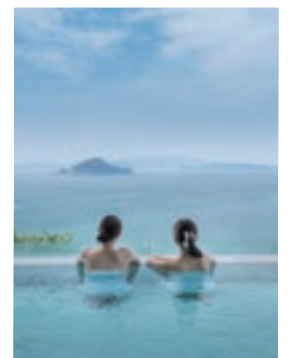
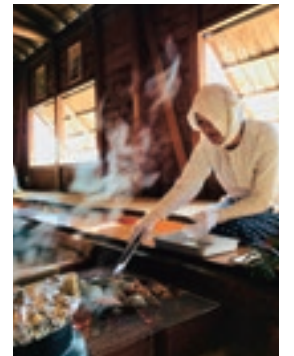


# TOKAI AREA COUNTRYSIDE STAYS GUIDE

2026

*Enjoy a healing trip*

GIFU  
AICHI  
MIE



Stay in beautiful rural areas  
in Gifu, Aichi, and Mie!



# What are countryside stays?

A "countryside stay" refers to a trip where travelers stay in rural areas. These trips often involve eating food made with local ingredients and taking part in various activities.

You can enjoy accommodations and recreation that are unique to the neighborhood you visit.

Experience a trip unlike any other: one that's focused on relaxation and healing.

## About this guide

Gifu, Aichi, and Mie—the three prefectures in the Tokai region—are full of beautiful yet lesser-known rural areas. This guide introduces these villages, towns, and cities along with recommended travel itineraries drafted by local associations that promote countryside stays.

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Learn about countryside stays in the Tokai region and throughout Japan at FARM STAY Japan.



<https://nohaku.net/>

# GIFU

## COUNTRYSIDE STAYS GUIDE

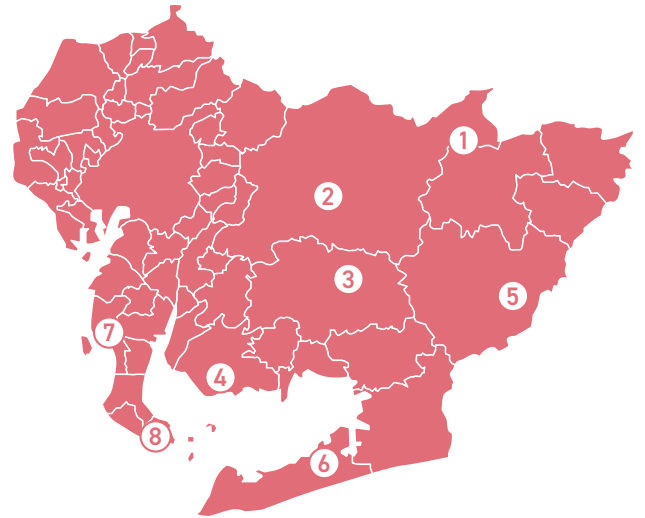
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22. Yoro Town



# AICHI

## COUNTRYSIDE STAYS GUIDE

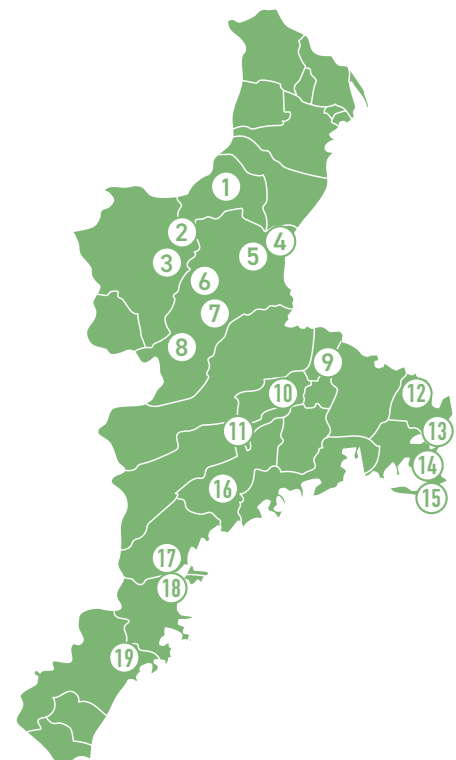
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# MIE

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GIFU  
AICHI  
MIE

# Model Itineraries

Use these recommended itineraries to plan your trip!

## 12 TRAVEL PLANS

Revitalize amid abundant natural beauty

Make the most of the coast! Ise and Mikawa Bays

Learn about forestry firsthand

Experience and learn about the fishing industry

Enjoy hot springs and surrounding attractions

Feast on fine foods and explore the ecosystem and culture behind them

Combine countryside stays with scenic and historical highlights

Activities in the great outdoors

Stay in a town with deep historical roots

Explore full- or part-time countryside living

Farm-based learning

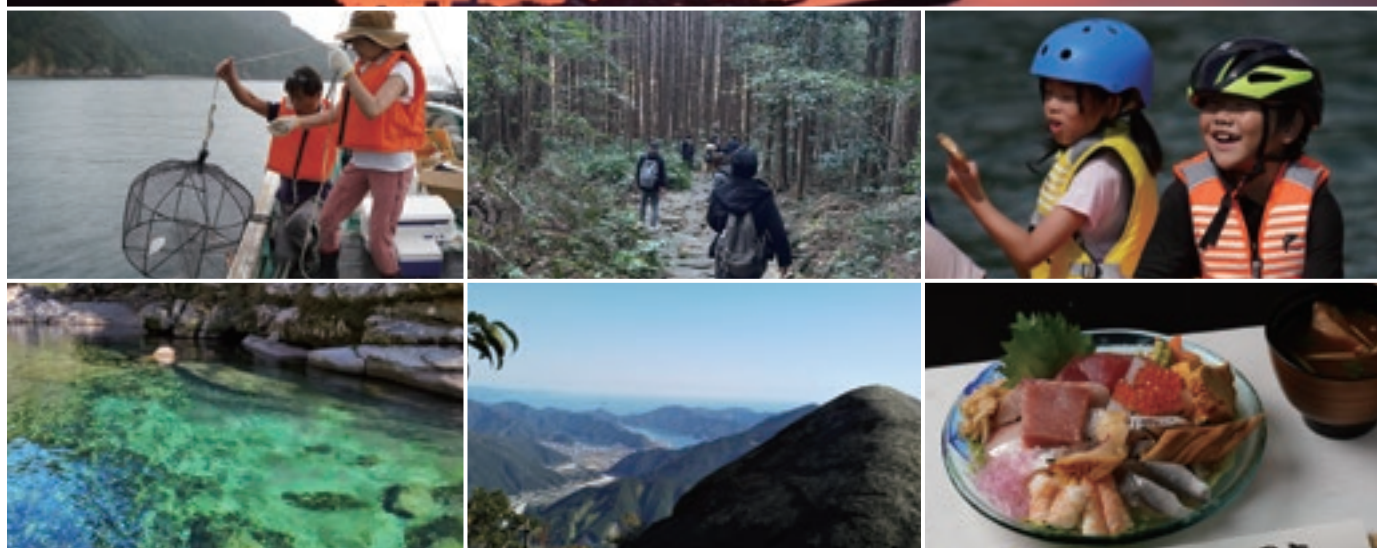
Enjoy a high-end hotel retreat



# Revitalize amid abundant natural beauty

Kihoku Town, Mie Prefecture P76

Kihoku Town Miyama District Nagisa  
Countryside Stay Promotion Council



From Nagoya About 2 hours 20 minutes by car

Day 1

**Trek the Kumano Kodo's Magose-toge Pass or other area trails**  
Serious trails with spectacular views. Takes 3 to 6 hours

**Stay**  
Minshuku with meals included are the main option in the area.

**Adventure among the boulders of Uotobi Gorge in the upper Choshigawa River**  
Takes 2 hours

Day 2

**Have Miyamadon for lunch**  
Miyamadon is a rice bowl dish topped with locally caught seafood.

**Plunge into the Choshigawa River / Uotobi Gorge**  
Ride downriver on a raft you build with your own hands, or snorkel in the river's clear waters. Takes 2 hours

**Fisheries fun in Hikimoto Bay**  
Activities include feeding farmed red sea bream and basket fishing. Takes 2 hours

Day 3

**Stroll a fishing village and see how nama-bushi is made (with tasting)**  
Hikimoto-ura harbors a history of thriving deep-sea fishing; it has a plant producing semi-dried skipjack tuna (nama-bushi). Takes 3 to 4 hours

## The best of mountains, rivers, and ocean all at your doorstep in one stay

Kihoku boasts breathtaking spots, including dramatic rock formations like Mt. Binshi's Elephant's Back and Mt. Tengura's Ochobo-iwa Rock. Bays well-sheltered from the rough ocean are ideal for angling from rafts or from moored or mobile boats.

**RECOMMENDED FOR :**  
Couples, Families, Group Travel, Educational Travel

**MODEL PLAN :**  
3 days, 2 nights

Best Season ▶

Spring Summer Autumn Winter

Summertime is the best time for enjoying the great outdoors

## Yamagata City, Gifu Prefecture P45

Yamagata City Countryside Stay Promotion Council

From Nagoya About 1 hour by car

Craft a satisfying keepsake while savoring natural beauty

Day 1

**EXPLORE** Let the scenic Enbara River carry your stress away  
Unwind in the optional tent sauna! Takes 1 hour



**EXPLORE** Kanzaki Yottecho  
Chic spaces suited to coworking or hanging out. Takes 3 hours  
A short walk

Day 2

**STAY** mizuoto guesthouse  
A farmhouse rental on the river. About 25 minutes by car  
Yamagata Kominka Chigo no Mori (1 & 2)

**STAY** Savor healthy, hearty, homestyle local ingredients. Countryside fun for the family all year round makes these two farmhouse rentals ideal for long-term stays. About 20 minutes by car

Day 3

**EXPLORE** Kaki BUSHI  
Persimmon juice dyeing workshops and hand-dyed goods. Takes 2 hours

**RECOMMENDED FOR** : Couples, Families, Group Travel **MODEL PLAN** : 3 days, 2 nights

Best Season : Spring Summer Autumn Winter

## Taiki Town, Mie Prefecture P75

Taiki Town Council for Regional Development

From Nagoya About 2 hour by car

A treasure trove of natural beauty and delicious food

Day 1

**EXPLORE** Nishiki Bay: Gateway to Kumano Sea Fishing  
Enjoy angling or small-scale set-net fishing.



**STAY** Farmhouse Inn Taiki Town Nihon Ichi no Furusato Mura  
Your fresh catch can be prepared and grilled on the spot!

Day 2

**EXPLORE** Tsuzurato Pass (UNESCO World Heritage Site Kumano Kodo)  
Have a local storyteller recount the history of Tsuzurato Pass, gateway to Kumano.

**EAT** Sukiyaki cooking with Matsusaka Beef  
Harvest produce, make rice, and cook sukiyaki with local Matsusaka Beef.

Day 3

**EXPLORE** Appreciate the sacred ambience of Takihara-no-miya  
Takihara-no-miya is a subsidiary shrine of Ise Grand Shrine.

**EXPLORE** Michi-no-Eki Oku-Ise Kitsutsuki-kan Roadside Station  
Shop for local specialty products and souvenirs. Relish farm-to-fork dining.

**RECOMMENDED FOR** : Families, Groups, Educational Travel **MODEL PLAN** : 3 days, 2 nights

Best Season : Spring Summer Autumn Winter

## Ena City, Gifu Prefecture P42

Kadono Area Farm Stay Promotion Council

From Nagoya About 1 hour 15 minutes by car

This destination offers a quaint retro town and the great outdoors

Day 1

**EXPLORE** Akechi Station (Akechi Railway)  
An iconic single-track rural railway. A short walk

**EXPLORE** Stroll a retro town (Nihon Taisho-mura and vicinity)  
Picturesque streets and buildings preserve the pride of the silk industry's heyday just over a century ago. Takes 2 hours  
About 10 minutes by car



Day 2

**STAY** Shirataka Farmhouse Stay  
Savor the slow life surrounded by nature.

Day 3

**STAY** Camp at Shirataka Farmhouse Stay's Campground  
One great activity is a trout fishing pond. And with plenty of room for pitching your own tent, long stays are an easy option.

**RECOMMENDED FOR** : Solo Travel, Families, Group Travel **MODEL PLAN** : 3 days, 2 nights

Best Season : Spring Summer Autumn Winter

# Make the most of the coast! Ise and Mikawa Bays

Shiratsuka and Kawage Areas, Tsu City, Mie Prefecture

P63

Shiratsuka Kawage Area  
Nagisa Stay Promotion Council

**From Nagoya** About 1 hour 10 minutes by car; about 1 hour by train

**Day 1**  
**EAT**  
**Shop at Michi-no-Eki Tsu-Kawage Roadside Station**  
 Not large, but packed with local specialty products and other delicious foods.  
 Takes 1 hour

About 10 minutes by car

**Day 2**  
**STAY**  
**Make Marine Kawage your base for memorable activities**  
 This marina resort caters not just to boat owners but to anyone seeking seaside recreation. Sea kayaking, boat cruises, horseback rides on the beach, and exploring tidal flats are just some of the options.

## Enjoy a seaside stay that's right on the water

This destination feels like a tropical getaway, complete with palm trees! And there's easy access to lodgings, activities, and shopping.

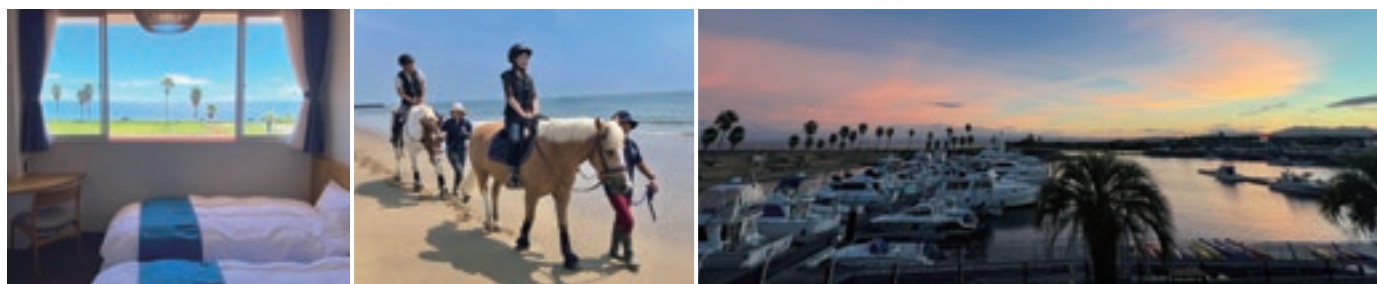
**RECOMMENDED FOR :**  
Couples, Group Travel, Educational Travel

**MODEL PLAN :**  
2 days, 1 night

**Best Season** ▶

Spring Summer Autumn Winter

Spring and autumn offer ideal weather for outdoor activities



Model Itineraries

Minami Chita Town, Aichi Prefecture

P58

Minami Chita Countryside Stay  
Promotion Council

**From Nagoya** About 1 hour by car

Take a ferry from Morozaki Port to Himakajima Island  
 About 20 minutes by ferry

**Day 1**  
**EXPLORE**  
**Charter Boat Fishing**  
 Charter a fishing boat, make your own dried fish, and more.  
 Takes 2 hours

**STAY**  
**Stay overnight on Himakajima Island**  
 Ryokan (traditional inns) and other accommodations available.

**EXPLORE**  
**Stroll around the island**  
 Bicycle around the island, enjoying the narrow streets of quaint fishing villages.  
 Takes 1 hour

About 20 minutes by ferry

**Day 2**  
**EXPLORE**  
**Pick farm-fresh fruit**  
 Experience picking your own farm-fresh fruit (grapefruit, strawberries, bananas, etc).  
 Takes 2 hours

**EXPLORE**  
**Tourism Farm Hana Hiroba**  
 Pick and take home seasonal flowers.  
 Takes 1 hour

## Local delicacies abound in every season!

Lots of hands-on experiences, with a focus on fishing and SDGs, make it great for educational trips.

**RECOMMENDED FOR :**  
Group Travel, Educational Travel

**MODEL PLAN :**  
3 days, 2 nights

**Best Season** ▶

Spring Summer Autumn Winter

Spring is the best time to enjoy going out on a fishing boat



## 📍 Isshiki Town, Nishio City, Aichi Prefecture

P54

Nishio South Bay Area Council

- Day 1**
- From Nagoya** About 1 hour 20 minutes by car; about 1 hour 30 minutes by train & bus
  - From Isshiki Port a scheduled ferry runs to the island
  - About 20 minutes by ferry
  - EXPLORE** **Stroll around Sakushima**  
Open-air art shares the landscape with quaint fishing villages. Takes 2 hours
  - STAY** **Stay**  
Your choice of accommodations includes several ryokan (traditional inns).
  - About 20 minutes by ferry
  - EAT** **Unagi Dokoro Isshiki**  
Lunch on locally raised eel at Unagi Dokoro Isshiki.
  - About 10 minutes by car
  - EXPLORE** **Get creative with natural plant dyes at UZUIRO**  
Make hands-on crafts with natural plant dyes. Takes 2 hours
- Day 2**

### Savor the seaside slow life

A unique island stay with retro charm plus art appreciation.

**RECOMMENDED FOR :**  
Solo Travel, Couples, Families

**MODEL PLAN :**  
2 days, 1 night

#### Best Season ▶

Spring

Summer

Autumn

Winter

The best seasons for the ferry ride are summer and autumn



Kamome-no-Chushajo  
[Seagull Carpark] / Takahito Kimura



## 📍 Shima City, Mie Prefecture

P73

SATOUMI Tourism Council

- Day 1**
- From Nagoya** 2 hours 40 minutes by car; 2 hours 30 minutes by train and taxi.
  - EXPLORE** **Pearl Workshop**  
Shinju no Sato, Pearl Miki, and other facilities offer activities such as pearl harvesting. Takes 2 hours
  - STAY** **Stay**  
Accommodations range from inns to resort hotels.
- Day 2**
- EXPLORE** **Ama Hut SATOUMIAN**  
Dine on seafood as ama divers tell tales of the sea. Takes 2 hours

### Where the ocean offers its treasures

Enjoy beautiful bay waters alongside ama divers and pearl oyster farmers.

**RECOMMENDED FOR :**  
Solo Travel, Couples, Families, Group Travel

**MODEL PLAN :**  
2 days, 1 night

#### Best Season ▶

Spring

Summer

Autumn

Winter

Fun ocean encounters for all ages



# Learn about forestry firsthand

📍 Kushihara Area, Ena City, Gifu Prefecture

P43

Oku-Yahagi Migration and Settlement Promotion Council



From Nagoya About 1 hour 20 minutes by car



**Forestry Training and Farming Experience Tours**  
As you try forestry or farming, consider the appeal of life amid nature in "satoyama" countryside.

Takes 3 hours



**Okuyahagi Recreation Center**  
The main building of this converted former school can accommodate up to 80 people—ideal for retreats and group training trips. There is also a campsite on the grounds. Leisure opportunities abound around Okuyahagi Lake.

About 5 minutes by car



**Okuyahagi Canoeing Trip**

Takes 1 hour

**Engage with forestry and farming pros to learn about the area while enjoying natural beauty**

The Oku-Yahagi Area at the southern tip of Ena City borders Toyota City in neighboring Aichi Prefecture. Programs here teach about nature conservation and sustainable forest resource management. While you are learning, you may find yourself wanting to live here!



**RECOMMENDED FOR :**  
Families, Group Travel, Educational Travel



**MODEL PLAN :**  
2 days, 1 night

**Best Season ▶**

Spring

Summer

Autumn

Winter

**Come enjoy activities in spring, summer, and autumn**

Day 1

Day 2

## Kashimo Area, Nakatsugawa City, Gifu Prefecture

P39

Kashimo Norinpaku Suishin Kyogikai

From Nagoya About 1 hour 45 minutes by car



Take in a show at Kashimo Meijiza Theatre  
Kabuki performances, concerts, and other live events are held here.

Takes 2 hours

About 40 minutes by car



Lamp no Yado Doai Onsen  
A hot spring ryokan hidden away in Tsukechi Gorge.



Tour the Kashimo Urakiso National Forest  
Tours of the Kashimo Urakiso National Forest are held occasionally. This is the source of timber for Ise Grand Shrine's Shikinen Sengu, a ritual renovation held at twenty-year intervals.

Takes 2 hours

### Enjoy unaltered nature, food, and culture

The timber industry is the beating heart of Kashimo, which supplies some of the world's finest timber. Consider an itinerary combining Nakatsugawa City and Gero City.



