in agriculture, forestry or fisheries based on Japanese designation criteria. Japan has traditional agriculture, forestry and fisheries regions that it should take pride in and pass down to future generations. JNIAHS was created in 2016 because some are difficult to evaluate using the designation criteria set by the FAO.

	AREA	SYSTEM	Certification
1	Lake Biwa region in Shiga Pref.	Biwa Lake to Land Integrated System	2018 [JAPAN] 2022 [GLOBAL]
2	Mikata region in Hyogo Pref.	Integrated Farming System for Harmonizing People and Cattle in the Mikata District	2018 [JAPAN] 2023 [GLOBAL]
3	Tamba-Sasayama region in Hyogo Pref.	Tamba-Sasayama Black Soybean Cultivation System for Fine Seeds and Family Farming	2020 [JAPAN]
4	Minami-Awaji region in Hyogo Pref.	Minami-Awaji Rice Paddy, Onion, and Livestock Rotation System	2020 [JAPAN]
5	North Harima and Northern Rokko region in Hyogo Pref.	Production system for Yamada-Nishiki, Hyogo's sake rice	2024 [JAPAN]
6	Asago region in Hyogo Pref.	Resource-recycling agricultural system with Iwatsu leeks =Inheritance of traditional seeds and Satoyama landscape prevention through regional cooperation=	2024 [JAPAN]
7	Koya, Hanazono, and Shimizu regions in Wakayama Pref.	Sustainable Agroforestry System Connecting Mount Koya and Arida River	2020 [JAPAN]
8	Shimotsu region in Wakayama Pref.	Mikan Warehouse System	2018 [JAPAN]
9	Arida region in Wakayama Pref.	Arida Mikan System that Laid the Foundation for Mikan Cultivation	2020 [JAPAN]
10	Minabe-Tanabe region in Wakayama Pref.	Minabe-Tanabe Ume System	2015 [GLOBAL]





## TSUNAGU TANADA heritage – passing hometown pride to the future.

### Kinki Area List

Terraced rice fields have a long and storied history in Japan. Traditionally they have played a key role in providing food in farming communities where flat land is scarce. By cultivating these beautiful fields, people also pass down customs and techniques.

The government initiated the Tsunagu Tanada Heritage project in 2021 to protect and revitalize terraced rice fields. The program promotes greater understanding and cooperation to support the conservation of these fields.