#### RECOMMENDED FOR :

Couples, Families, Group Travel, Educational Travel



#### MODEL PLAN :

2 days, 1 night

#### Best Season ▶

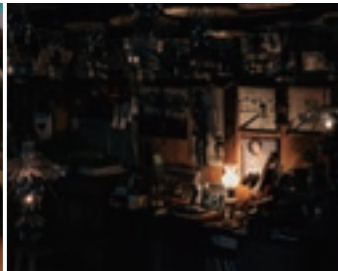
Spring

Summer

Autumn

Winter

Enjoy the sights of each season, including festivals in summer and frozen waterfalls in winter



## Yaotsu Town, Gifu Prefecture

P38

Council for the Revitalization of the "80% Mountain Town"

From Nagoya About 1 hour by car



Stay  
A range of lodgings offer distinctive merits: for example, Japanese Inn Matsuya puts you in the center of town, while Auberge AKANE immerses you in satoyama countryside.



Enjoy tours and activities  
Expeditions to explore the forest, hands-on crafts, and tours that unveil local culture such as food and festivals. These are just some of the fun things to do for each season and theme.



Takes 2 hours

### Discover and delight in the Yaotsu way of living in harmony with nature

You'll want to help preserve the mountainside landscape where nature and people thrive together.



#### RECOMMENDED FOR :

Solo Travel, Couples



#### MODEL PLAN :

2 days, 1 night

#### Best Season ▶

Spring

Summer

Autumn

Winter

In summer and autumn, nature is bursting with colors



# Experience and learn about the fishing industry

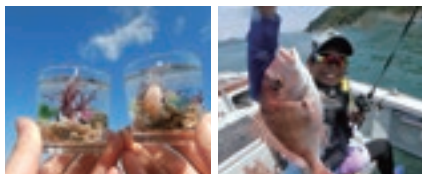
📍 Toba City, Mie Prefecture **P71**

Toba Nagisa Stay Promotion Council

From Nagoya 2 hours 10 minutes by car; 1 hour 20 minutes by train



**Enjoy Kaito Yumin Club Activities**  
Kayak to wild islands! Fish with pro fishermen! Harvest wakame! Craft sea glass mementos! All this fun and more.



Takes 2 hours



**Stroll around town**  
As you walk around Toba, you can check out the commercial fish market and see other sights.

Takes 1 hour

**Quaint fishing villages and unbeatable outdoor fun**

So much to do, from outdoor activities to cultural and craft workshops. Educational travel and internship-based stays are welcomed.



**RECOMMENDED FOR :**  
Solo Travel, Couples, Group Travel, Educational Travel



**MODEL PLAN :** Day trip

Best Season ▶

Spring

Summer

Autumn

Winter

**All ages can enjoy a wide range of activities**



📍 Kumano City, Mie Prefecture **P78**

Kumano Nagisa Countryside Stay Promotion Council

From Nagoya About 2 hours 40 minutes by car



**Stroll the streets around the harbor**  
The classic charm of a fishing village with views of a beautiful bay.



**Stay**  
A range of accommodations, mainly minshuku, are available in the area.



**Try a set-net fishing experience**  
Three different options, leaving from different harbors with different operators.



Takes 3 hours

**Come experience the natural blessings of Kumano's sea and shore**

Set-net fishing experiences are fun for all ages: catch different seafood depending on the season!



**RECOMMENDED FOR :**  
Families, Group Travel, Educational Travel



**MODEL PLAN :**  
2 days, 1 night

Best Season ▶

Spring

Summer

Autumn

Winter

**Set-net fishing can be enjoyed in all seasons!**




📍 Sugari Area, Owase City, Mie Prefecture **P77**

Sugari Nagisa Stay Promotion Council

**From Nagoya** 2 hours 40 minutes by car

**EXPLORE** **Stroll a quaint fishing village**  
 Insta-worthy scenes including a shrine and a temple with great views. Takes 2 hours

**STAY** **Stay**  
 When booking your fishing outing, book a stay in the area too!



**EXPLORE** **Aramaru offers angling from a raft in a prime fishing spot**  
 Angling from rafts towed from Sugari harbor and moored is very popular. Your group will have the raft all to itself! Takes 3 hours

**Feel the pulse of a quaint working fishing village**  
 Ideal for company trainees or observers seeking hands-on experiences with people and activities on a fishery's front lines.

**RECOMMENDED FOR :**  
 Group Travel, Educational Travel

**MODEL PLAN :** 3 days, 2 nights

**Best Season** ▶

Spring Summer Autumn Winter

**Each season offers its own scenery and special foods**



📍 Osatsu Area, Toba City, Mie Prefecture **P72**

Osatsu Ama Culture Activation Council

**From Nagoya** About 2 hours 30 minutes by car; about 2 hours 30 minutes by train and bus

**EXPLORE** **Visit Ishigami-san (Shinmei Jinja Shrine)**  
 A local legend says "a woman's wish" will be granted. Takes 1 hour  
 About 15 minutes' walk

**EXPLORE** **Osatsu Ama Hut Experience**  
 Dine on seafood while conversing with ama divers. Takes 1 hour

**STAY** **Stay**  
 Wide choice of accommodations, especially various ryokan (Japanese-style inn with meals).

**EAT** **Lunch at Osatsu Kitchen 0032**  
 Savor the culinary creativity of Toba.

**EXPLORE** **Relax at Chidorigahama Beach**  
 A beautiful sandy swimming beach. Takes 3 hours

**Journey to and around the heartland of the legendary ama divers**

Take your wish to "Ishigami-san," a shrine where women divers have prayed for centuries.

**RECOMMENDED FOR :**  
 Couples, Families, Group Travel, Educational Travel

**MODEL PLAN :**  
 2 days, 1 night

**Best Season** ▶

Spring Summer Autumn Winter

**Dine on seafood while conversing with ama divers**



# Enjoy hot springs and surrounding attractions

Tahara City, Aichi Prefecture

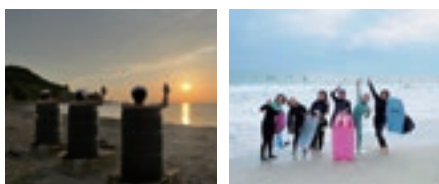
P56

Tahara City Farm Stay Promotion Council



From Nagoya About 1 hour 45 minutes by car

**EXPLORE** Enjoy experiences curated by "Go-around Tahara"  
A huge menu of activities to put you in touch with the peninsula's thriving flower-growing, farming, and fisheries.



Takes 1 hour or more (varies)

**STAY** Relax in the hot springs of Irago Onsen  
Multiple accommodations incorporate Irago Onsen access.

**EXPLORE** Shop at a trio of Michi-no-Eki Roadside Stations  
Vast selection of Tahara foods and specialty products.

Experience a coastal slice of paradise with an Irago Onsen getaway and activities curated by "Go-around Tahara"

Irago Onsen is a newly discovered hot spring source that opened in 2022. "Go-around Tahara" is an initiative with 55 different experience programs ranging from onsen visits to flower, farming, and fishing-related fun. Multiple Michi-no-Eki Roadside Stations offer plentiful shopping.

**RECOMMENDED FOR :**  
Solo Travel, Couples, Families, Group Travel

**MODEL PLAN :**  
2 days, 1 night

Best Season ▶

Spring Summer Autumn Winter

Flowers define Tahara's seasons:  
star magnolias, cherry blossoms, and sunflowers

Model Itineraries

Day 1

Day 2

## Sakakibara Area, Tsu City, Mie Prefecture

P65

Sakakibara Area Countryside Stay Promotion Council

**From Nagoya** About 90 minutes by car

**EAT** Lunch at Yunose Sakakibara Onsen  
Dine on delicious, hearty countryside cooking. **About 5 minutes' walk**

**EXPLORE** Experience farm tourism without hindrance  
A fully accessible farm is set to open in 2026. Takes 2 hours

**EXPLORE** Get your e-sports on at SPASPO SHINTOUKAN  
This onsen ryokan doubles as an e-sports venue. Takes 2 hours

**STAY** Stay at Sakakibara Onsen  
Multiple ryokan offer hot spring bathing.

**EXPLORE** Try CHILL SEVEN's tent sauna  
This tent sauna uses natural mineral water. Takes 1 hour  
**5 minutes' walk**

**EXPLORE** Lunch, soak, and shop at Yunose Sakakibara Onsen  
Famous for its lamb dishes, it also sells local specialties. Takes 3 hours

### A new style of rural stay aligned with hot spring tourism

Sakakibara Onsen has been a premier hot spring since antiquity; new attractions are adding to its appeal.

**RECOMMENDED FOR :**  
Solo Travel, Couples, Group Travel

**MODEL PLAN :**  
2 days, 1 night

#### Best Season ▶

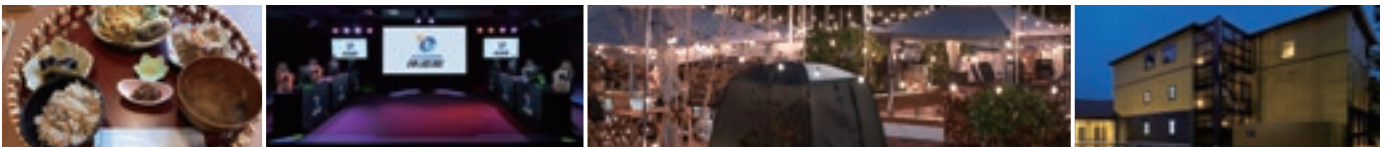
Spring

Summer

Autumn

Winter

Things to do for people of all ages, from hot springs to camping, farm tourism, and more



### Check this out!

## Hakusan Town, Tsu City, Mie Prefecture

P64

Landing in HAKUSAN



**From Sakakibara** About 10 minutes by car

Guest House Ilonggo: A cross-cultural farmstay



**From Sakakibara** About 15 minutes by car

Cafe mofu mofu: A cozy cafe

## Maze Area, Gero City, Gifu Prefecture

P31

Maze Natural Park Creation Council

**From Nagoya** About 2 hours 15 minutes by car

**EXPLORE** Stroll around the Maze Satoyama Museum (Nakagiri District)  
Appreciate the timeless beauty of a "satoyama" rural landscape in harmony with nature. The visitor center has activities like making gohei-mochi, catching fish by hand, angling, walking, and cycling. Takes 3 hours  
**About 15 minutes by car**

**STAY** Hotel MIKI no SATO  
Highly therapeutic hot spring water will ease your fatigue after an active day.  
**About 10 minutes' walk**

**EXPLORE** Shop at Sanmaze Kobo (Michi-no-Eki Maze Miki-no-Sato Roadside Station)  
Buy local products to take home with you. Takes 1 hour

### Savor the "satoyama" slow life, then soak in a hot spring

Maze is the place to go when you want to unwind in peaceful, pristine countryside. What makes it particularly special is its proximity to the famous Gero Onsen hot springs.

**RECOMMENDED FOR :**  
Families, Group Travel

**MODEL PLAN :**  
2 days, 1 night

#### Best Season ▶

Spring

Summer

Autumn

Winter

Come in spring for fresh foliage, summer for forest bathing and camping, and autumn for colorful leaves



# Feast on fine foods and explore the ecosystem and culture behind them

## Ukaiya District, Gifu City, Gifu Prefecture

P47

Ukaiya-no-mirai Kyogikai

From Nagoya About 1 hour by car; about 1 hour by train

Day 1



### Shop at “&n”

Besides shopping, it's a hub for workshops, events, and activities like stand-up paddleboarding and fishing boat tours. Takes 2 hours



### Dine at LA LUCANDA

A full-course meal of Italian fusion cuisine with top Nagara River ingredients.

A short walk



### UKAIGAKUYA

Rent out this renovated traditional house near the river.

A short walk

Day 2



### Yui no Fune: Ecotourism in a Traditional River Boat

Enjoy a cruise along the Nagara River.

Takes 2 hours

### Enjoy the Nagara River and its famous ayu fishery

Many sights and activities cluster along the banks of the Nagara River.



#### RECOMMENDED FOR :

Couples, Families, Group Travel, Educational Travel



#### MODEL PLAN :

2 days, 1 night

#### Best Season ▶

Spring

Summer

Autumn

Winter

Prime time is cormorant fishing season, from May to October



## Meiho Area, Gujo City, Gifu Prefecture

P34

Meiho Council for Promoting Food and Experiences

From Nagoya About 1 hour 30 minutes by car

Day 1



### Farm and Foodie Experiences

There are great ways to appreciate the foods of each season. In late May, try your hand at producing tea: picking, pan-firing (kamairi), and hand-rolling (temomi).



### Meiho Onsen Yuseikan

After an active day, nothing soaks away fatigue like a hot spring dip! The whole family can enjoy the amenities, and there's even a lounge where you can relax. Takes 2 hours



### Stay

A wide choice of lodgings including ryokan (Japanese-style inns).

Day 2



### Shop at Michi-no-Eki Meiho Roadside Station

So many local specialty foods to savor!

Takes 1 hour

### Natural wonders and fantastic foods await!

Plenty of programs showcase each season's best foods. And for kids, it's an ideal nature education destination.



#### RECOMMENDED FOR :

Families, Group Travel, Educational Travel



#### MODEL PLAN :

2 days, 1 night

#### Best Season ▶

Spring

Summer

Autumn

Winter

Take in nature's ever-changing wonders all year round



## Nukata Area, Okazaki City, Aichi Prefecture

P53

Okazaki Nukata Brand Kyogikai

From Nagoya About 1 hour by car



Catch ayu sweetfish at the Otogawa River Fishing Weir Grill and eat the ayu you caught right on the spot!



Takes 1 hour



**Stay**  
Nearby lodgings include nozomi, an accessible farmhouse rental.



**Yuzu Hands-On Experiences**  
Pick yuzu fruit and make your own condiments. Takes 1 hour

Okuoka is the name for this less-known district of Okazaki, offering food and fun in all four seasons



Best Season : Spring Summer Autumn Winter

Day 1

Day 2

RECOMMENDED FOR : Families, Group Travel MODEL PLAN : 2 days, 1 night

## Taki Town, Mie Prefecture

P69

Seiwa Countryside Stay Promotion Council

From Nagoya About 1 hour 45 minutes by car



**Lunch at SEIWANOSATO MAMEYA**  
Chat with Shizuko Kitagawa, the successful restaurateur. Enjoy the buffet of rural cuisine. Takes about 2 hours



**Tour POMONA FARM**  
Learn about cutting-edge agrotechnology that conserves resources to fight climate change. Takes 2 hours



**Fureai no Mori Seizanso**  
About 10 minutes by car



**Visit the Tachibaiyousui Irrigation Canal**  
Discover innovative rural regeneration efforts centered on the historic canal. Takes 2 hours



**Stay at Hotel VISON**  
This ambitious resort and retail complex includes a hotel, shops selling Mie Prefecture-made foods, and gourmet eateries and bars. About 15 minutes by car

Learn what great things a rural village can offer!



Best Season : Spring Summer Autumn Winter

Day 1

Day 2

Day 3

RECOMMENDED FOR : Group Travel, Educational Travel MODEL PLAN : 3 days, 2 nights

## Nakanoho Town, Ena City, Gifu Prefecture

P41

Nakanoho Countryside Stay Promotion Council

From Nagoya About 1 hour 20 minutes by car



**See the Sakaori Tanada Terraced Rice Fields**  
Spectacular terraced paddies built 400 years ago. Takes 1 hour



**Stay**  
Farmhouse inns are among the area's many accommodation options.



**Harvest chestnuts at Ena Kasagiyama Chestnut Orchard**  
Autumn is chestnut season in Ena. Takes 2 hours



**Eat countryside cuisine at Fudo Falls Direct Sales Store**  
Buy local dishes to go, or have a meal set featuring rice grown in the Sakaori Tanada rice terraces. Takes 1 hour

Experience tasty rice from terraced paddies



Best Season : Spring Summer Autumn Winter

Day 1

Day 2

RECOMMENDED FOR : Families, Group Travel MODEL PLAN : 2 days, 1 night

# Combine countryside stays with scenic and historical highlights

## 📍 Tokoname City, Aichi Prefecture P57

Tokoname Countryside Stay Tourism Promotion Council

From Nagoya 45 minutes by car. 30 minutes by train

Dine on local delicacies in the "City of Pottery"

Day 1



**Tokoname Pottery Footpath**  
An essential stroll to see the city's top sights. Many charming cafes and galleries to step into along the way! Takes 2 hours



**Sunset Walker Hill**  
Have a locally based lunch with Chita beef and seasonal produce from the area.



**Stay**  
Area accommodation options include hotels, guesthouses, and more.



Day 2



**Cocoterrace no Oka**  
Enjoy egg-based dishes and desserts in this egg farm's own restaurant and shops! Takes 2 hours

👤 RECOMMENDED FOR : Couples & Families, Solo Travel 🏠 MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

## 📍 Takasu Area, Gujo City, Gifu Prefecture P33

takasunosu

From Nagoya About 90 minutes by car

Deep-dive into discovering the deep-woods good life

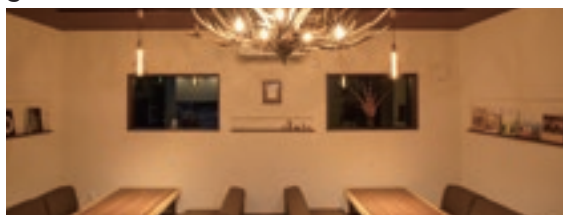
Day 1



**Eat with gusto at Gu-ni**  
This restaurant showcases game meat gastronomy.



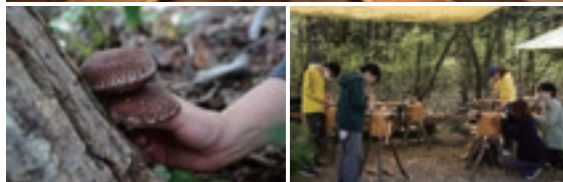
**Stay**  
Minshuku, campgrounds, and other lodgings are available. The right accommodation can also connect you with the best culinary and other experiences, such as Segway tours.



Day 2



**Try "green woodworking" with TABI FACTORY**  
Learn real woodworking skills! Takes 2 hours



👤 RECOMMENDED FOR : Solo Travel, Couples, Families, Group Travel 🏠 MODEL PLAN : 3 days, 2 nights

Best Season : Spring Summer Autumn Winter

## 📍 Gero City, Gifu Prefecture P32

Gero City Countryside Stay DX Promotion Council

From Nagoya About 90 minutes by car

Get the best of both worlds: acclaimed hot springs and satoyama countryside

Day 1



**Get out and about in a scenic country village**  
Hands-on activities are in tune with the seasons, like planting rice seedlings in the spring.



**Stay in the Takehara district**  
Feast on cuisine featuring fine local ingredients.



**Tour a playhouse that presents amateur kabuki performances and enjoy angling (or splashing) in clear country creeks**



Day 2



**Stay at a classic Gero Onsen ryokan**



**Enjoy footbaths and eating while walking in Gero Onsen**



👤 RECOMMENDED FOR : Couples, Group Travel

🏠 MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

## Shinshiro City, Aichi Prefecture

P55

Okumikawa Country Living Promotion Council

From Nagoya 1 hour 30 minutes by car

Journey into real rural Japan and make a deep connection

Day 1



**Yotsuya Senmaida Terraced Rice Fields**  
View a stunning landscape carved into the hillsides about 400 years ago. Takes 1 hour



**Dine at Okumikawa Horai Nikusho Kadoya / Shokudo spoon**  
Feast on meat dishes showcasing the skills of a professional butcher.

30 minutes by car



**Community & Stay SO**  
A cozily renovated farmhouse vacation rental.

25 minutes by car

Day 2



**Shinshiro Kikkorys / Ishiro Forest**  
Forest ecosystem education and training, treks in the woods, and more.



RECOMMENDED FOR : Solo Travel, Couples, Families MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

## Yoro Town, Gifu Prefecture

P49

Yoro Countryside Stay Promotion Council

From Nagoya About 1 hour by car

Go for gastronomy that celebrates the pure water of Kikusui Spring

Day 1



**See Yoro Waterfall**  
Praised in literature since ancient times, this waterfall delivers timeless impact as the town's pride and joy. Takes 2 hours

About 10 minutes by car



**Stay and savor at Senzairo**  
Book a room with character that comes from centuries of history. Pamper yourself with a healing herb-infused bath or a mugwort steam bath. Sample herbal teas from Mt. Ibuki.

About 10 minutes by car

Day 2



**Farming Fun at AGRI ONO**  
Hands-on experiences with eco-friendly rice and vegetable activities. Takes 2 hours

About 10 minutes by car



**Explore the "Site of Reversible Destiny"**  
A vast conceptual art installation to wander in and wonder at. Takes 3 hours



RECOMMENDED FOR : Families, Group Travel MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

## Neo Area, Motosu City, Gifu Prefecture

P44

Neo Chiiki Kasseika Suishin Kyogikai

From Nagoya About 1 hour 30 minutes by car; about 2 hours 40 minutes by train

A gem of geotourism featuring a fascinating faultline

Day 1



**Visit the Neodani Usuzumi-Zakura**  
Marvel at a giant cherry blossom tree over 1,500 years old. Takes 1 hour

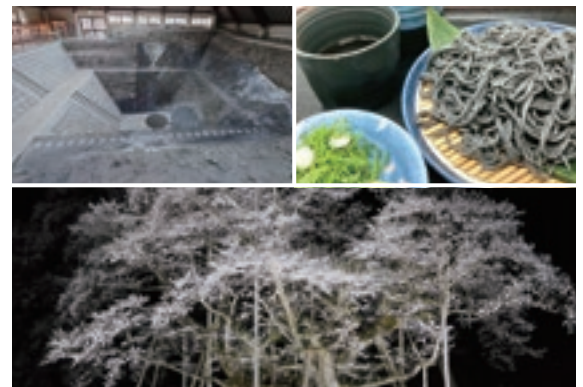


**Sumiyoshi-ya: The Usuzumi Inn**  
Stay in a ryokan (traditional Japanese inn) close to the Neo River and dine on seasonal cuisine.

Day 2



**Visit the Neodani Fault Museum**  
The museum preserves the geological formation that caused the huge (magnitude 8.0) Nobi Earthquake of 1891. Takes 2 hours



RECOMMENDED FOR : Families, Group Travel MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

# Activities in the great outdoors

## 📍 Odai Town, Mie Prefecture P70

Odai Town Tourism Association

**From Nagoya** About 2 hours by car; about 2 hours 40 minutes by train

**Day 1**

**STAY** Stay at Hotel Okuise Forestpia  
Choose from hotel rooms, cottages, or campsites; enjoy the on-site hot spring, restaurant, and BBQ. About 30 minutes by car

**EXPLORE** River adventures in Osugidani Gorge  
Stand-up paddleboarding or trekking through gorges.  Takes 3 hours About 45 minutes by car

**EXPLORE** Shop at Michi-no-Eki OKUISE O-DAI Roadside Station  
Cider made with yuzu from local orchards is delicious!  Takes 1 hour

### Trek along pristine mountain streams in Osugidani Gorge

All of Odai is within a UNESCO biosphere reserve, headlined by the scenic streams and waterfalls of Osugidani Gorge.

**RECOMMENDED FOR :**  
Couples, Families, Group Travel

**MODEL PLAN :**  
2 days, 1 night

**Best Season** ▶

Spring Summer Autumn Winter

Many activities suitable for groups are available



## 📍 Hida City, Gifu Prefecture P28

Hida Chiiki Satoyama Shisan Katsuyo Kyogikai

**From Nagoya** About 2 hours 10 minutes by car; about 3 hours by train

**Day 1**

**EXPLORE** Ramble around with Rail Mountain Bike Gattan GO!!  
Former rail tracks, now a unique sightseeing route. Takes 1 hour About 30 minutes by car

**EAT** Lunch at SOBA and Medical Herb CAFE OHAKO  
Medicinal herbs from Hida make the menu unique. A short walk

**EXPLORE** Discover medicinal herbs at Hida Mori no Megumi  
Make shichimi or try other hands-on workshops. Herbal products can also be bought. Takes 1 hour About 5 minutes' walk

**Day 2**

**STAY** Stay at SATOYAMA EXPERIENCE (SATOYAMA STAY)  
This newly built inn echoes the classic architectural style of old Hida-Furukawa townhouses. Go on one of the inn's guided tours the next day.

### Sample the area's cycling tours and medicinal herbs

Roll along former railway tracks on a Rail Mountain Bike or get a take on local life that you won't find in a brochure on a Hida Satoyama Cycling guided tour.

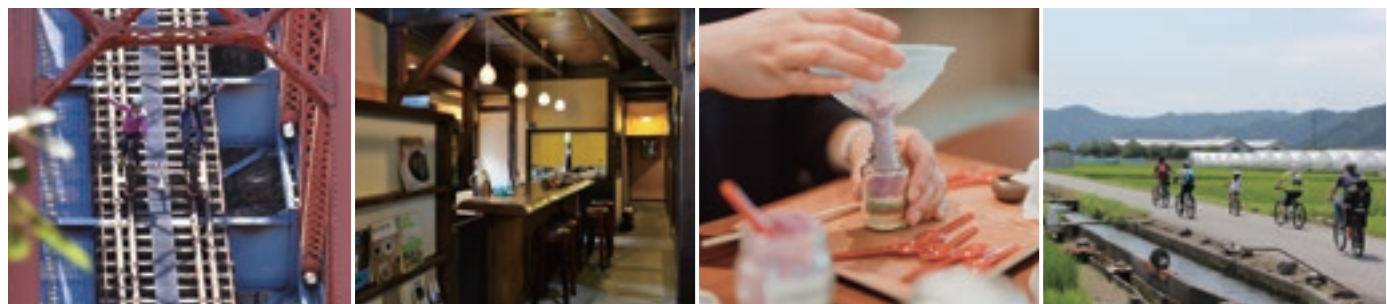
**RECOMMENDED FOR :**  
Couples, Families

**MODEL PLAN :**  
2 days, 1 night

**Best Season** ▶

Spring Summer Autumn Winter

The best seasons for fresh herbs and fresh air!



**Inabu Area, Toyota City, Aichi Prefecture** P51

INABU Convention Bureau

From Nagoya About 1 hour 30 minutes by car

Sensational in every season of the year

Day 1

**EXPLORE** Have hands-on fun at Donguri Kobo Workshop  
 Offers outdoors and craft activities suited to each season.  
 Takes 3 hours



**STAY** Stay  
 A variety of accommodations, mainly ryokan (traditional Japanese-style inns).



Day 2

**EXPLORE** Shop at Michi-no-Eki Donguri-no-Sato Inabu Roadside Station  
 Tempting specialty foods and fresh-baked breads.  
 Takes 1 hour



RECOMMENDED FOR : Couples, Families, Group Travel MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

**Nishiwara Area, Gujo City, Gifu Prefecture** P36

Nishiwara Countryside Stay Promotion Council

From Nagoya About 90 minutes by car

Go where great things flow from pure mountain springs

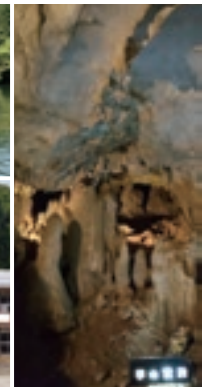
Day 1

**EXPLORE** Check out NISHIWARA BASE  
 This converted former elementary school has an attractive appearance; it provides accommodations for educational travel groups.  
 Takes 1 hours



About 5 minutes by car

**EXPLORE** Adventures on Ondani Lake  
 Stand-up paddleboarding and other activities to suit the season.  
 Takes 2 hours



**STAY** Stay  
 Farmhouse stays are the area's main option.

Day 2

**EXPLORE** Caves are Cool!  
 Miyama Limestone Cave offers caving and other activities; enjoy the otherworldly beauty of Gujo Limestone Cave.  
 Takes 3 hours

RECOMMENDED FOR : Families, Groups, Educational Travel MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

**Iga City, Mie Prefecture** P61

Iga Ninja Creation Project

From Nagoya About 1 hour 15 minutes by car

Escape from city stress to countryside fun

Day 1

**STAY** SOUZONE Spa Camp Field  
 This campground has its own onsen hot spring and more! On-site field athletics for high-energy fun. Bread and konjac-making workshops to chill out. At night, far from city lights, see the Milky Way sparkle.



Day 2



RECOMMENDED FOR : Families, Group Travel MODEL PLAN : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

# Stay in a town with deep historical roots

## 📍 Sunomata Area, Ogaki City, Gifu Prefecture P48

Ogaki-Minoji Sunomata Council

From Nagoya About 1 hour by car; about 1 hour 10 minutes by train

**Day 1**  
★ **EXPLORE** Sightsee at the site of Sunomata Castle Takes 2 hours  
About 5 minutes' walk

🏠 **STAY** Stay at Samurai's Inn Ikedaya Wakihonjin  
 Unwind at a historic house-turned-inn. On the summer menu is wild-caught ayu (sweetfish) from the Nagaragawa River (reservations required). Cafe/gallery space available for workcationing.

**Day 2**  
★ **EXPLORE** Tsuribina-making workshop at Kishimaya Takes 3 hours  
 An expert from the community will teach you how to make a tsuribina. You can also buy a tsuribina or a kit to make one, prepared locally.  
A short walk

**Day 3**  
★ **EXPLORE** Stroll the old town along the Minoji and Kamakura Kaido highways Takes 3 hours  
 Many old buildings and the temple district are well-preserved.

### Be enchanted by a bygone era in a 130-year-old historic house

Sunomata thrived for centuries as a post town on the ancient Minoji highway. Its historic streets and old houses given new life will make you feel like you've slipped back in time. Enjoy the beautiful riverfront setting too, with fishing on the Nagaragawa.

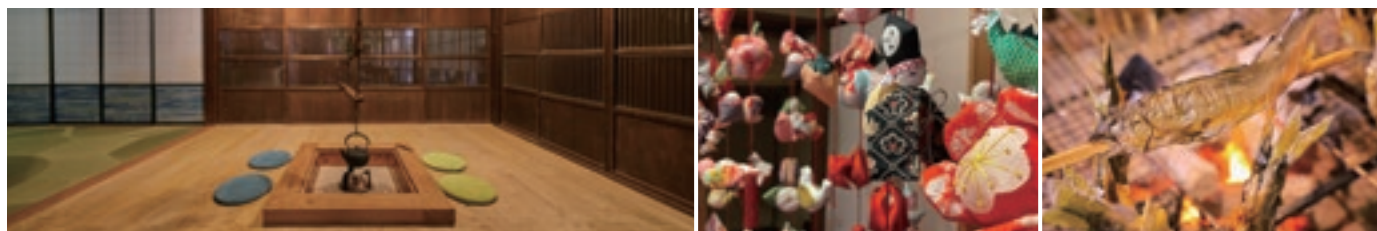
👥 **RECOMMENDED FOR :**  
 Couples, Families, Group Travel

📅 **MODEL PLAN :**  
 3 days, 2 nights

### Best Season ▶

Spring
Summer
Autumn
Winter

A famous spot for cherry blossoms in spring, but scenic in summer and autumn too. Winter is the time for irori: a cozy open hearth



Model Itineraries

## 📍 Magome Area, Nakatsugawa City, Gifu Prefecture P40

NPO Magome Village

From Nagoya About 1 hour 30 minutes by car

**Day 1**  
★ **EXPLORE** Stroll the historic post town Takes 2 hours  
 These streets charmingly preserve the atmosphere of samurai times (the Edo period). Plenty of cafes, etc. will tempt you to drop in.  
About 5 minutes' walk

🏠 **STAY** Hatago Tawaraya  
 You are renting the whole house, so it makes a great private getaway.

**Day 2**  
★ **EXPLORE** Enjoy activities evoking Edo culture Takes 2 hours  
 Indoor fun includes local gastronomy, tea ceremony, and making bamboo lanterns.  
About 5 minutes' walk

### Feel like a traveler through Old Japan in this historic post town

Charming stone-paved streets are delightful to stroll; activities and accommodations enhance your sense of immersion.

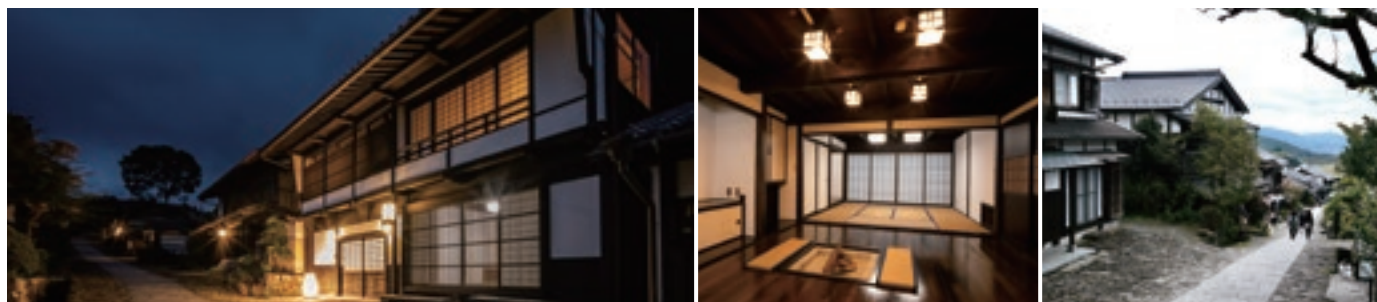
👥 **RECOMMENDED FOR :**  
 Couples

📅 **MODEL PLAN :**  
 2 days, 1 night

### Best Season ▶

Spring
Summer
Autumn
Winter

In winter, Magome's coziness is irresistible!



## Meiwa Town, Mie Prefecture P68

Meiwa Countryside Stay Promotion Council

**From Nagoya** About 2 hours by car; about 1 hour 45 minutes by train

Cultural activities that engage with the "lost city" of Saiku

Day 1



**Eat at minoriya**  
The menu of delicious savory and sweet items changes daily. Takes 2 hours

About 5 minutes by car



**Stay**  
hanare rokutsuki and Ise Myojo no Yado are among the minshuku and other lodgings available.

About 10 minutes by car



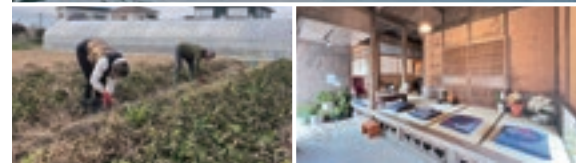
**Saiku Ohisama Farm**  
In autumn, you can help harvest crops like Jerusalem artichokes. Takes 3 hours

About 30 minutes by car

Day 2



**Visit Ise Grand Shrine**  
After a stay in Saiku, continue the cultural-historical trail to Ise. Takes 3 hours



Best Season : Spring Summer Autumn Winter

**RECOMMENDED FOR** : Families, Group Travel **MODEL PLAN** : 2 days, 1 night

## Asahi Town, Takayama City, Gifu Prefecture P29

Hida Asahi Chiiki Kasseika Suishin Kyogikai

**From Nagoya** About 2 hours 40 minutes by car

Gain up-close appreciation of master craftsmen

Day 1



**Farmhouse Kabuto Villas**  
This option for a whole-house vacation rental boasts a barrel sauna; out back are endless fields and mountains to enjoy.

About 5 minutes by car



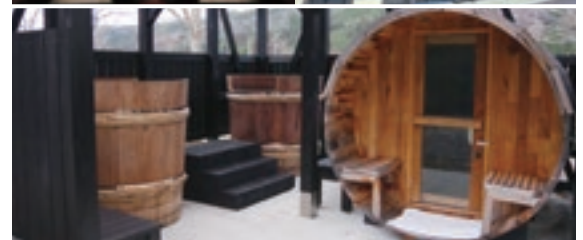
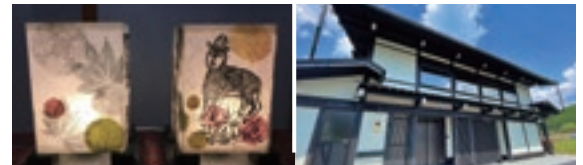
**Stool-making workshop with a furniture artisan**  
You can craft your own one-of-a-kind stool from Japan-grown hardwood. Takes 2 hours

About 5 minutes by car

Day 2



**Make a mini lantern at an old farmhouse**  
Make a mini lantern with your own hands using Japanese washi paper. Takes 1 hour 30 minutes



Best Season : Spring Summer Autumn Winter

**RECOMMENDED FOR** : Families, Group Travel **MODEL PLAN** : 2 days, 1 night

## Kameyama City, Mie Prefecture P60

Kameyama Countryside Stay Promotion Council

**From Nagoya** About 1 hour by car; about 1 hour 45 minutes by train

The historic Tokaido post town atmosphere of Sekijuku fosters memorable experiences

Day 1



**Kamado experience at AIZUYA**  
Learn how to light the old-fashioned kamado cookstove of a prestigious post town inn. Takes 2 hours



**Hearty, homestyle sansai okowa and kaido soba made with premium ingredients**  
Eat lunch at AIZUYA after your lesson. Takes 1 hour



**Stay**  
Various accommodations are available, mainly guesthouses.

Day 2



**See mitsumata groves and Sakamoto Tanada terraced rice fields**  
A guide-led walk to view mitsumata around Asakayama Town and the Sakamoto Tanada terraced rice fields. Takes 3 hours



**RECOMMENDED FOR** : Solo Travel, Couples, Families **MODEL PLAN** : 2 days, 1 night

Best Season : Spring Summer Autumn Winter

# Explore full- or part-time countryside living

## Shirakawa Town, Gifu Prefecture P37

Shirakawa Town Green Tourism Council

**From Nagoya** 1 hour 30 minutes by car; 2 hours 10 minutes by train & taxi

**Day 1**

- EAT** **Eitokuya**  
Shop for local products and enjoy the store's retro, small-town vibe. Takes 1 hour  
About 5 minutes by car
- STAY** **Enjoy Countryside Stay lodgings**  
Stay at Seikouudoku Tomida and enjoy the on-site barrel sauna. About 5 minutes by car

**Day 2**

- EXPLORE** **Wagokoro Farm**  
Help out on an organic farm and learn about the area. Have lunch on site: a meal made with produce you picked yourself! Takes 4 hours
- EAT** **NOH LAND BEER**  
Experience craft beer infused with the spirit of satoyama, brewed using local organic ingredients. Takes 1 hours

### Countryside cuisine and country people are full of warmth

Dive into the enchanting satoyama landscape and imagine yourself living here long-term!

**RECOMMENDED FOR :**  
Solo Travel, Couples, Families, Group Travel

**MODEL PLAN :**  
2 days, 1 night

#### Best Season ▶

- Spring
- Summer
- Autumn
- Winter

**Feast on local delicacies in spring and autumn; summer offers many fun activities**



## Mino City, Gifu Prefecture P46

Mino Farm Stay Promotion Council

**From Nagoya** About 50 minutes by car; about 2 hours by train.

**Day 1**

- EXPLORE** **Stroll the Udatsu Wall Historical District**  
In centuries past, merchants showed off their wealth earned from the washi business by building lavishly. Takes 2 hours  
About 5 minutes' walk
- EXPLORE** **NIPPONIA Mino Shokamachi**  
Stay in exquisitely renovated historic buildings. About 5 minutes' walk

**Day 2**

- STAY** **Work remotely from WASITA MINO**  
Sign up for a plan and along with the on-site workspace, you can also use many participating shops and eateries around Mino as workspaces. (As of Jan 2026, minimum of four-day plan required).

### Try out a new style of working in a traditional setting

Your stay can be just like living here: welcoming lodgings and workspaces dot the quaint streets.

**RECOMMENDED FOR :**  
Solo Travel, Couples, Families

**MODEL PLAN :**  
2 days, 1 night

#### Best Season ▶

- Spring
- Summer
- Autumn
- Winter

**Spring is festival season. Autumn brings the Mino Washi Akari Art Festival (Japanese Paper Lantern Festival)**



## 📍 Kawakita and Hirose Areas, Iga City, Mie Prefecture

P62

Kawakita and Hirose Regional Council

From Nagoya About 1 hour 20 minutes by car; about 2 hours 30 minutes by train



### Shichiten Battou can arrange countryside stays or camping at a rice paddy

Country life follows the rhythm of the seasons, and there's always something practical to learn about farming and forestry: helping plant (or harvest) rice, collecting and crafting with wild plants, taking chainsaw lessons... all alongside country people.



### Learn about country life and livelihoods through immersive activities

Experience country ways of life, then take those time-honored values back home with you.



#### RECOMMENDED FOR :

Solo Travel, Couples, Families, Group Travel



#### MODEL PLAN :

Long-term stay

#### Best Season ▶

Spring

Summer

Autumn

Winter

Whatever your age or interest, there is a country life experience for you



## 📍 Misugi Area, Tsu City, Mie Prefecture

P67

Inaka Tourism Promotion Council

From Nagoya About 2 hours 10 minutes by car; about 3 hours by train



### Visit Kawakamisan Wakamiya Hachimangu Shrine

This is the oldest Shinto shrine of its kind in all of Japan! Takes 1 hour

About 1 hour by car



### Feast on sustainable wild game

Local establishments serve up venison cuisine.