	AREA	NAME	LOCATION
1	Takashima City, Shiga Pref.	HATA NO TANADA	Hata, Takashima-shi, Shiga Pref.
2	Takashima City, Shiga Pref.	UKAWA NO TANADA	Ukawa, Takashima City, Shiga Pref.
3	Kouka City, Shiga Pref.	IMAGOU TANADA	Imago, Mizuguchi-cho, Koka-shi, Shiga Pref.
4	Kouka City, Shiga Pref.	AKEBIHARA NO TANADA	Yamamehara, Tsuchiyama-cho, Koka-shi, Shiga Pref.
5	Ootsu City, Shiga Pref.	KAMIOOGI TANADA	1, Ohgi, Otsu-shi, Shiga Pref.
6	Ootsu City, Shiga Pref.	OOGI HIRAO NO TANADA	Ohgi-cho, Otsu City, Shiga Pref.
7	Rittou City, Shiga Pref.	HASHIRI TANADA	Arahari, Ritto City, Shiga Pref.
8	Kyoto City, Kyoto Pref.	TOUIN-KOSHIHATA-SHIKIMIGAHARA NO TANADA	Saga Koshibata, Shikimigahara, Ukyo-ku, Kyoto Pref.
9	Miyazu City, Kyoto Pref.	KAMISEYA - MATSUE NO TANADA	Aza-Kamiseya, Matsuo, Miyazu City, Kyoto Pref.
10	Fukuchiyama City, Kyoto Pref.	KEHARA NO TANADA	Kehara, Oe-cho, Fukuchiyama City, Kyoto Pref.
11	Kyotango City, Kyoto Pref.	SODESHI NO TANADA	Sodeshi, Tango Town, Kyotango City, Kyoto Pref.
12	Nose, Osaka Pref.	NAGATANI NO TANADA	Hase, Nose-cho, Toyono-gun, Osaka Pref.
13	Kanan, Osaka Pref.	MOCHIO NO TANADA	361 Mochio, Konan-cho, Minamikawachi-gun, Osaka Pref.
14	Kanan, Osaka Pref.	HIRAISHI NO TANADA	2002 Oaza Hiraishi, Konan-cho, Minamikawauchi-gun, Osaka Pref.
15	Chihayaakasaka, Osaka Pref.	SHIMOAKASAKA NO TANADA	25, Oaza Higashisaka, Chihaya Akasaka-mura, Osaka Pref.
16	Kawachinagano City, Osaka Pref.	SOSHIRO NO TANADA	Shimizu, Kawachinagano City, Osaka Pref.
17	Shisou City, Hyogo Pref.	YAMADA NO TANADA	Higashikawachi Yamada, Ichinomiya-cho, Shiso City, Hyogo Pref.
18	Shisou City, Hyogo Pref.	IIMI NO TANADA	Iimi, Haga-cho, Shiso City, Hyogo Pref.
19	Taka, Hyogo Pref.	ISARIGAMI NO TANADA	Isarigami, Kami-ku, Taka-cho, Taka-gun, Hyogo Pref.
20	Kami, Hyogo Pref.	UEYAMA NO TANADA	Nukida, Ojira-ku, Kami-machi, Mikata-gun, Hyogo Pref.
21	Yabu City, Hyogo Pref.	BEKKUU NO TANADA	Betsumiya, Yabu City, Hyogo Pref.
22	Yabu City, Hyogo Pref.	NOUZA NO TANADA	Noza, Yabu City, Hyogo Pref.
23	Yabu City, Hyogo Pref.	MIYAGAKI NO TANADA	Miyagaki, Oya-cho, Yabu City, Hyogo Pref.
24	Asuka, Nara Pref.	INABUCHI TANADA	Inabuchi, Asuka Village, Takaichi County, Nara Pref.
25	Oshimi - Shinjo, Nara Pref.	KATSURAGICHIIKISANROKU NO TANADA	Teraguchi, Fujii, Hiraoka, Yamaguchi, Fufuki, Umemuro, Yamada, Katsuragi, Nara Pref.
26	Aridagawa, Wakayama Pref.	UWAYU - ARAGIJIMA	Shimizu, Aridagawa-cho, Arida-gun, Wakayama Pref.
27	Aridagawa, Wakayama Pref.	NUMA NO TANADA - DANDANBATAKE	Numa, Aridagawa-cho, Arida-gun, Wakayama Pref.
28	Aridagawa, Wakayama Pref.	KUNOHARA NO TANADA	Kunohara, Aridagawa-cho, Arida-gun, Wakayama Pref.
29	Aridagawa, Wakayama Pref.	NUMADANI "TENKU NO TANADA"	Numatani, Aritagawa-cho, Aritagawa-gun, Wakayama Pref.
30	Aridagawa, Wakayama Pref.	SUGINOHARA NO TANADA	Suginohara, Aridagawa-cho, Arida-gun, Wakayama Pref.
31	Hashimoto City, Wakayama Pref.	IMODANI NO TANADA	Hashiramoto, Hashimoto City, Wakayama Pref.
32	Kimino, Wakayama Pref.	NAKATA NO TANADA	Nakada, Kimino-cho, Kaigusa-gun, Wakayama Pref.
33	Nachikatsuura, Wakayama Pref.	IROKAWA NO TANADA	Irokawa, Nachikatsuura-cho, Higashimuro-gun, Wakayama Pref.



## World Heritage Irrigation Structures

### Kinki Area List

World Heritage Irrigation Structures are historical irrigation structures designated and registered by the International Commission on Irrigation and Drainage (ICID\*) to clarify the history and development of irrigation, promote understanding, and contribute to the appropriate preservation of irrigation structures.

\*ICID: a non-profit, non-governmental organization concerned with irrigation and drainage with 78 participating countries and regions.

	NAME	LOCATION
1	Tatsugaike Irrigation pumping station	Toyosato-cho, Shiga Pref.
2	Kumedaikie Reservoir	Kishiwada City, Osaka Pref.
3	Yukawa Irrigation Canal	Izumisano City, Osaka Pref.
4	Teragaike Pond and Teragaike Waterway	Kawachinagano City, Osaka Pref.
5	Tsukidome Irrigation Canal	In and around Kashiwara City, Osaka Pref.
6	Sayamaikie Reservoir	Osaka-Sayama City, Osaka Pref.
7	Tanzansosui Irrigation System	In and around Kobe City, Hyogo Pref.
8	Saikojinososui Irrigation System	In and around Saikoji, Hyogo Pref.
9	Odai Irrigation Canal	In and around Hashimoto City, Wakayama Pref.

**We're  
on  
our way!**



**Off to  
Kinki?**

**KINKI**  
COUNTRYSIDE STAY GUIDE BOOK