### Stay

The area has a number of accommodations, including minshuku (Japanese-style B&Bs).



### Inaka (Rural Living) Activities

Forest therapy. Forestry outings. Woodworking. Straw-craft. Zen. And more. All great, but best of all is the people you meet while doing them.

About 20 minutes by car



### Kitabatake Samurai Gardens

A well-preserved samurai garden (one of the top three in the country) from the late Muromachi Period.

Takes 1 hour

### A place where the people make the trip special

Through activities and cuisine, enjoy local color and get to know local people.



#### RECOMMENDED FOR :

Solo Travel, Couples, Families, Group Travel



#### MODEL PLAN :

2 days, 1 night

#### Best Season ▶

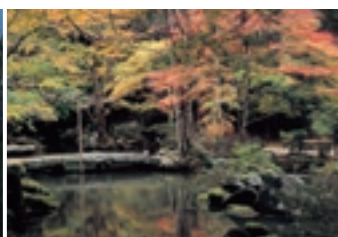
Spring

Summer

Autumn

Winter

Cherry blossoms in spring; colorful leaves in autumn; clear starry night skies in winter



# Farm-based learning

Rural Village Experiences

Hometown Experiences

Countryside Experiences

## Ozato-Mutsuai Town, Tsu City, Mie Prefecture P64

Mutsuai Manpuku Kyowakoku  
Shin-sennen Soshutsu Kyogikai

From Nagoya About 1 hour 10 minutes by car

Day 1



Use a traditional farmhouse as your base for agrotourism and gastronomy adventures  
It's the perfect place for leadership and business training, as well as team building activities.



Use a traditional farmhouse as your base for agrotourism and gastronomy adventures

Day 2



Enjoy tours and workshops with local organizations  
Noda Beika is developing tours about its production and environmental conservation activities.



A base to explore nearby attractions like Ise Grand Shrine or Suzuka Motor Circuit

RECOMMENDED FOR : Families, Group Travel MODEL PLAN : 2 days, 1 night

**Broaden your awareness of the possibilities for sustainable farming and rural communities**



Best Season : Spring Summer Autumn Winter

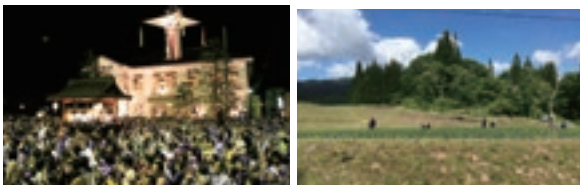
## Gujo City, Gifu Prefecture P35

Gujo Tourism Federation

From Nagoya About 1 hour by car

Day 1

Students can stay in the homes of local families  
For educational trips where spending time with local people is an important element, a group can be lodged across multiple farmhouse stays (minshuku), with 4 to 6 people in each. Check-in is 1:00 pm and check-out is 8:30 am for all minshuku.



Day 2

RECOMMENDED FOR : Educational Travel MODEL PLAN : 2 days, 1 night

**Creating chances to encounter countryside life and countryside people**



Best Season : Spring Summer Autumn Winter

## Takayama City, Gifu Prefecture P30

Furusato Experience Hida Takayama

From Nagoya About 2 hours 30 minutes by car

Day 1

**Educational Travel & Immersive Learning**  
Some minshuku (Japanese-style B&Bs) are somewhat larger and can accommodate a whole class each.  
Choose from hands-on farm experiences like rice planting, reaping and harvesting, or extensive gastronomy programs like making hoba-zushi (magnolia-leaf sushi) and sasazushi (bamboo leaf sushi).



Day 2

RECOMMENDED FOR : Educational Travel MODEL PLAN : 2 days, 1 night

**Tailoring countryside educational and immersive travel experiences to every need**



Best Season : Spring Summer Autumn Winter

# Enjoy a high-end hotel retreat

Hotel Stay

Resort Plus Programs

Renovated Architectural Gems

📍 Saki Shima Area, Shima City, Mie Prefecture

P74

Saki Shima "Mirai Satoumi Satoyama" Council

From Nagoya About 2 hours 30 minutes by car; about 2 hours 30 minutes by train



## Stay at COVA KAKUDA

Perched on the water's edge at the site of an old pearl farm, this tranquil hotel makes you feel like you have Ago Bay all to yourself. Along with the hotel's view sauna, vegetable garden, and other facilities, you can enjoy a slate of activities such as private cruises and kayaking. The hotel also offers exquisite cuisine made from fresh local ingredients.



## Slip into the serenity of satoumi seaside at Ago Bay

Check out other attractions near COVA KAKUDA: the famous playa surf shop offers surfing lessons and gear; go sport fishing on the boat Ippachi Maru.



RECOMMENDED FOR :

Couples



MODEL PLAN :

3 days, 2 nights

Best Season ▶

Spring

Summer

Autumn

Winter

A multi-night stay lets you enjoy the wealth of activities



📍 Asuke District, Toyota City, Aichi Prefecture

P52

Toyota Green Tourism Promotion Council

From Nagoya 50 minutes by car; 1 hour 30 minutes by train & taxi



## Stay at THE NINJA MANSION

Enjoy chef-made meals along with many cultural and outdoor activities in this rustic house in a quiet village. Kids and small dogs welcome!



## A stay in a 150-year-old farmhouse with lots of extras

Flexible booking! Long-term rentals for workcations, short-term rentals for photo shoots, etc.



RECOMMENDED FOR :

Couples & Families



MODEL PLAN :

3 days, 2 nights

Best Season ▶

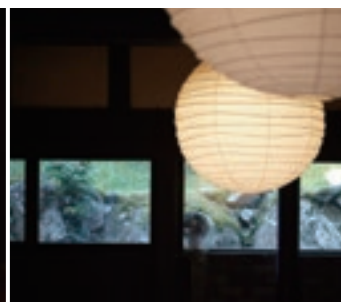
Spring

Summer

Autumn

Winter

Fun activities for every season of the year



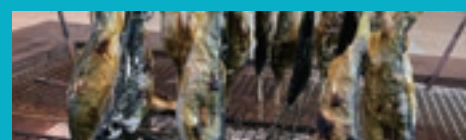


# G I F U

## COUNTRYSIDE STAYS GUIDE



1. Hida City
2. Asahi Town, Takayama City
3. Takayama City
4. Maze Area, Gero City
5. Gero City
6. Takasu Area, Gujo City
7. Meiho Area, Gujo City
8. Gujo City
9. Nishiwara Area, Gujo City
10. Shirakawa Town
11. Yaotsu Town
12. Kashimo Area, Nakatsugawa City
13. Magome Area, Nakatsugawa City
14. Nakanoho Town, Ena City
15. Ena City
16. Kushihara Area, Ena City
17. Neo Area, Motosu City
18. Yamagata City
19. Mino City
20. Ukaiya District, Gifu City
21. Sunomata Area, Ogaki City
22. Yoro Town



Forests cover 90% of Hida City, and about 70% is broadleaf. This ecosystem adds vitality to the cycle of life. Embrace activities that immerse you in a rich tapestry of ever-changing natural wonder.

Eat Stay Explore in Hida



**Rail Mountain Bike Gattan GO!!**

1327-2 Azumo, Kamioka Town, Hida City, Gifu Prefecture (Town Course)



A unique way to venture into Hida's vibrant nature is to cycle along the tracks of a former railway line. Choose from the Town Course that takes you through a picturesque old mining town, or the more thrilling Canyon Course.



Scan QR code to visit "Gattan GO!!" website for details



**Hida Mori no Megumi**

6-7 Ninomachi, Furukawa Town, Hida City, Gifu Prefecture



Get hands-on with herbs! People flock to this store from all over Japan to buy and learn about the medicinal herbs that grow in Hida. Popular workshops include making shichimi (a much-loved spice-mix condiment).



About 25 minutes from Hida-Kiyomi Interchange (Chubu-Jukan Expressway)

About 5 minutes' walk from Hida-Furukawa Station (JR Takayama Line)



**SOBA and Medical Herb CAFE OHAKO**

3-22 Ichinomachi, Furukawa Town, Hida City, Gifu Prefecture



This cafe specializes in medicinal herb-based dishes perfected by the owner's culinary skills and thorough research. The medicinal herb lunch plate, featuring herbs and ingredients sourced from Hida, demonstrates that healthy herbs can star in delicious dishes.



About 25 minutes from Hida-Kiyomi Interchange(Chubu-Jukan Expressway)

About 5 minutes' walk from Hida-Furukawa Station (JR Takayama Line)



**SATOYAMA EXPERIENCE (SATOYAMA STAY)**

11-32 Ninomachi, Furukawa Town, Hida City, Gifu Prefecture



With the motto "STAY LOCAL, DO LOCAL, FEEL LOCAL!", this is more than a place to sleep. Built with traditional architecture, it is a cozy, centrally located base for engagement with local scenes and people. Custom programs (like cycling tours) take you to sights you won't find in any brochure.



Scan QR code to visit SATOYAMA EXPERIENCE website for details

**CONTACT** Hida Chiiki Satoyama Shisan Katsuyo Kyogikai

2-22 Honmachi, Furukawa Town, Hida City, Gifu Prefecture  
Hida City Hall Machizukuri Kanko-ka 0577-73-7463 syokokanko@city.hida.lg.jp

## Asahi Town, Takayama City

Recharge with fresh countryside air and community-building connections

Takayama City has abundant forest resources that are the basis for a flourishing primary industry and skilled handicrafts. The city promotes the resources of Asahi Town through agricultural tourism, craft tourism, and environmental education.

Eat Stay Explore in Hida Takayama



### Farmhouse Kabuto Villas

986 Kabuto, Asahi Town, Takayama City, Gifu Prefecture



Stay where you can enjoy exquisite Hida Takayama craftsmanship amid the grandeur of nature. This farmstay vacation home was renovated from an old farmhouse dating back to 1934 and retains the impressive original wooden beams and columns. The kitchen and bathrooms are fully updated with all-new amenities.



About 30 minutes from Takayama Interchange (Takayama-Kokufu Bypass)



### Nemunoki Fureai Share House

1242 Tateiwa, Asahi Town, Takayama City, Gifu Prefecture



This farmstay share house has the unique appeal of being perched 800 meters up in the beautiful setting of Mt. Norikura, with grand views over Hida Asahi. It offers 20 private rooms and a campground.



Scan the QR code to visit HidaAsahi website for details



### Mini-Lantern Making at an Old Farmhouse

Asahi Town, Takayama City



Make your own mini lantern by stamping a woodblock pattern of Hida leaves onto Japanese washi paper for the lampshade. The lantern folds so it's easy to carry home, where it can add its warm, classy glow to your bedside. The workshop is held in a charming old farmhouse.



### Stool Making Workshop at ARTS CRAFT JAPAN

40-1 Agemi-nobata, Asahi Town, Takayama City, Gifu Prefecture



A very special opportunity to spend time with a Japanese wooden furniture artisan while crafting a stool from hardwood felled in the Hida Mountains. Working with a master of the craft will offer something very different from typical modern life.

**CONTACT**

**Hida Asahi Chiiki Kasseika Suishin Kyogikai**

43 Tonya Town, Takayama City, Gifu Prefecture [hidaasahikyogikai@gmail.com](mailto:hidaasahikyogikai@gmail.com)

## Takayama City

Tailoring countryside educational and immersive travel experiences to every need

Takayama City boasts extensive countryside areas full of natural beauty. Its diverse landscapes range from scenic old Japanese towns to mountain hamlets nestled amid 3,000-meter peaks. With engaging activities for every season, this is a great destination for educational travel or school trips.

Eat Stay Explore in Hida Takayama



### **Minshuku Stays with an Educational Angle** Various Sites in Takayama City

Takayama City has about 50 vacation rentals and minshuku (Japanese-style B&Bs). You can book space for up to four school classes (with each class having a different lodging). Arrangements can be made according to the number of students and desired educational themes.



Scan QR code to visit Furusato Experience Hida Takayama website



### **Gastronomy Experiences** Various Sites in Takayama City

Activities from farm to cooking are offered: hands-on farmwork like harvesting, home-cooking local dishes, and much more. Can be tailored to your theme of interest and the season.



Scan QR code to visit Furusato Experience Hida Takayama website

## Maze Area, Gero City

Find tranquility amid natural beauty along the scenic Maze River

The Maze Area is one of the "Most Beautiful Villages in Japan" and a designated gastronomy destination under the government's "SAVOR JAPAN" initiative. The tranquil rural setting, offering the great outdoors and outstanding activities, draws many repeat visitors.



 Eat  Stay  Explore in Maze, Gero

**Hotel MIKI no SATO**

1695 Maze-Nishimura, Gero City, Gifu Prefecture

Gero City is famed for its onsen (hot springs), and this is one of the most extensive and popular facilities. Bathing in the highly regarded mineral waters is open to day trippers as well as those staying at the onsen.



-  About 1 hour 45 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 15 minutes by car or shuttle bus from Hida-Hagiwara Station (JR Takayama Line)



**Sanmaze Kobo**  
(Michi-no-Eki Maze Miki-no-Sato Roadside Station)

1447-1 Maze-Nishimura, Gero City, Gifu Prefecture



Hishi mochi, hana arare, nezushi, hoba-zushi, and miso are among the delicious local foods that they make and sell here, using the finest Maze-grown ingredients. Try them, and you'll want to come back for more!



-  About 1 hour 45 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 15 minutes by car from Hida-Hagiwara Station (JR Takayama Line)



**Maze Satoyama Museum**

Nakagiri District, Maze Area, Gero City



In the very heart of the Maze Area, the Maze Satoyama Museum (Nakagiri District) encompasses a picturesque "satoyama" village. It hosts events like festivals featuring hometown food and fun, angling contests, village walks, fireworks, and more.



-  About 1 hour 45 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 15 minutes by car from Hida-Hagiwara Station (JR Takayama Line)

**CONTACT** Maze Natural Park Creation Council406 Maze-Namaru, Gero City, Gifu Prefecture  
A project of Gero City Hall Maze Office 070-4350-1543

Gero is famous for its hot springs, and not far away is the classic lush Japanese satoyama countryside of the Takehara district. Enjoy a taste of rural slow life as you savor gastronomic delights!

 Eat  Stay  Explore in Gero





**Gero Hot Springs SUIMEIKAN**

1268 Kodon, Gero City, Gifu Prefecture



Gero Onsen has been hailed as one of Japan's three greatest hot spring resorts. SUIMEIKAN is a classic Japanese spa resort where you can bathe in the famous mineral waters and dine on gourmet meals that showcase superb local ingredients.



-  About 1 hour from Nakatsugawa Interchange (Chuo Expressway)
-  About 5 minutes' walk from Gero Station (JR Takayama Line)



**Gero Specialty Manufacturer Ltd.**

1214-1 Mimayano, Gero City, Gifu Prefecture



At this processor that makes tomato juice and konjac from locally grown crops, you can tour the factory or try a konjac-making workshop.



-  About 1 hour from Tomika-Seki Interchange (Tokai-Kanjo Expressway)





**BUTAI TOUGE Tourist Center**

518-3 Mimayano, Gero City, Gifu Prefecture



A convenient stop with ample parking on the way into Gero City, this is a great place to shop for souvenirs and locally produced specialty foods, including ultra-premium Gin no Mikazuki rice, Hida Beef, and Nattokuton-brand pork from pigs raised on a special diet for succulent taste.



-  About 50 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 15 minutes by car from Gero Station (JR Takayama Line)




**Tochimoto Farm**

2235 Mimayano, Gero City, Gifu Prefecture



From July through September, this tourist-friendly farm offers sweet-tomato picking. The farm uses organic and semi-organic methods, so it's safe for small children to join in the picking—a great outing for families, and couples too.



-  About 50 minutes from Nakatsugawa Interchange (Chuo Expressway)  
About 50 minutes from Ena Interchange (Chuo Expressway)

## Takasu Area, Gujo City

Get the best of Takasu with an itinerary optimized by locals

Gateway to the Hirugano Plateau and other deep, lush forestlands at the headwaters of the Nagaragawa River. With many ski resorts, winter is high season here. But there is much more to Takasu than the slopes. In other seasons, staff at your accommodations can direct you to appealing activities and dining.

 Eat  Stay  Explore in Takasu, Gujo

**Minshuku Kozaemon**

2821 Owashi, Takasu Town, Gujo City, Gifu Prefecture



As well as lodgings, this minshuku offers affordable ski and snowboard rentals. And it functions as a perfect launchpad for lining up visits to Takasu Area attractions and destinations you'll love.



 About 3 minutes from Takasu Interchange (Tokai-Hokuriku Expressway)



**Minshuku DAINICHISO**

3171 Nishibora, Takasu Town, Gujo City, Gifu Prefecture



This Japanese-style guesthouse offers great access to the area's ski slopes. The decor is "retro pop"—think Japanese mid-century modern. And the owners are happy to tell you about the local scene.



 About 10 minutes from Takasu Interchange (Tokai-Hokuriku Expressway)  
 About 5 minutes' walk from Dainichidake bus stop (Shirotori Bus: Hirugano Line)


**TABI FACTORY**

2223-2 Owashi, Takasu Town, Gujo City, Gifu Prefecture



"Green woodwork" refers to crafting items for everyday use from freshly cut, undried wood using knives and other basic tools. Gain a hands-on appreciation for how working with wood can ground you in the natural world.



 About 5 minutes from Hirugano-kogen Smart Interchange (Tokai-Hokuriku Expressway)

**Gu-ni**

738-6 Owashi, Takasu Town, Gujo City, Gifu Prefecture



Gu-ni is a restaurant that showcases the area's game meat gastronomy. It is operated by a hunter who serves up dishes featuring game he has personally brought in from the wild.



 About 2 minutes from Takasu Interchange (Tokai-Hokuriku Expressway)

**CONTACT** takasunosu

2821 Owashi, Takasu Town, Gujo City, Gifu Prefecture  
<https://takasunosu.com/> Visit website for details (Japanese language only)

## Meiho Area, Gujo City

The natural wonders and fantastic foods of the Meiho Area are calling!

In the Meiho Area of Gujo City, the rhythm of rural life follows the seasons. Spring brings wildflowers and the first tea crop. Summer, farm-fresh vegetables. Autumn has the rice harvest and mushroom foraging. And winter is a time to relish wild game and preserved foods. Meiho's natural beauty and food culture are ready to amaze you through many activities on offer.

 Eat  Stay  Explore in Meiho, Gujo





### Meiho Historical and Folklore Museum

154 Meiho-dera, Gujo City, Gifu Prefecture



Learn about Meiho's countryside culture! Located in a converted historic schoolhouse, this museum exhibits lots of fascinating items that tell the story of local life and livelihoods. In autumn it is a venue for public kabuki rehearsals and performances.



-  About 25 minutes from Gujo-Hachiman Interchange (Tokai-Hokuriku Expressway)
-  About 25 minutes by car from Gujo-Hachiman Station (Nagaragawa Railway)




### Explore the woods with "another home gujo"

Centered on the Meiho Area of Gujo City



Offers activities in the great outdoors suited to each season. One example: learn all about the countryside culture of good old-fashioned river recreation, like how kids can splash around while staying safe.



-  Scan QR code to visit "another home gujo" website for details (Japanese language only)





### Meiho Onsen Yuseikan

3428-1 Meiho-okuzumi, Gujo City, Gifu Prefecture



Along with a soothing soak, enjoy dining and other amenities—even a workspace. Relax knowing the baths are eco-friendly; they are heated using recovered wood resources including forestry wastewood and woodchips.



-  About 35 minutes from Gujo-Hachiman Interchange (Tokai-Hokuriku Expressway)
-  About 35 minutes by car from Gujo-Hachiman Station (Nagaragawa Railway)





### Michi-no-Eki Meiho Roadside Station

1015 Meiho-otani, Gujo City, Gifu Prefecture



The place to stop and shop for souvenirs to finish up your trip to Meiho! Loaded with local products to buy, it also holds events and hands-on programs.



-  About 20 minutes from Gujo-Hachiman Interchange (Tokai-Hokuriku Expressway)
-  About 20 minutes by car from Gujo-Hachiman Station (Nagaragawa Railway)

**CONTACT** Meiho Council for Promoting Food and Experiences

532 Meiho-Futamate, Gujo City, Gifu Prefecture  
A project of Meiho Tourism Network Center

Within Gujo City's borders are many rural villages rich in history and culture. Yet it is relatively easy to get to, making it a great destination for educational trips. In summer, the Gujo Odori Festival is a unique, accessible example of Japan's matsuri festival culture.

 Eat  Stay  Explore in Gujo




### Gujo Odori Festival

Gujo-Hachiman, Gujo City

From mid-July through early September are more than 30 nights of dancing to celebrate the Bon holiday season. A custom dating back to the 17th century, the dance of Gujo Odori was added to the UNESCO Intangible Cultural Heritage List in 2022.



 Scan QR code to visit TABITABI Gujo website for details



### Countryside Stays with Countryside Families

Various Areas of Gujo City

Gujo City has around 50 home-sharing vacation rentals, which are popular for educational tours. The Gujo Tourism Federation helps ensure smooth stays by setting standard check-in and check-out times.



 Scan QR code to visit TABITABI Gujo website for details

## Nishiwara Area, Gujo City

Come to the countryside where clear waters provide good food and good fun

Nishiwara is an area of classic mountain farming hamlets at the headwaters of the Kiso River. Thanks to its abundant springs, it harbors scenic treasures like limestone caves and an alpine lake—as well as culinary treasures.

   Eat Stay Explore in Nishiwara, Gujo



**NISHIWARA BASE**

2525 Miyama, Hachiman Town, Gujo City, Gifu Prefecture



This charming building formerly served as Nishiwara Elementary School but has been repurposed as a base for camping and outdoors activities. It's the centerpiece of NISHIWARA VILLAGE, hosting events such as markets and local festivals.



-  About 15 minutes from Gujo-Hachiman Interchange (Tokai-Hokuriku Expressway)
-  About 15 minutes by car from Gujo-Hachiman Station (Nagaragawa Railway)



**Limestone Caves**

Nishiwara, Gujo City



Miyama Limestone Cave is a very unusual "three-dimensional maze-type pit cave"—one of the largest of its kind in Japan. The otherworldly beauty of Gujo Limestone Cave comes from its underground pools of water. You can just visit and marvel at the underground wonders or try caving with a guide.



-  About 20 minutes from Gujo-Hachiman Interchange (Toka-Hokuriku Expressway)
-  About 20 minutes by car from Gujo-Hachiman Station (Nagaragawa Railway)



**Ondani Lake**

Nishiwara, Gujo City



This artificial lake, the largest in Gujo, was originally created to supply rice paddies with water. Surrounded by mountains, it is a scenic spot offering various outdoor activities year-round. On the north shore is the sacred ground of a water deity. (Please note that access is via a gate and by permission only.)



-  About 15 minutes from Gujo-Hachiman Interchange (Tokai-Hokuriku Expressway)
-  About 15 minutes by car from Gujo-Hachiman Station (Nagaragawa Railway)

**Nishiwara Specialty Foods**

Nishiwara, Gujo City



It all starts with pure mineral-rich spring water that flows in the area's creeks and caves. That water grows Gujo Nishiwara Odori-brand rice and local vegetables, including a large, luscious variety of garlic. Venison-based foods have been created to make use of deer culled as farm pests.

**CONTACT** Nishiwara Countryside Stay Promotion Council

2525 Miyama, Hachiman Town, Gujo City, Gifu Prefecture  
0575-68-2211 nishiwaravillage@gmail.com

## Shirakawa Town

Savor satoyama slow life! Good food and fun amid timeless rural beauty.

Enjoy a workcation amid soothing rural scenery with sparkling rivers. Shirakawa Town offers an expanding choice of lodgings & co-work spaces; plus engagement with locals—as they creatively combine the best of old and new.

 Eat  Stay  Explore in Shirakawa




### Countryside Stay Facilities

Various locations around Shirakawa Town



Many Countryside Stay properties have popped up, inviting you to immerse yourself in the essence of rural Japan. As you connect with locals it's like a trial run for living here!



 Scan the QR code for details (Japanese language only).




### Get a Feel for Farming

Kurokawa District, Shirakawa Town



Some farm work in the open air on one of Kurokawa's thriving organic farms will recharge your batteries. Hear farmers' insights on what relocating here would be like.



 Scan the QR code for details (Japanese language only).




### A Sauna All to Yourself! (Satoyama Sauna Seikoudoku Tomida)

Kurokawa District, Shirakawa Town



A barrel-shaped sauna made of aromatic hinoki cypress creates a luxurious retreat that melts your cares away. Just one of several saunas in Kurokawa!



 Scan the QR code for details (Japanese language only).




### NOH LAND BEER


2412 Kurokawa, Shirakawa Town



A craft brewery founded in 2023 makes beer using organic ingredients grown and gathered locally.



 About 40 minutes from Ena Interchange (Chuo Expressway).

 About 25 minutes by car from Shirakawaguchi Station (JR Takayama Main Line).

**CONTACT** Shirakawa Town Green Tourism Council Office

1869 Kurokawa, Shirakawa Town, Kamo District, Gifu Prefecture shirakawa.green2020@gmail.com

## Yaotsu Town

Discover a local way of life where river trade brought prosperity

About 80% of Yaotsu Town's area is forested, and an important river runs through it. Long ago local people skillfully harnessed water and wind to convert nature's power into prosperity. Through tours, activities, and a stay in an inn or cabin, you can unwind while learning the Yaotsu way of living in harmony with nature.

 Eat  Stay  Explore in Yaotsu Town




### Yaotsu cabin tinyhouse KIIDAKE: Experience "Tiny House" Living

35 Fukuchi, Yaotsu Town, Kamo County, Gifu Prefecture



These two wooden cabins (10 sq m) were designed to embody the importance of using wood and managing forests wisely. The rental includes the surrounding area and gives you a taste of the slow life in Yaotsu.



 About 40 minutes from Kani-Mitake Interchange (Tokai-Kanjo Expressway).  
About 30 minutes from Ena Interchange (Chuo Expressway).




### Auberge AKANE: Shelter in Satoyama Seasons

1220-6 Kutami, Yaotsu Town, Kamo District, Gifu Prefecture



In the Kutami area at about 500 meters in elevation you will find a pristine, lush Old Japan landscape that invites total relaxation. Here the ryokan (Japanese-style inn) AKANE welcomes you with classic aesthetics and cuisine featuring seasonal delicacies.



 About 30 minutes from Kani-Mitake Interchange (Tokai-Kanjo Expressway).

 About 45 minutes from Kani Station (JR Taita Line).




### Japanese Inn Matsuya


3929-3 Yaotsu, Yaotsu Town, Kamo County, Gifu Prefecture



This ryokan (Japanese-style inn) boasts classic architecture and delicious cuisine that express the best of Yaotsu. Since it is right in the center of town, local shops and restaurants are within walking distance, and it makes an ideal base for exploring on foot.



 About 15 minutes from Kani-Mitake Interchange (Tokai-Kanjo Expressway).

 About 10 minutes by car from Naka-Kawabe Station (JR Takayama Line).




### Sustainable Yaotsu

Multiple sites around Yaotsu Town



This group provides tours and activities touching five themes that shape the community: Forest, Water, People, Things, and Heart. Choose from 10+ experiences that are both fun and enlightening as they showcase the Yaotsu way of living in harmony with nature.



 Scan QR code to visit Sustainable Yaotsu website for details.

**CONTACT** Sustainable Yaotsu

3607-8 Yaotsu, Yaotsu Town, Kamo County, Gifu Prefecture  
nohaku802@yaotsu-mall.com

## Kashimo Area, Nakatsugawa City

Deep woods and deep culture centered on centuries of timber industry

This heavily forested area of Nakatsugawa City has a deep heritage of timber-related industries (forestry, construction, etc.), along with agriculture, gastronomy, traditional ceremonies, and traditional performing arts. Connect with the culture and livelihoods of Kashimo!

 Eat  Stay  Explore in Kashimo, Nakatsugawa





## Kashimo Meijiza Theatre

4793-2 Kashimo, Nakatsugawa City, Gifu Prefecture



This theater is a Gifu Prefecture Important Tangible Folk Cultural Property, and a venue for Japan's rural form of kabuki. Tours of the theater are held regularly. In addition to scheduled amateur kabuki performances, you can enjoy classical concerts and other forms of live music.



-  About 45 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 45 minutes by car from Nakatsugawa Station (JR Chuo Line)




## Urakiso Old Growth Forest Guided Walking Tour (Kashimo Urakiso National Forest)

Vicinity of Kashimo Area, Nakatsugawa City



With a registered guide, you can tour deep forests not usually open to the public and walk among 1,000-year-old hinoki cypress and Japanese horse chestnut trees. See where sacred timber has been felled for the Ise Grand Shrine reconstruction. Marvel at the many waterfalls and woodland wonders.

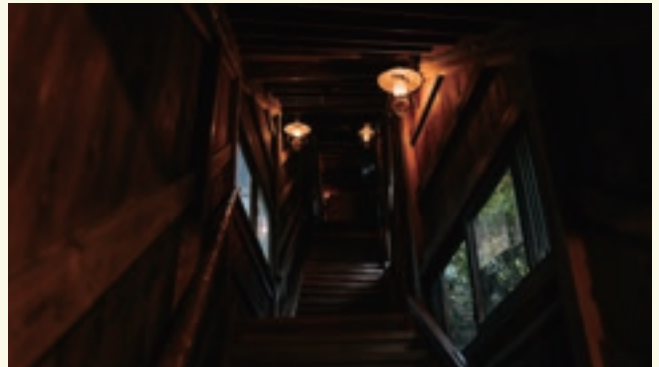


-  Scan QR code to visit the Kashimo Tourism website (Japanese language only)





## Lamp no Yado Doai Onsen

Kashimo-Doai, Nakatsugawa City, Gifu Prefecture



No electricity. No signal for mobile phones. Nothing but serenity awaits you at this secluded ryokan (traditional Japanese inn) deep in the mountains. Have a digital detox as you unwind by lamplight, enjoying the pure alpine air, babbling brooks, and wheeling stars of a sparkling night sky.



-  About 60 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 60 minutes by car from Nakatsugawa Station (JR Chuo Line)





## Yamamori Museum

4092 Kashimo-Kamikuwabara, Nakatsugawa City, Gifu Prefecture



This was the homestead of the Uchiki family, forest managers for the feudal Owari Domain for generations. 30,000+ documents offer a vivid picture of forestry practices and life in Kashimo in centuries past. (Visits require advance reservations.)

-  About 45 minutes from Nakatsugawa Interchange (Chuo Expressway)
-  About 45 minutes by car from Nakatsugawa Station (JR Chuo Line)

## CONTACT

Kashimo Norinpaku Suishin Kyogikai

4872-5 Kashimo, Nakatsugawa City, Gifu Prefecture  
0573-79-3333

## Magome Area, Nakatsugawa City

### Sights and experiences that bring Old Japan back to life

This area once flourished as a post town on the Nakasendo, a key route between Tokyo and Kyoto in samurai times (the Edo period). Its well-preserved historical character and many activities give a glimpse of that traditional way of life. Like travelers of the past, you can lodge right beside the old highway!

 Eat  Stay  Explore in Magome, Nakatsugawa




### Hatago Tawaraya

4303 Magome, Nakatsugawa City, Gifu Prefecture

Tawaraya is a vacation rental in the heart of Magome that retains classic Japanese decor and the atmosphere of the Edo period post town. It includes a hinoki cypress Japanese-style bath to soak in.



 Scan QR code to visit Tawaraya website



### Magome Post Town BASE

463 Magome, Nakatsugawa City, Gifu Prefecture

Magome Post Town BASE is a center for cultural activities such as making gohei-mochi, making soba noodles, having a tea ceremony, and dressing up in period wear.



 Scan QR code to visit "GO!GO!MAGOME" website

## Nakanoho Town, Ena City

## A picture-perfect rice paddy landscape

Nakanoho Town in Ena City boasts iconic Old Japan sights set amid great natural beauty. These include the Sakaori Tanada terraced rice fields and the streetscapes along the historic Kurose-kaido trunk road. Access is easy from Nagoya; captivating countryside awaits you!

 Eat  Stay  Explore in Nakanoho, Ena




## Sakaori Tanada Terraced Rice Fields

Nakanoho Town, Ena City



Named among the official "Top 100 Terraced Paddy Fields in Japan," these were created 400 years ago using beautiful dry-stone walling. They are a signature sight of Old Japan that will soothe your soul.



 Scan QR code at right for Ena-shi Sakaori Tanada Preservation Association website




## Mt. Kasagi

Ena City / Nakatsugawa City



The summit offers superb views encompassing Ena City and Japan's Central Alps. On its slopes you can encounter petroglyphs (ancient rock carvings) like "The Pyramid" and feel the powerful mystique of these monuments.



 About 20 minutes from Ena Interchange (Chuo Expressway)




## Ena Kasagiyama Chestnut Orchard

Nakanoho Town, Ena City



This large chestnut orchard (about 20 hectares) has around 6,500 trees. Each September, on Saturdays, Sundays, and holidays, they hold events at which you can help with the harvest.



 Scan QR code at right for Ena Kasagiyama Chestnut Orchard website (Japanese language only)




## Fudo Falls Direct Sales Store

41-1 Nakanoho Town, Ena City, Gifu Prefecture



Here you can buy fresh produce from local farmers and enjoy rural cuisine for which the area is famous: hoba-sushi and hoba-mochi, both of which are wrapped in magnolia leaves. Or order a meal set featuring rice harvested from Sakaori Tanada and seasonal vegetables.



 About 15 minutes from Ena Interchange (Chuo Expressway)

**CONTACT** Nakanoho Countryside Stay Promotion Council

782-1 Nakanoho Town, Ena City, Gifu Prefecture  
A project of Ena-shi Sakaori Tanada Preservation Association sakaori.tanada.com@gmail.com

## Kadono Area, Akechi Town, Ena City

Escape from the everyday and kick back with countryside camping

For a retro getaway, come to the Kadono Area of Akechi, where the charming rural Akechi Railway runs and the streets turn back time to early 20th-century Japan. Stay in a farmhouse vacation rental or a spacious campground amid serene "satoyama" scenery and abundant natural beauty.

 Eat  Stay  Explore in Akechi, Ena

**Shirataka Farmhouse Stay**

45-1 Sugino, Akechi Town, Ena City, Gifu Prefecture

Shirataka Farmhouse Stay is a vacation rental that encourages you to slow down and soak up the serene "satoyama" scenery. It features a tent sauna for relaxing in the lush forest.



About 50 minutes from Ena Interchange (Chuo Expressway)  
About 50 minutes from Mizunami Interchange (Chuo Expressway)

**Campground (Shirataka Farmhouse Stay)**

45-1 Sugino, Akechi Town, Ena City, Gifu Prefecture

Along clear creeks at the headwaters of the Akechi River, a wide range of campsite options can accommodate your getaway, whether family, group, or solo. You can rent equipment and purchase food to BBQ on site.



About 50 minutes from Ena Interchange (Chuo Expressway)  
About 50 minutes from Mizunami Interchange (Chuo Expressway)

## Kushihara Area, Ena City

Firsthand experience programs let you learn from locals and connect with the community

The Kushihara Area of Ena City consists of lushly forested mountains and Okuyahagi Lake. Relax amid natural beauty. Get to know local people through firsthand experience programs. Meet people who chose to relocate here and discover the draw to come back yourself.

 Eat  Stay  Explore in Kushihara, Ena




### Okuyahagi Recreation Center

1149-2 Kushihara, Ena City, Gifu Prefecture



A retreat in the great outdoors! Once a school, this complex has been reborn as lodgings with numerous amenities—even a gym and pool. Set deep in the mountains, looking out over Okuyahagi Lake, it has campsites, bungalows, and BBQ facilities.



 About 45 minutes from Shidare Interchange (Sanage Green Road)  
About 55 minutes by car from Ena Interchange (Chuo Expressway)




### Okuyahagi Canoeing Trip

Okuyahagi Lake (Ena City, Gifu Prefecture and Toyota City, Aichi Prefecture)



This lake surrounded by forested mountains is the perfect place to try canoeing. Its calm waters are ideal for beginners. Breathe in pure alpine air as you paddle leisurely across the glassy lake.



 Scan QR code at right for details



### Forestry Training

Various Forests in Kushihara Area, Ena City, Gifu Prefecture



Get out into the forest. Learn how it functions and how it needs to be maintained. As you study forestry operations with forestry workers and even get involved firsthand in certain tasks, you will gain a real-world understanding of what makes forestry so appealing.



 Scan QR code at right for details



### Farming & Forestry Real-World Experience

Various Sites Around Kushihara Area, Ena City



Spend two days acquiring firsthand experience of the farming or forestry business and meet people who chose to relocate to this area. A great opportunity for those interested in a career in farming or forestry, or in moving to an area of abundant natural beauty.



 Scan QR code at right for details

**CONTACT** Oku-Yahagi Migration and Settlement Promotion Council

1149-2 Kushihara, Ena City, Gifu Prefecture  
A project of NPO Oku-Yahagi Shinrinjuku 0573-52-2411

## Neo Area, Motosu City

Ride a classic country railway on your way to eco-adventures

The quaint rural Tarumi Railway runs through the Neo Area of Motosu City, famous for its cherry blossoms. Other focal points are agriculture, forestry, and related activities; ores and stratigraphy (geotourism), including ornamental chrysanthemum stone; and BMX sports.

 Eat  Stay  Explore in Neo, Motosu



**Usuzumi-Zakura Cherry Tree**

995 Jodan, Neo-Itasho, Motosu City, Gifu Prefecture



A massive cherry tree 17.3 meters tall and with a trunk 9.4 meters around, the Neodani Usuzumi-Zakura is over 1,500 years old. In bloom in spring, it is a true spectacle that tourists flock to. In other seasons, it reveals other aspects of its magnificent beauty.



-  About 40 minutes from either Ono-Godo Interchange or Yamagata Interchange (Tokai-Kanjo Expressway)
-  About 15 minutes' walk from Tarumi Station (Tarumi Railway)



**Neodani Fault Museum**

512 Neo-Midori, Motosu City, Gifu Prefecture



This building protects a dramatic exposed section of the fault that caused the 1891 Nobi earthquake. It is designated a Special Natural Monument; view a striking piece of Japan's geological heritage.



-  About 45 minutes from either Ono-Godo Interchange or Yamagata Interchange (Tokai-Kanjo Expressway)
-  About 5 minutes' walk from Midori Station (Tarumi Railway)



**Sumiyoshi-ya: The Usuzumi Inn**

127 Neo-Ichiba, Motosu City, Gifu Prefecture



The Usuzumi-Zakura cherry tree was made famous across Japan by the author Chiyo Uno. She stayed in this inn, making it part of literary history. The inn serves cuisine showcasing seasonal ingredients; soba noodles are the signature dish. Souvenirs are also sold.



-  About 40 minutes from either Ono-Godo Interchange or Yamagata Interchange (Tokai-Kanjo Expressway)
-  About 5 minutes' walk from Tarumi Station (Tarumi Railway)


**NEO Camping Park**

1428-1 Neo-Shimo-Osu, Motosu City, Gifu Prefecture



This facility provides convenient campsites with electricity and parking, or the option of staying in two-story cottages. Whether traveling solo or as a family, it's a great place to enjoy the great outdoors.



-  About 60 minutes from either Ono-Godo Interchange or Yamagata Interchange (Tokai-Kanjo Expressway)

**CONTACT** Neo Chiiki Kasseika Suishin Kyogikai

27-7 Neo-Tarumi, Motosu City, Gifu Prefecture  
A project of NEO KAIHATSU LLC. 0581-38-2353

## Yamagata City

Amid serene forests and streams enjoy unique cuisine, crafts, and coworking spaces

Green tourism within easy reach! Yamagata City is readily accessible from Nagoya or Gifu City. Lodgings and activities that invite long-term stays are expanding all the time.

 Eat  Stay  Explore in Yamagata





### Farm Stay Chigo no Mori & Chigo no Mori 2

2787 Kuzuhara, Yamagata City, Gifu Prefecture



In spring 2025, a second house was added to this farmhouse vacation property. The focus of a stay here is healthy, hearty, homestyle food featuring local ingredients. Seasonal rural activities all year round include forage for wild vegetables and herbs, harvesting organic produce, learning about trapping, and cooking with wild game.



-  About 30 minutes from Yamagata Interchange (Tokai-Kanjo Expressway)
-  About 60 minutes by car from Gifu Station (JR Tokaido Line or Takayama Line)



### Kaki BUSHI

51-5 Hirai, Yamagata City, Gifu Prefecture



Yamagata City is famous for its Ijira Omi variety of persimmons, which can be made into kakishibu, an all-natural dye. Kaki BUSHI offers a workshop where you dye a towel, apron, or other textile with your own unique design in lovely shades of orange.



-  Scan QR code at right to visit Kaki BUSHI website for details.





### mizuoto guesthouse

134-2 Kanzaki, Yamagata City, Gifu Prefecture



Perched beside the Enbara River deep in the mountains, mizuoto is a farmhouse-turned-guesthouse that can be rented out fully. Experiences here open your senses to the tranquil environment.



-  About 30 minutes from Yamagata Interchange (Tokai-Kanjo Expressway)
-  About 60 minutes by car from Gifu Station (JR Tokaido Line or Takayama Line)





### Kanzaki Yottecho

118-1 Kanzaki, Yamagata City, Gifu Prefecture



This vacation rental on the Kanzaki River offers ultimate flexibility, set up to function either as a coworking facility or a family retreat. Your group can enjoy BBQing, splashing in the river, and other outdoor fun. The house can also host special events, like setting up a sauna by the river.



-  About 30 minutes from Yamagata Interchange (Tokai-Kanjo Expressway)
-  About 60 minutes by car from Gifu Station (JR Tokaido Line or Takayama Line)

## Mino City

Tune into the way of life in this quaint, classic town with its washi paper tradition

A rich heritage centers on the centuries-old art of Mino Washi paper. Historic streets showcase ornate roof-end firewalls called "udatsu": status symbols for merchants in days gone by. Modern Mino lets you explore fresh ways to combine work and leisure.

 Eat  Stay  Explore in Mino



### NIPPONIA Mino Shokamachi

1912-1 Motozumi Town, Mino City, Gifu Prefecture

Two historic traditional houses facing the Udatsu Wall Historical District were renovated to create this distributed hotel. Book individual rooms or an entire house. A washi paper shop, art gallery, and cafe are located on one site.



-  About 5 minutes from Mino Interchange (Tokai-Hokuriku Expressway)
-  About 15 minutes' walk from Minoshi Station (Nagaragawa Railway)





### WASITA MINO

2240-2 Aioi Town, Mino City, Gifu Prefecture

This stylish office-share occupies a renovated traditional house. Enterprise and individual plans available. (As of March 2025, not available for drop-in use.)



-  About 5 minutes from Mino Interchange (Tokai-Hokuriku Expressway)
-  About 15 minutes' walk from Minoshi Station (Nagaragawa Railway)

**CONTACT** Mino Farm Stay Promotion Council

1912-1 Motozumi Town, Mino City, Gifu Prefecture  
A project of Minomachiya K.K. 0575-29-6611 info@nipponia-mino.jp

## Ukaiya District, Gifu City

## The enchanting Nagara River and its iconic cormorant fishing

A fresh breeze is blowing through Ukaiya District, historically the heart of traditional cormorant fishing (ukai). There's so much to see, eat, and do along the crystal-clear Nagara River, with Mt. Kinka as a beautiful backdrop.

 Eat  Stay  Explore in Ukaiya



**LA LUCANDA**

(2nd Floor) 45-1 Nagara, Gifu City, Gifu Prefecture



An Italian chef serves up an acclaimed fusion of local Nagara River catches with Italian cuisine, featuring ayu sweetfish, loach, mitten crab, and more. The ayu pasta showcases the "sweet" in sweetfish with its mouthwatering aroma and flavor.



-  About 10 minutes from Ginan Interchange
-  About 10 minutes' walk from Ukaiya bus stop (Gifubus)



**UKAIGAKUYA**

39-4 Nagara, Gifu City



This vacation rental is a century-old house on the banks of the sparkling Nagara River, in the heart of the cormorant fishing quarter. The interior retains the charm of Old Japan, but with a renovated bathroom finished in hinoki cypress wood.



-  About 10 minutes from Ginan Interchange
-  About 10 minutes' walk from Ukaiya bus stop (Gifubus)



**&n Nagaragawa River Scape**

45-1 Nagara, Gifu City, Gifu Prefecture



This former timber warehouse was repurposed by people in the northern Nagara River and Ukaiya community to host workshops, events, and businesses that promote enjoyment of the area.



-  About 10 minutes from Ginan Interchange
-  About 10 minutes' walk from Ukaiya bus stop (Gifubus)



**Yui no Fune River Fishing Tours**

45-1 Nagara, Gifu City, Gifu Prefecture



Yui no Fune offers ecotourism on the Nagara River, with a fisherman taking you out on a traditional wooden river skiff. You can learn about the area's sustainable traditions as you wade in the shallows. Also, find out how to row and cast nets.



-  About 10 minutes from Ginan Interchange
-  About 10 minutes' walk from Ukaiya bus stop (Gifubus)

**CONTACT**

**Ukaiya-no-mirai Kyogikai**

45-1 Nagara, Gifu City, Gifu Prefecture info@ukaigakuya.com

## Sunomata Area, Ogaki City

Follow in the footsteps of samurai in a town where history runs deep

A crossroads of Japanese history for more than 1,350 years, Sunomata is on two historic highways: Kamakura Kaido and Minoji. Here stands Sunomata Castle, site of Toyotomi Hideyoshi's first foothold in a career of conquest. You can stay at the Ando residence where passing samurai once lodged.

 Eat  Stay  Explore in Sunomata, Ogaki





### Samurai's Inn Ikedaya Wakihonjin

115 Sunomata, Sunomata Town, Ogaki City, Gifu Prefecture



The house-turned-inn is more than a century old and its Japanese garden dates back to samurai times. It belonged to the Ando family who once ruled this area. Their estate also served as an auxiliary official lodging in the Edo period. The inn's cafe serves basket-steamed creative seasonal cuisine. There is a BBQ in the lawn area. Good Wi-Fi in the guest rooms makes it suitable for workcations too!



-  About 15 minutes from Anpachi Smart Interchange (Meishin Expressway)
-  About 25 minutes' walk from Hozumi Station (JR Tokaido Line)




### Sunomata Gastronomy

Various Sites Around the Sunomata Area



Combine history and gastronomy with a Samurai's Inn soup inspired by Toyotomi and produced by food historian Takako Hirotsato. Craving Italian cuisine? A due passi is a Michelin Bib Gourmand Award-winner. Or keep it Japanese and dine with a view of the castle at Yachigusa. Need a great morning coffee? Nagasakiya is run by an official "Coffee Meister."



-  Scan QR code to visit "Sunomata tabi guide" website (Japanese language only)





### Kishimaya

200 Sunomata, Sunomata Town, Ogaki City, Gifu Prefecture



From this gallery's ceiling hang multitudes of colorful fabric ornaments called tsuribina, which local women have been making for 20 years. You can buy them and learn how to make your own (minimum of two people must sign up).



-  About 15 minutes from Anpachi Smart Interchange (Meishin Expressway)
-  About 25 minutes' walk from Hozumi Station (JR Tokaido Line)





### Sunomata Castle ("Hideyoshi's Overnight Castle")

1742-1 Sunomata, Sunomata Town, Ogaki City, Gifu Prefecture



Along with the area's historical value, the two rivers running through the park around the site of the castle make it a great place for birdwatching and flower-viewing. The riverbank hosts a cherry blossom festival in April and a hydrangea festival in June. October's festival includes a parade in period costumes.



-  About 15 minutes from Anpachi Smart Interchange (Meishin Expressway)
-  About 25 minutes' walk from Hozumi Station (JR Tokaido Line)

#### CONTACT

Ogaki-Minoji Sunomata Council

115 Sunomata, Sunomata Town, Ogaki City, Gifu Prefecture 0584-84-3781  
A project of Samurai's Inn Ikedaya Wakihonjin info@ukaigakuya.com

## Yoro Town

Yoro's pure mountain waters and farm-fresh foods are waiting for you

Thanks to the award-winning waters of Kikusui Spring, Yoro's local ingredients and gastronomy are superb. Don't just dine; stay the night and see spectacular sights like Yoro Waterfall and the mind-bending art monument "Site of Reversible Destiny."

 Eat  Stay  Explore in Yoro

**Senzairo**

1079 Yoro-koen, Yoro Town, Yoro County, Gifu Prefecture

This historic ryokan (traditional Japanese-style inn) offers various ways to relax: you can taste herbal teas from revered Mt. Ibuki, unwind in a mugwort steam bath, and enjoy cuisine with delectable Hida Beef.



About 10 minutes from Yoro Interchange (Tokai-Kanjo Expressway)



About 5 minutes by car from Yoro Station (Yoro Railway)

**AGRI ONO**

922 Shimogasa, Yoro Town, Yoro County, Gifu Prefecture

AGRI ONO is committed to earth-friendly farming that minimizes agrochemicals. It offers hands-on farm activities year-round: plant rice in spring, harvest it in autumn, and pick various vegetables in their season.



About 5 minutes from Yoro Interchange (Tokai-Kanjo Expressway)



About 10 minutes by car from Yoro Station (Yoro Railway)

**CONTACT**

**Yoro Countryside Stay Promotion Council**

796-1 Iida, Yoro Town, Yoro County, Gifu Prefecture  
A project of Pure Home Ltd. 0584-32-4416 purehome@purehome.jp



Car



Bus



Train

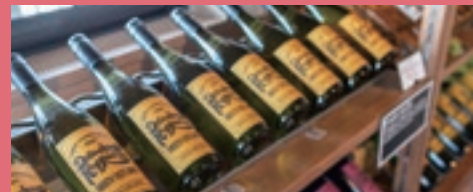


# AICHI

## COUNTRYSIDE STAYS GUIDE



1. Inabu Area, Toyota City
2. Asuke District, Toyota City
3. Nukata Area, Okazaki City
4. Isshiki Town, Nishio City
5. Shinshiro City
6. Tahara City
7. Tokoname City
8. Minami Chita Town



## Inabu Area, Toyota City

Many ways to stay and enjoy the natural beauty and local color

Inabu has great things to see and do in every season, with itineraries tailored to you. In spring, view cherry blossoms. In summer, have fun in the river or help with the harvest. Autumn offers leaves ablaze with color. And winter's seas of clouds and frosted trees create stunning spectacles.

Eat Stay Explore in Inabu, Toyota



### KAZE NO NIWA

2-5 Koshidawa, Noiri Town, Toyota City, Aichi Prefecture



This renovated farmhouse is now a quaint cafe that also offers stays. The owners roast their own fair-trade, organic coffee and they themselves add to a sense of place.



About 50 minutes from Chikaraishi Interchange (Sanage Green Road)  
About 55 minutes from Ena Interchange (Chuo Expressway)



### hibi

8-1 Tahira, Inabu Town, Toyota City, Aichi Prefecture



hibi is a B&B sharing a site and country-chic style with a cafe called hitotoki and a showroom for the owners' handcrafted wooden furniture and household items—which also decorate hibi and hitotoki.



About 40 minutes from Chikaraishi Interchange (Sanage Green Road)  
About 45 minutes from Ena Interchange (Chuo Expressway)  
 About 2 minutes' walk from Inabu bus stop (Toyota Oiden Bus: Inabu-Asuke Line)



### Seiryutei Ryokan

45 Koizawa, Inabu Town, Toyota City, Aichi Prefecture



At this atmospheric onsen ryokan (traditional Japanese-style inn), guest rooms have their own hot spring baths, so you can soak as long as you like. Make it your own mystical mountain retreat! (Even if you're not staying the night, you can still visit the onsen.)



About 45 minutes from Chikaraishi Interchange (Sanage Green Road)  
About 50 minutes from Ena Interchange (Chuo Expressway)  
 About 5 minutes' walk from Inabu bus stop (Toyota Oiden Bus, Inabu-Asuke Line)



### Hotel Okadaya

213-2 Tanohora, Busetsu Town, Toyota City, Aichi Prefecture



At Hotel Okadaya, dine on delicious food made with local, seasonal ingredients. Then stroll the path along the Naguragawa River, breathing pure mountain air full of healthful negative ions, to refresh your energy.



About 40 minutes from Chikaraishi Interchange (Sanage Green Road)  
About 45 minutes from Ena Interchange (Chuo Expressway)  
 About 3 minutes' walk from Inabu bus stop (Toyota Oiden Bus: Inabu-Asuke Line)

**CONTACT**

**INABU Convention Bureau (Office)**

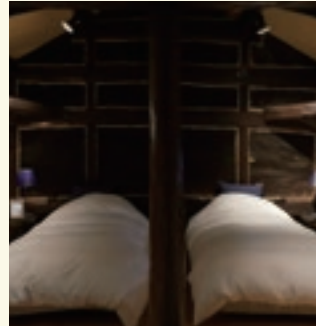
1-1 Takenoshita, Inabu Town, Toyota City, Aichi Prefecture  
A project of Inabu Tourism Associationn 0565-77-6283

## Asuke District, Toyota City

Rent out an entire traditional farmhouse in a quaint rural setting.

THE NINJA MANSION nestles in a village of 15 traditional farmhouses. It makes a perfect base for immersive cultural experiences and outdoor activities like solo camping.

 Eat  Stay  Explore in Toyota·Asuke





### THE NINJA MANSION

15 Shimosagiri Hikage, Toyota City, Aichi Prefecture

A 150-year-old farmhouse renovated into a unique vacation rental featuring activities like an outdoor sauna and cooking gohei-mochi—a famed local dish.



-  About 10 minutes from Toyota-Matsudaira Interchange (Tokai-Kanjo Expressway).
-  25 minutes by car from Toyotashi Station (Meitetsu Toyota Line).



### Weddings and Photo-weddings at THE NINJA MANSION

15 Shimosagiri Hikage, Toyota City, Aichi Prefecture

THE NINJA MANSION's Old Japan charm offers the perfect cozy atmosphere for a wedding with close family, or a photo-wedding.



-  Scan QR code to visit THE NINJA MANSION website for details.

## Nukata Area, Okazaki City

## Escape to Deep Japan: lush countryside that offers fine foods and unforgettable experiences

Nukata offers such scenic highlights as Zemanjo's terraced rice fields and groves of mitsumata (which flowers dramatically in March). Flagship local products from this pristine environment include small-crop Mineasahi rice, Japanese yams, ayu sweetfish, tea, and yuzu. You can eat and also try making various foods from these ingredients.

 Eat  Stay  Explore in Nukata, Okazaki



**MIYAKAZIEN Hitosaji**

8 Aino, Ishihara Town, Okazaki City, Aichi Prefecture



MIYAKAZIEN is a tea wholesaler, in business for 200 years. They sell a curated selection of fine teas and operate an in-house cafe with views of the tea fields. Each summer starting in late June, gourmet shaved ice is a popular addition to the menu.



-  About 15 minutes from Okazaki-higashi Interchange (Shin-Tomei Expressway)
-  About 25 minutes by car from Motojuku Station (Meitetsu Nagoya Line)



**Nukata Taiken-mura / CAFE Yuzuki**

38 Teiguchi, Ishihara Town, Okazaki City, Aichi Prefecture



Nukata Taiken-mura offers activities like harvesting organic yuzu and making various yuzu-based foods. Dine on delicious dishes in the adjoining cafe.



-  About 20 minutes from Okazaki-higashi Interchange (Shin-Tomei Expressway)
-  About 25 minutes by car from Motojuku Station (Meitetsu Nagoya Line)



**Otogawa River Fishing Weir**

23 Himukai, Awabuchi Town, Okazaki City, Aichi Prefecture



At the Otogawa River Fishing Weir, you can catch ayu sweetfish with your bare hands from mid-May through autumn. In other seasons you can try your hand at making fresh soba noodles from Nukata-grown buckwheat, or making konnyaku.



-  About 10 minutes from Okazaki-higashi Interchange (Shin-Tomei Expressway)
-  About 15 minutes by car from Motojuku Station (Meitetsu Nagoya Line)



**nozomi: Traditional Farmhouse Vacation Rental**

68-3 Kojiro, Ishihara Town, Okazaki City, Aichi Prefecture



This vacation rental is a renovated 70-year-old farmhouse. It offers great flexibility, can accommodate groups of more than 10, and is pet-friendly. It is designed to be accessible to serve those with special needs.



-  About 15 minutes from Okazaki-higashi Interchange (Shin-Tomei Expressway)
-  About 25 minutes by car from Motojuku Station (Meitetsu Nagoya Line)

**CONTACT**

**Okazaki Nukata Brand Kyogikai**

21-1 Yamanokami, Kashiya Town, Okazaki City, Aichi Prefecture  
A project of Okazaki City Chusankan Seisaku-ka 0564-82-4123

## Isshiki Town, Nishio City

Enjoy the pure relaxation of a laid-back seaside getaway.

Isshiki faces scenic Mikawa Bay. Sakushima—the “Island of Art”—is just offshore. It’s a great place to feast on freshly caught seafood from the bay. One-of-a-kind sights, strolls, and special experiences are waiting for you!

Eat Stay Explore in Isshiki, Nishio



Ohirune House [Nap House] / Yuki Minamikawa



Kamome-no-Chushajo  
[Seagull Carpark] / Takahito Kimura



East House / Yuki Minamikawa



### Sakushima Island

Let the slow life of this unique island enchant you. Travel back in time in the narrow streets of quaint fishing villages—and encounter whimsical art installations.



About 20 minutes by ferry from the Sakushima Ferry Terminal



### Unagi Dokoro Isshiki

176 Koyabu Funae Higashi, Isshiki Town, Nishio City, Aichi Prefecture



Isshiki is among Japan’s foremost producers of farmed eel (unagi). This eatery serves mouthwatering cuisine featuring local Isshiki unagi.



About 40 minutes from Handa Interchange (Chitahanto Road)  
About 50 minutes from Okazaki Interchange (Tomei Expressway)



### UZUIRO

31 Matsukijima Enoki, Isshiki Town, Nishio City, Aichi Prefecture



This shop showcases its own brand of textiles and apparel. A hands-on workshop lets you work with natural plant dyes (like Nishio matcha) to make a one-of-a-kind item.



About 40 minutes from Handa Interchange (Chitahanto Road)  
About 50 minutes from Okazaki Interchange (Tomei Expressway)

**CONTACT**

**Nishio South Bay Area Council**

176 Koyabu Funae Higashi, Isshiki Town, Nishio City, Aichi Prefecture  
A project of Nishio City Hall's Sakushima Island promotion department 0563-72-9607

## Horai Eastern Area, Shinshiro City

### Okumikawa's pristine rural beauty will inspire you to connect deeply and tackle new challenges

Beyond the showpiece scenery of austere mountain temples and verdant terraced rice fields, the charm of Japan's traditional countryside life glows brightly in this rural corner of Shinshiro City. The community is welcoming to the world. And once you've experienced life here, with its plum orchards, old farmhouses turned into lodgings, and so much more, you'll feel connected.

 Eat  Stay  Explore in Shinshiro



#### Hihumi 1.2.3.

Vicinity of Mt. Horaiji



A couple who moved from Australia to live in an old farmhouse in the Atera area now run a travel business. They offer guided tours in English around Mt. Horaiji.



 Scan QR code to visit "Hihumi 1.2.3." website




#### Okumikawa Horai Nikusho Kadoya / Shokudo spoon


42 Matsusawa, Kamiyoshida, Shinshiro City, Aichi Prefecture



A 3rd-generation family butcher offers meaty bento meals and restaurant dining, drawing foodies from far and wide. Feast on original recipes with generous portions of meat in the cozy atmosphere of a renovated classic Japanese farmhouse.



 About 20 minutes from Shinshiro Interchange (Shin-Tomei Expressway).

 6-minute walk from Toresen-mae bus stop (Shinshiro City S Bus).



#### Shinshiro Kikkorys / Ishiro Forest


37 Ishiro Ogaitsu, Shinshiro City, Aichi Prefecture



An independent forester dedicated to forestry practices that enhance disaster resilience, Shinshiro Kikkorys works to connect city people to the forest through activities like educational outings for school kids and guided tours for visitors (forestry pros or tourists).



 About 10 minutes from Horaikyo Interchange (San-En Nanshin Expressway).

 About 15 minutes' walk from Yuya-Onsen Station (JR Iida Line).



#### Community&Stay SO

19-1 Toyooka Okunodaira, Shinshiro City, Aichi Prefecture



This unique farmhouse vacation rental was lovingly renovated in retro-modern style using salvaged and upcycled material and "new old stock." It's a beacon for people activating the community in the Horai area.



 About 8 minutes from Horaikyo Interchange (San-En Nanshin Expressway).

 About 15 minutes' walk from Mikawa-Makihara Station (JR Iida Line)

**CONTACT**

**Okumikawa Country Living Promotion Council Office**

16-1 Miyanoushiro, Shinshiro City, Aichi Prefecture A project of NPO Okumikawa Inaka Kurashi-tai

## Tahara City

Find your next favorite experience on the Atsumi Peninsula where flowers, farms, and fishing flourish

Covering much of the Atsumi Peninsula, the "Peninsula of Flowers," Tahara City is Japan's top flower-growing area. Check out the "densho kiku" greenhouses that light up at night to give chrysanthemums extra hours of light to grow. Annual events include the Nanohana Festival with stunning fields of rapeseed. Or try cycling, surfing, and Japan's newest hot spring destination: Irago Onsen, which began serving bathers in April 2022.

 Eat  Stay  Explore in Tahara




### Irago Onsen Hot Spring (Choice of Nine Accommodations)

All areas of Tahara City



Irago Onsen is Japan's most recently developed hot spring. Its slightly alkaline water is hailed as a beauty bath that leaves your skin smooth. This new flagship destination on the Atsumi Peninsula features nine different accommodation options.



 Scan the QR code to visit Irago Onsen website (Japanese language only)



### 55 Activities to Choose From through Tourism Experience Exhibition "Go-around Tahara"

All areas of Tahara City



Doronko-Mura's "one-planet lifestyle farm stay" introduces life in harmony with the Earth from "eat-what-you-grow" farmers. This is just one of a wide range of unforgettable farming and fishing experiences that will make you want to keep coming back.



 Scan the QR code to visit official website for bookings (Japanese language only)




### "The Best Shellfish Peninsula in Japan"


Irago Area, Tahara City



Surrounded on three sides by the ocean, the Atsumi Peninsula is famous for its shellfish. As you dine on delicacies like clams, oysters, and mussels at various spots around Tahara, you'll have a chance to learn how the local custom of eating shellfish has been going strong from 3,000 years ago right up to today.



 About 90 minutes from Otowa Gamagori Interchange (Tomei Expressway)

 About 60 minutes by Toyohashi Rail Road bus from Mikawatahara Station (Toyohashi Rail Road Atsumi Line)




### Michi-no-Eki Roadside Stations of Tahara Tahara Mekkun House, Akabane Loco Station, Irago Cristal Porte



Tahara City has three roadside stations, each offering shopping with a distinct focus: produce, flowers, and seafood. They also serve as hubs for tourism info and services, including bicycle and car rentals and ferry access.



 Scan the QR code to visit Tahara WEB Michi-no-Eki website (Japanese language only)

**CONTACT** Tahara City Farm Stay Promotion Council (Office)

5-74 Higashi-Akaishi, Tahara City, Aichi Prefecture  
A project of Tahara Tourist Information Service Center 0531-23-2525

## Tokoname City

The “City of Pottery” is also a culinary center featuring local produce and seafood

Most famous for its unique streetscapes based on a long history as a ceramics center, Tokoname today is a hub for local delicacies. Around the city nori harvesters, egg farmers, winemakers, and more serve and sell delicious food.

Eat Stay Explore in Tokoname



### Cocoterrace no Oka

249-1 Otani Ashibasama, Tokoname City, Aichi Prefecture



An egg farm set up this "egg-centric" attraction with a restaurant, bakery, and market that offer tasty dishes, desserts, etc., made with the company's very own eggs.



- 5 minutes from Taketoyo Interchange (Minami Chita Road)
- 5-minute walk from Kita-otani bus stop (Grün Community Bus)



### Sunset Walker Hill

130 Kanayama Johakuda, Tokoname City, Aichi Prefecture



Operated by a local winery that grows its own grapes, this farmhouse restaurant serves cuisine featuring local Chita beef and locally grown produce.



- 7 minutes from Tokoname Interchange (Chita Odan Road)
- 25-minute walk from Kabaikae Station (Meitetsu Tokoname Line)



### Onizaki Nori

Onizaki Fishery Cooperative Association, Tokoname City



Harvested from nutrient-rich waters fed by three major rivers, Onizaki Nori is famously flavorful. Tours of nori production facilities are sometimes held.



- Scan the QR code to visit the Tokoname Fudo website (Japanese only)



### Tokoname Pottery Footpath

Sakae Town, Tokoname City, Aichi Prefecture



Don't miss the City of Pottery's scenic stroll route that starts at Tokoname Ceramic Hall. Pick up a map to guide you along picturesque winding alleys.



- 4 minutes from Tokoname Interchange (Chita Odan Road)
- Short walk from Tokoname Ceramic Hall bus stop (Grün Community Bus)

## Minami Chita Town

Warm weather and good fishing promise you fun hands-on experiences

Island getaways on Shinojima or Himakajima... hands-on fishing in sheltered inlets of Ise Bay... farming fun taking advantage of Minami Chita's warm climate... there's so much to do and learn!

Eat Stay Explore in Minami Chita



### Go Fishing on a Charter Boat

Minami Chita Town / Ise Bay



Charter a fishing boat and head out on the bay to fish its bountiful waters. Even first-time fishermen and kids can do it! (Available April to November.)



Scan the QR code to visit the Flatto Minami Chita website for details



### Make Your Own Sun-Dried Fish

Minami Chita Town / Himakajima Island



Himakajima is famous for sun-dried seafood. Try your hand at making it! Very popular for educational tours.



Scan the QR code to visit the Flatto Minami Chita website for details



### Pick Grapefruits and Bananas

Chita Fruit Village



In this warm climate, grapefruit and banana farming thrive. You can pick your own! March and April for grapefruit; bananas are from October to June.



Scan the QR code to visit the Flatto Minami Chita website for details



### Tourism Farm Hana Hiroba

48 Takamidai, Toyooka, Minamichita Town, Chita District, Aichi Prefecture



During the year close to 20 types of flowers can be viewed and picked in their season. The farm's field of sunflowers is a highlight, blooming June through December.



- About 5 minutes from Toyooka Interchange (Minamichita Road)
- About 10 minutes' walk from Hana Hiroba-Mae bus stop (Umikko Bus)

**CONTACT**

**Minami Chita Countryside Stay Promotion Council**

31-2 Utsumimazukari, Minami Chita Town, Chita District, Aichi Prefecture  
A project of the Chita Peninsula Tourism Council. 0569-62-3100



# M I E

## COUNTRYSIDE STAYS GUIDE



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17. Kihoku Town
18. Sugari Area, Owase City
19. Kumano City



## Kameyama City

In Kameyama, walk back into history while enjoying great food and experiences

Kameyama City is home to a nationally designated Preservation District for Groups of Traditional Buildings: Sekijuku, a Tokaido highway post town. Another facet of local history is a link to Prince Yamato Takeru of antiquity. The city is using these unique resources to promote tourism that builds connections to the community.

 Eat  Stay  Explore in Gero





### AIZUYA: Dining & Traditional Cookstove Experience in Sekijuku

1771-1 Shinjo, Seki Town, Kameyama City, Mie Prefecture

One of the premier inns of Sekijuku in its post town days, today AIZUYA serves heart-warming, traditional Japanese dishes like the chewy rice dish sansai okowa, and kaido soba with a sumptuous broth. Enjoy a lesson in how to get a fire going in their classic kamado cookstove.



-  About 5 minutes from Kameyama Interchange (Higashi-Meihan Expressway)
-  About 10 minutes' walk from Seki Station (JR Kansai Line)




### Mitsumata-Viewing Walk in Tenku no Mori

664-2 Shinjo, Seki Town, Kameyama City, Mie Prefecture

Mitsumata is a bush that flowers dramatically in mid-to-late March. During that period, forest walk outings are held to see the groves in bloom. (Only held on weekends due to construction on the Shin-Meishin Expressway.)



-  Scan the QR Code for Kameyama City Tourism Association website

Come to Iga, "the home of the ninja," for fun activities

Tune into the resourceful spirit of the ninja with athletic challenges like a ninja-themed trail run and make-it-yourself campground food workshops. All in Iga: the home of the ninja.

Eat Stay Explore in Iga



**Ninja Trail Run**

Oyamada Area, Iga City, Mie Prefecture

A ninja-inspired trail running race is held every year in the mountains of Iga, where real ninja once trained.



Scan the QR code to visit Ninja Trail Run website



**SOUZONE Spa Camp Field**

2953 Kamiawa, Iga City, Mie Prefecture

Located in the Oku-Iga area, this expansive camping facility has various options, including vehicle camping. There's an on-site hot spring, ninja-themed athletic activities, and camp kitchens for baking bread and making konjac.



About 15 minutes from Minamizaike Interchange (Meihan Expressway)

About 20 minutes by car from Tsuge Station (JR Kansai Line)

**CONTACT** Iga Ninja Creation Project

2953 Kamiawa, Iga City, Mie Prefecture  
info@sarubino.com

## Kawakita and Hirose Areas, Iga City

Stays that will show you a new side of the countryside!

Need a break from big-city stress? Welcome to a travel concept called "Weekend Country Life!" Embrace nature's seasons through farming and forestry programs that connect you meaningfully with local residents. Gain an appreciation for country values that can enhance your own lifestyle.

 Eat  Stay  Explore in Kawakita and Hirose





### cafe365nichi: A Farmhouse Cafe

992 Hirose, Iga City, Mie Prefecture



This old farmhouse was renovated into a cafe as part of a mission to breathe new life into vacant homes and create local jobs. Each day's menu features country cooking made by local people using fresh, seasonal local ingredients!



-  About 20 minutes from Nakase Interchange (Meihan Expressway)
-  About 20 minutes by car from Iga-Kambe Station (Iga Railway, via Kintetsu Railway)




### Countryside Wedding

Locations in Iga City, in and around the Kawakita and Hirose Areas



Make the warmth and wholesomeness of country life part of your lifelong wedding memories! Imagine taking part in unforgettable events like a traditional Japanese-style bridal procession or a rice paddy wedding ceremony.



-  Scan the QR code to visit Kawakita and Hirose Regional Council website (Japanese language only)




### Rice Paddy Camping

Kawakita and Hirose Areas of Iga City



In the agricultural off-season, camp out at a rice paddy and learn about the role they play in growing rice—Japan's foundational food. By getting to know rice farmers, you'll gain new insights into farming.



-  Scan the QR code to visit Kawakita and Hirose Regional Council website (Japanese language only)




### Chainsaw Lessons

Forests Around the Kawakita and Hirose Areas of Iga City



Chainsaws and brush cutters are essential tools of modern forest management. Receive instruction from pros who use these machines in their work. You will feel more in touch with the forest and the effort needed to manage it wisely.



-  Scan the QR code to visit Shichiten Battou website (Japanese language only)

## Shiratsuka and Kawage Areas, Tsu City

Unwind in a coastal destination with the feel of a laid-back tropical getaway

Shiratsuka and Kawage are coastal areas of Tsu City, home to a thriving fishing industry. Marina Kawage is a seaside resort providing an ideal base for fun in the sand and surf. Make sure to try local delicacies, especially the seafood!

 Eat  Stay  Explore in Shiratsuka • Kawage



### Marina Kawage

854-3 Higashi-chisato, Kawage Town, Tsu City, Mie Prefecture

Marina Kawage is the largest marina for small leisure craft in Mie Prefecture. It offers seaside resort amenities including accommodations, restaurants and more. Also, plenty of ways to enjoy sun and sea, including kayaking.



-  About 30 minutes from Suzuka Interchange (Higashi-Meihan Expressway).  
About 30 minutes from Geino Interchange (Ise Expressway).
-  About 10 minutes' walk from Chisato Station (Kintetsu Nagoya Line).



### EL CABALLO

862 Higashi-Chisato, Kawage Town, Tsu City, Mie Prefecture



This equestrian club offers the rare and exhilarating chance to go horseback riding in a relaxing beachfront setting! This is the only place in Mie where you can ride a horse on the beach!



-  About 30 minutes from Suzuka Interchange (Higashi-Meihan Expressway).  
About 30 minutes from Geino Interchange (Ise Expressway).
-  About 15 minutes' walk from Chisato Station (Kintetsu Nagoya Line).




### Michi-no-Eki Tsu-Kawage Roadside Station:

255-4 Miyuki, Kawage Town, Tsu City, Mie Prefecture



At this roadside station you can shop from a great selection of local specialty products: seafood, produce, and more. It takes pride in selling "the best of our seas, the best of our land, the best of our city," all in one place.



-  About 20 minutes from Tsu Interchange (Ise Expressway).
-  About 15 minutes' walk from Chisato Station (Kintetsu Nagoya Line).

**CONTACT** Shiratsuka Kawage Area Nagisa Stay Promotion Council Office

854-3 Higashi-Chisato, Kawage Town, Tsu City, Mie Prefecture  
A project of Marina Kawage Co., Ltd. 059-245-5001

## Ozato-Mutsuai Town, Tsu City

Connect with local farmers and deep culture in this village with 1,000+ years of history

Connect with initiatives to reinvent local farm products and food culture and ensure the village thrives for another 1,000 years. Take this chance to try experiences that deepen understanding, both with locals and among your group, while staying in Ozato-Mutsuai. Accessible by bus or taxi from Tsu Station.

 Eat  Stay  Explore in Ozato-Mutsuai, Tsu



### Tarafuku Rice Farm: Experience Cutting-Edge Agriculture

1211 Ozato-Mutsuai Town, Tsu City, Mie Prefecture



Learn how the latest technologies, including drones, are being used in smart rice farming! From planting to harvest to soil management, digital tools are shaping the future of sustainable farming. This farm's programs let you learn firsthand!



 Contact Tarafuku Rice Farm for details



### Noda Beika: Arare Rice Cracker Factory Experiences


233 Ozato-Mutsuai Town, Tsu City, Mie Prefecture



This company has been making crunchy arare crackers using select mochi rice for nearly 100 years. Tours and workshops related to the production process are in development. Learn how first-rate ingredients are turned into a tasty snack food!



 About 10 minutes from Geino Interchange (Ise Expressway)

 About 5 minutes' walk from Nishi Mutsuai bus stop (Mie Kotsu Bus)



### Pasta Stadium Yorokoba SHOKUDOU


2580-3 Ozato-Mutsuai Town, Tsu City, Mie Prefecture



This popular eatery serves up pizzas, pastas, and cookies made with local whey, wheat, and vegetables. Notable for a farm-to-fork supply chain and support for local artists!



 About 10 minutes from Geino Interchange (Ise Expressway)

 About 5 minutes' walk from Nishi Mutsuai bus stop (Mie Kotsu Bus)




### Renovated Farmhouse Vacation Rental

Ozato-Mutsuai Town, Tsu City, Mie Prefecture



A perfect base for sightseeing far and wide in the region. This 100-year-old traditional farmhouse has been boldly renovated but retains nostalgic features like an old-fashioned cookstove for rice.



 Contact Tarafuku Rice Farm for details

#### CONTACT

**Shin-sennen Soshutsu Kyogikai**

1211 Ozato-Mutsuai Town, Tsu City, Mie Prefecture info@tarafuku.org A project of Tarafuku Rice Farm

## Sakakibara Area, Tsu City

Relax at one of Japan's most storied hot springs with food and fun options for everyone

Ranked as one of Japan's top three hot springs, Sakakibara Onsen is immensely historic, having drawn visitors for 1,500 years. It was even praised in "The Pillow Book," a monument of world literature written by Sei Shonagon more than a millennium ago. Now the area is writing a new chapter with new facilities and experiences to offer. Consider combining your visit with a trip to Ise-Shima or Iga.

Eat Stay Explore in Sakakibara, Tsu



### Ryokan Stay at Sakakibara Onsen (Choose among 5 Japanese-style inns)

Sakakibara Town, Tsu City



Each of the several ryokan at Sakakibara Onsen provide a tranquil retreat in a beautiful natural setting. The alkaline spring waters are famed for their skin-enhancing benefits.



Scan the QR code to visit Sakakibara Onsen website (Japanese language only)



### Universal Design Tourist Farm

16161 Sakakibara Town, Tsu City, Mie Prefecture



A tourist farm is being developed with full disabled accessibility for activities like harvest experiences and buying fresh produce. (Scheduled to open in 2026.)



### CHILL SEVEN Tent Sauna

6058-2 Sakakibara Town, Tsu City, Mie Prefecture



Enjoy a supremely relaxing sauna experience amid the great outdoors, courtesy of the steamy therapy of an herbal tent sauna using Sakakibara Onsen's natural mineral water.



About 20 minutes from any of the following three interchanges: Tsu/Geino/Hisai (Ise Expressway)

About 10 minutes by car from Sakakibara-onsenguchi Station (Kintetsu Osaka Line)  
About 30 minutes by car from Hisai Station (Kintetsu Nagoya Line)



### Yunose Sakakibara Onsen (Municipal Public Bath/Dining/Lodging Complex)

6103 Sakakibara Town, Tsu City, Mie Prefecture



At this complex, you can stop by to soak in the day-use hot spring and taste local countryside cuisine. Or stay the night: accessible rooms are available, and there is an attached campsite if you prefer to camp.



About 20 minutes from any of the following three interchanges: Tsu/Geino/Hisai (Ise Expressway)

About 10 minutes by car from Sakakibara-onsenguchi Station (Kintetsu Osaka Line)  
About 30 minutes by car from Hisai Station (Kintetsu Nagoya Line)

CONTACT

Sakakibara Area Countryside Stay Promotion Council

5108-1 Sakakibara Town, Tsu City, Mie Prefecture  
A project of Tsu City Hisai Sogo-shijo Chiki Shinko-ka 059-255-8819

## Hakusan Town (North Side), Tsu City

Experience typical Japanese farm life with Filipino flavor

This mountainous part of Hakusan Town abounds in natural beauty. Culinary adventures with an international twist await. Join in roasting wild boar and other game meats. You can also experience activities related to growing and processing fruits like papaya.

 Eat  Stay  Explore in Hakusan, Tsu





### Guest House Ilonggo

1647 Sada, Hakusan Town, Tsu City, Mie Prefecture



This farmstay guest house blends Filipino flair with classic Japanese countryside life. Savor cross-cultural culinary experiences like cooking Lechon Manok (whole-roasted Filipino-style chicken), making nagashi-somen, or using a traditional Japanese kamado cookstove. Pets and children are welcome.



-  About 25 minutes from Hisai Interchange (Ise Expressway)
-  About 5 minutes' walk from Sakakibara-onsenguchi Station (Kintetsu Osaka Line)





### Cafe mofu mofu

1090-1 Furuichi, Hakusan Town, Tsu City, Mie Prefecture



This log cabin renovated into a cafe hosts a variety of workshops. Don't miss the papaya cake, a unique recipe made with Hakusan-grown tea leaves.



-  About 20 minutes from Hisai Interchange (Ise Expressway)
-  About 5 minutes by car from Sakakibara-onsenguchi Station (Kintetsu Osaka Line)



### Hakusan Tisane Trio

(Papaya Leaf, Blueberry Leaf, Strawberry Leaf)

Hakusan Town, Tsu City



These powdered herbal teas are made from the leaves of local, organically grown fruit. Rich in polyphenols (known for their antioxidant effects), sipping these teas is a healthy, relaxing daily routine.





### river park mami

871 Mami, Hakusan Town, Tsu City, Mie Prefecture



Across the Kumozugawa River is an ancient World Heritage Irrigation Structure: the Minami-ieki-kawaguchi-yusui Irrigation System. Meanwhile, this park offers many modern facilities on and along the river, including a BBQ area.



-  About 25 minutes from Hisai Interchange (Ise Expressway)
-  About 15 minutes' walk from Ieki Station (JR Meisho Line)

#### CONTACT Landing in HAKUSAN

1647 Sada, Hakusan Town, Tsu City, Mie Prefecture  
A project of Guest House Ilonggo landinginhakusan@gmail.com

## Misugi Area, Tsu City

Stay and play in a way that connects with the community

Misugi is largely covered by lush woodlands (including national park land) so it's no surprise that forestry thrives here—and that it was the first certified "Forest Therapy Base" in the Tokai region. Appealing accommodations and activities make the most of the great outdoors.

 Eat  Stay  Explore in Misugi, Tsu




### Misugi's Natural and Historical Highlights

Various Sites around Misugi Area of Tsu City



Mitake-no-Sakura is ranked among the top 100 cherry blossom viewing spots. Kitabatake Gardens is one of the nation's top 3 best-preserved samurai gardens. And Kawakamisan Wakamiya Hachimangu is THE oldest shrine of its kind, founded in the 5th century. Plus much more, like historic post towns along the Ise Honkaido highway!



 All sites within 15-20 minutes by car from Misugi Resort




### Experiences Made in Misugi

Various Sites around Misugi Area of Tsu City



So many appealing activities are waiting for you! De-stress with forest therapy or Zen meditation. Create a keepsake with a woodworking or straw-craft lesson. Explore history with a tour of the Ise Honkaido pilgrimage route.



 Scan QR code to visit Inaka Tourism website




### Wild Game Cuisine (Venison)


5990 Yachi, Misugi Town, Tsu City, Mie Prefecture



Serving more venison is a sustainable and savory solution to the serious issue of deer overpopulation. Now this mouthwatering meat is on the menu at Misugi Resort and some farmhouse stays.



 About 40 minutes from Hisai Interchange (Ise Expressway)

 About 15 minutes' walk from Ise-Yachi Station (JR Meisho Line)




### Meet the People of Misugi

Various Sites around Misugi Area of Tsu City



It's said that travel is above all about the people you meet. The Inaka Tourism Promotion Council's concept of "connect with the community" makes it easy to engage warmly with the local people who make Misugi such a special place in Japan.



 Scan QR code to visit Inaka Tourism website

#### CONTACT

**Inaka Tourism Promotion Council**

5990 Yachi, Misugi Town, Tsu City, Mie Prefecture  
A project of Misugi Resort Co., Ltd. 059-272-1155

## Meiwa Town

Encounter Saiku's centuries of sacred history through unique facilities and activities

Meiwa is the site of a unique "lost city": Saiku, once home to princesses linked to Ise Grand Shrine. Here that touching tale is preserved and presented. At renovated historic houses along the ancient Ise Kaido highway, you can stay, dine, and discover why the area is still so special.

Eat Stay Explore in Meiwa



### hanare rokutsuki

1336-1 Sakamoto, Meiwa Town, Taki County, Mie Prefecture



Situated serenely overlooking the fields, hanare rokutsuki is a farmstay vacation rental that puts you in touch with the land. It's popular with international visitors because you have the whole house to yourself.



- About 30 minutes from Matsusaka Interchange or 25 minutes from Ise Interchange (Ise Expressway)
- About 20 minutes' walk from Saiku Station (Kintetsu Yamada Line)



### Ise Myojo no Yado

2306 Myojo, Meiwa Town, Taki County, Mie Prefecture



Stay here and slip back in time to Saiku. This historic house vacation rental offers dress-up sessions in sumptuous Heian-period outfits, such as layered court robes or formal court dress. Try tea ceremony or calligraphy lessons. All this and BBQ too!



- About 40 minutes from Hisai Interchange (Ise Expressway)
- About 2 minutes' walk from Myojo Station (Kintetsu Yamada Line)



### minoriya

579 Saiku, Meiwa Town, Taki County, Mie Prefecture



Occupying a renovated traditional house along the historic Ise Kaido highway is this chic cafe and tourist info center. In conjunction with Take Jinja, the neighboring Shinto shrine, it hosts a monthly full-moon market gastronomy event.



- About 20 minutes from Ise Interchange (Ise Expressway)
- About 5 minutes' walk from Saiku Station (Kintetsu Yamada Line)



### Saiku Ohisama Farm

2292 Saiku, Meiwa Town, Taki County, Mie Prefecture



This farm not only produces Jerusalem artichokes, pumpkins, and sakaki (an evergreen with sacred uses), but also electricity. It's called "agrivoltaics": farming and solar power in one. A historic house along the Ise Kaido highway is operated as a produce stand and community hub.



- About 20 minutes from Ise Interchange (Ise Expressway)
- About 15 minutes' walk from Saiku Station (Kintetsu Yamada Line)

**CONTACT** Meiwa Countryside Stay Promotion Council (Office)

9 Ohorikawa-shinden, Meiwa Town, Taki County, Mie Prefecture  
A project of Meiwa Sightseeing Trading Company 0596-67-6850

## Niu Area, Taki Town

An area pioneering rural and agricultural regeneration; come and learn firsthand

Niu offers examples of leading-edge countryside revitalization, including the Tachibaiyousui Irrigation Canal, a World Heritage Irrigation Structure, and MAMEYA, a trendsetting rural cuisine restaurant. This setting fosters opportunities for creative learning: study tours, forums with local companies, and academic fieldwork.

 Eat  Stay  Explore  Learn in Taki/Seiwa





### SEIWANOSATO MAMEYA

5643 Niu, Taki Town, Taki County, Mie Prefecture



This popular eatery serves up rural cuisine buffet style. It's all-you-can-eat from a selection of 25 to 30 hearty homestyle recipes: their own tofu made from local soybeans (a key crop for centuries), okara (soybean pulp) croquettes, and more. Also holds cooking classes.



-  About 5 minutes from Seiwa-Taki Interchange (Ise Expressway)
-  About 20 minutes by car from Taki Station (JR Kisei Line)





### POMONA FARM

6096 Niu, Taki Town, Taki County, Mie Prefecture



This farm, an agricultural startup, produces tomatoes and greens that excel in flavor and nutrition. The secret is an innovative farming method that uses humidity rather than soil and water. This produces zero runoff and requires far less water and energy for growing.



-  About 10 minutes from Seiwa-Taki Interchange (Ise Expressway)
-  About 20 minutes by car from Taki Station (JR Kisei Line)





### Fureai no Mori Seizanso

4867-1 Niu, Taki Town, Taki County, Mie Prefecture



More than a campsite, Fureai no Mori Seizanso offers three lodging options: a tent site (that you get all to yourself), three outfitted bungalows for a camping-lite experience with no gear needed, and a two-story lodge if you need a full kitchen and bathroom setup.



-  About 5 minutes from Seiwa-Taki Interchange (Ise Expressway)
-  About 20 minutes by car from Taki Station (JR Kisei Line)





### Tachibaiyousui Irrigation Canal

1620-3 Niu, Taki Town, Taki County, Mie Prefecture (Office Address)



The canal was completed in 1823 to provide water for farming in the area. About 30 kilometers long, digging it required 247,000 worker-days! Through initiatives to preserve and use this heritage resource, people are building a more connected community.



-  About 10 minutes from Seiwa-Taki Interchange (Ise Expressway)
-  About 20 minutes by car from Taki Station (JR Kisei Line)

#### CONTACT

**Seiwa Countryside Stay Promotion Council**

1735 Niu, Taki Town, Taki County, Mie Prefecture seiwa.nouhaku@gmail.com

## Odai Town

Breathtaking Osugidani Gorge and fantastic local foods await you

Odai is such a great showcase of natural beauty that the entire town falls within a UNESCO biosphere reserve. The star is Osugidani Gorge. Known as one of Japan's top three must-see canyons, it draws many trekkers. Combine your walk with local lodgings, experiences, and dining to appreciate all the area has to offer.

 Eat  Stay  Explore in Odai





### Hotel Okuise Forestpia

993 Sono, Odai Town, Taki County, Mie Prefecture



The centerpiece of tourism in the Okuise biosphere, this resort complex includes accommodations, campsites, a hot spring, and electric bikes for cycling the area. Offering support for winter camping and activities, it welcomes off-season visits as well.



-  About 15 minutes from Omiya-Odai Interchange (Kisei Expressway)
-  About 15 minutes by car or community bus from Misedani Station (JR Kisei Line)




### Okuise Terrace

663-1 Sawara, Odai Town, Taki County, Mie Prefecture



The Odai Town Tourism Association operates this combination visitor center and local product shop. Cozy wood decor frames a full lineup of tourism pamphlets along with displays of local artisans' crafts and specialty foods to purchase.



-  About 5 minutes from Omiya-Odai Interchange (Kisei Expressway)
-  About 10 minutes' walk from Misedani Station (JR Kisei Line)




### Osugidani Gorge

Osugi, Odai Town, Taki County, Mie Prefecture



Ranked as one of Japan's top three scenic canyons, Osugidani Gorge's clear mountain water tumbles through lush, emerald-green vegetation. It offers one of the best trekking courses in the country, covering 14 km and a 1,200m-elevation change, passing impressive waterfalls on the way.



-  About 1 hour 50 minutes from Omiya-Odai Interchange (Kisei Expressway)





### Michi-no-Eki OKUISE O-DAI Roadside Station

663-1 Sawara, Odai Town, Taki County, Mie Prefecture



This is your gateway to southern Mie Prefecture, providing a hub for information about visiting Okuise. It also has a shop selling local produce and specialty foods featuring yuzu citrus and ayu (sweetfish).



-  About 5 minutes from Omiya-Odai Interchange (Kisei Expressway)
-  About 10 minutes' walk from Misedani Station (JR Kisei Line)

#### CONTACT

**Odai Town Tourism Association**

663-1 Sawara, Odai Town, Taki County, Mie Prefecture 0598-84-1050

## Toba City (Toba, Funatsu, Uramura, Kuzaki, Sugashima, and Toshi)

Wide-ranging experiences immerse you in Toba's nature and culture.

Toba showcases the heritage of Ise Grand Shrine, with fishing and sightseeing adding to the appeal of the coastline. Activities like sea kayaking are available year round. Internship-based stays are possible.

Eat Stay Explore in Toba

### Kaito Yumin Club 1-4-53 Toba, Toba City, Mie Prefecture

Offers a mix of outdoor adventures in Ise-Shima National Park and in-depth guided tours of quaint fishing and farming villages.

About 20 minutes from Ise-nishi Interchange (Ise Expressway).

About 5 minutes' walk from Toba Station (Kintetsu/JR).



### EXPLORE **Island Adventure Sea Kayak Tour** Toba / Mitsushima



Venture by kayak to uninhabited islands where sea, land, and sky abound with wildlife. A guide leads the way, so even first-timers can make the trip.



### EXPLORE **Tour an Island of Fishing Heritage** Toba / Toshijima



Fishing is the lifeblood of bustling Toshijima. A guided tour (with lunch featuring the island's seasonal catch) highlights its centuries-old customs and sustainability.



### EXPLORE **Fishery-to-fork Seaweed Harvest & Lunch** Toba



Go hands-on harvesting wakame kelp. Ride a boat to a seaweed farm; a fisherman helps you cut and collect enough for a meal. Back on shore, your harvest becomes lunch!



### EXPLORE **Fish from a Fisherman's Boat** Toba



Fish from a boat offering stunning views of the coast. With Japanese fishermen there to guide you, even first-timers and kids can do it.



## Osatsu Area, Toba City

Home of Japan's largest active ama population; experience an inspiring culture

The Ise-Shima region is famous for its rich coastal fisheries and ama (women who fish by free-diving). But the Osatsu area specifically is where traditional ama culture has its stronghold. Activities and encounters that teach you about ama, along with amazing seafood, will make you want to preserve this culture too.

Eat Stay Explore in Osatsu, Toba



### Ishigami-san (Shinmei Jinja Shrine)

1385 Osatsu Town, Toba City, Mie Prefecture



With a long history as a place where ama divers offered up prayers for large catches and safe returns, this shrine came to be known more widely for "granting a woman's wish." Once a month, on a night of the full moon or new moon, the Kamiakari ceremony creates a mystical atmosphere with lantern light.



- About 30 minutes from Ise Interchange (Ise Expressway)
- About 10 minutes' walk from Osatsu (Ishigamisan mae) bus stop (Kamome Bus)



### Ama Hut Experience

1238 Osatsu Town, Toba City, Mie Prefecture



The original purpose of an ama hut was a place for divers to rest. Now you can hear actual ama, in their heartland of Osatsu, tell stories over a delicious meal of freshly caught seafood.



- Scan the QR code to visit Osatsu Ama Culture Activation Council website



### One-Day Ama Diver Tour

1238 Osatsu Town, Toba City, Mie Prefecture



Toba City has Japan's largest population of active ama. Ama catch seafood by free-diving; it is recorded that women have been doing this work for more than 2,000 years. This tour will teach you about their culture.



- Scan the QR code to visit Osatsu Ama Culture Activation Council website



### Osatsu Kitchen 0032

1406-2 Shinmei-jinja-sando, Osatsu Town, Toba City, Mie Prefecture



Osatsu Kitchen 0032 uses creative cuisine to support the livelihoods of ama and other local fishermen. They transform bycatch (zako) into tasty fried snacks. Also, a type of seaweed gathered and processed in the community is turned into a unique agar-agar drink.



- About 30 minutes from Ise Interchange (Ise Expressway)
- About 5 minutes' walk from Osatsu (Ishigamisan mae) bus stop (Kamome Bus)

**CONTACT** Osatsu Ama Culture Activation Council

1-7 Oaki-higashi Town, Toba City, Mie Prefecture  
A project of TOBA Chamber of Commerce and Industry 0599-25-2751

## Shima City

Get hands-on with precious pearls! Meet the legendary ama divers!

Ago Bay is a historic hub of the pearl farming industry. For centuries ama divers have fished these waters using a unique free-diving style. Area attractions engage you with this rich legacy via fun, one-of-a-kind experiences.

 Eat  Stay  Explore in Shima





### Ama Hut SATOUMIAN

2279 Koshika, Shima Town, Shima City, Mie Prefecture

Ama divers traditionally rested and warmed up by the fire in simple huts. Now the huts provide a place to hear diver stories as they cook up delicious seafood.



-  About 60 minutes from Ise-nishi Interchange (Ise Expressway).
-  A short walk from Azurihama bus stop (Mie Kotsu Bus).





### Shinju no Sato - Pearl Jewelry Workshop

1125-88 Koshika, Shima Town, Shima City, Mie Prefecture



Learn about pearl farming and extract pearls with your own hands! Also offers barbecues on the water, sea kayaking, and other marine fun.



-  About 60 minutes from Ise-nishi Interchange (Ise Expressway).
-  About 30 minutes by car from Ugata Station (Kintetsu Shima Line).





### Pearl Miki - Pearl Harvest Experience

65-1 Goza, Shima Town, Shima City, Mie Prefecture



Step onto a pearl farm raft to harvest an oyster. Extract the pearl yourself and craft an accessory. Dive into the traditions behind the glamor of pearls!



-  About 45 minutes from Shiraki Interchange (Daini Ise Road).
-  About 15 minutes' walk from Goza Port bus stop (via Mie Kotsu Bus from Kintetsu Ugata Station).

#### CONTACT

**SATOUMI Tourism Council**

1670-2 Ugata, Ago Town, Shima City, Mie Prefecture  
A project of Shima City Tourism Association 0599-46-1112

## Saki Shima Area, Shima City

A serene retreat on Ago Bay's satoumi coast where humanity and nature weave a beautiful landscape

Go beyond a traditional stay in the satoumi, or coastal countryside, in Shima City's Saki Shima area. A resort nestled among stunning coves and capes offers interactive lodging, arranging memorable meetings with local fishermen and pearl farmers.

Eat Stay Explore in Saki Shima



### COVA KAKUDA

1397-14 Katada, Shima Town, Shima City, Mie Prefecture

In a prime location overlooking Ago Bay, this high-end villa resort has remodeled the site of an old pearl farm into a place of regenerative retreat.



About 50 minutes from Ise-nishi Interchange (Ise Expressway)

About 30 minutes by car from Kashikojima Station (Kintetsu Shima Line)



### KAZO at COVA KAKUDA

1397-14 Katada, Shima Town, Shima City, Mie Prefecture



The KAZO restaurant at COVA KAKUDA presents exquisite satoumi cuisine: innovative fusion dishes that feed body and soul using local Shima Peninsula ingredients. You'll enjoy the attention and atmosphere that comes from a facility serving just a handful of guests.



Scan the QR code to visit COVA KAKUDA website



### Activities at COVA KAKUDA

1397-14 Katada, Shima Town, Shima City, Mie Prefecture



Indulge in a revitalization program of curated activities such as cruising on Ago Bay, a pearl farm visit (seasonal), stand-up paddleboarding, chopping firewood, or farm tourism. Feel healed and energized by experiences beyond your everyday routine.



Scan the QR code to visit COVA KAKUDA website

## Taiki Town

So many different experiences, you'll want to visit over and over

Taiki Town abounds with natural beauty (mountains, ocean, rivers) and delicious food. It is also possible to enjoy visits focused on special interests like farming, forestry, and fisheries; disaster prevention; sustainability; education; or outdoor experiences. Opportunities to connect deeply with locals add to the appeal.

 Eat  Stay  Explore in Taiki





### Nishiki Bay: Gateway to Kumano Sea Fishing

Nishiki, Taiki Town, Watarai County, Mie Prefecture



In Nishiki Bay, bountiful catches of seafood are landed. All year round, there are ways to fish these waters for yourself: you can charter fishing boats or fish from piers, rafts, and beaches. Other experiences include small-scale set-net fishing and feeding the fish at fish farms.

-  About 15 minutes from Kisei-Ouchiyama Interchange (Kisei Expressway)
-  About 15 minutes by taxi (or 2 hours' walk) from Ise-Kashiwazaki Station (JR Kisei Line)





### Farmhouse Inn Taiki Town Nihon Ichi no Furusato Mura

974-2 Kanawa, Taiki Town, Watarai County, Mie Prefecture



A renovated farmhouse-turned-inn that offers seasonal experiences such as hands-on harvesting of vegetables, fruit, tea, and shiitake mushrooms. You can also make rice and bread in an old-fashioned cookstove and prepare sukiyaki with Matsusaka Beef.



-  About 15 minutes from Seiwa-Taki Interchange (Kisei Expressway)
-  About 5 minutes by car from Kawazoe Station (JR Kisei Line)





### Tsuzurato Pass (UNESCO World Heritage Site Kumano Kodo)

Ouchiyama, Taiki Town, Watarai County, Mie Prefecture



Historically, this pass was the boundary between two old provinces, Ise and Kii. It was the gateway to the sacred Kumano region for those coming from Ise. The name Tsuzurato means "ninety-nine folds," in reference to the many switchbacks as the stone-paved trail descends into the town of Kiinagashima.



-  About 20 minutes from Kisei-Ouchiyama Interchange (Kisei Expressway) to trailhead
  -  About 50 minutes' walk from Umegadani Station (JR Kisei Line) to trailhead
- URL: <https://taiki-okuse.jp/view/tsuzurato-pass/>





### Michi-no-Eki Oku-Ise Kitsutsuki-kan Roadside Station

870-37 Takihara, Taiki Town, Watarai County, Mie Prefecture



Built in log-cabin style, this roadside station is right by Takihara-no-miya, a subsidiary shrine of Ise Grand Shrine. It includes an eatery, Kitsutsuki Chaya, where popular menu items include Matsusaka Beef dishes. They the Yakiniku Set or Nikuju Set. For dessert, soft-serve ice cream made from luscious local Ouchiyama milk.



-  About 5 minutes from Omiya-Odai Interchange (Kisei Expressway)
  -  About 15 minutes' walk from Takihara Station (JR Kisei Line)
- URL: <https://kitutukikan.com/>

#### CONTACT

Taiki Town Council for Regional Development

870-37 Takihara, Taiki Town, Watarai County, Mie Prefecture 0598-86-7077

## Miyama Area, Kihoku Town

Stay and play where stunning sea, mountains, and rivers meet on the historic Kumano Kodo route

The Kumano Kodo, a World Heritage-listed ancient pilgrimage route, passes through Kihoku Town. The town is home to a magnificent ria coast, a crystal clear river, and forested mountains. There are many trails to trek and activities to try, plus delicious cuisine that starts with Kihoku's bountiful seafood.

 Eat  Stay  Explore in Miyama, Kihoku





### Choshigawa River and Uotobi Gorge

Miyama Area, Kihoku Town



This river's waters are so clear it has been called the "miracle river" and the purity of its color is described as Choshigawa blue. Uotobi Gorge is an especially scenic stretch to see and splash in.



-  About 5 minutes from Miyama Interchange (Kisei Expressway)
-  About 5 minutes by car from Aiga Station (JR Kisei Main Line)





### Lake Shiraishi

Miyama Area, Kihoku Town



From this narrow brackish lake comes a rare delicacy, Watari Oysters, cultivated in such small numbers that they are nicknamed "phantom oysters." The picturesque lake is flanked by Mt. Odaigahara and Mt. Tengura and adorned with rows of floating oyster culture rafts.



-  About 5 minutes from Miyama Interchange (Kisei Expressway)
-  About 10 minutes' walk from Aiga Station (JR Kisei Main Line)



### Magose-toge Pass on the Kumano Kodo & The Elephant's Back of Mt. Binshi

Miyama Area (Kihoku Town) & Owase City



Magose-toge Pass is one of the most celebrated scenic sections of the World Heritage Site Kumano Kodo Pilgrimage Route. Taking the ridge from Magose-toge brings you to Mt. Binshi and its famous Elephant's Back: a giant rock formation with stunning views from the top.



-  Scan the QR code to visit the Kihokucho Kanko Kyokai website





### Hikimoto Bay & Yaguchi Bay

Miyama Area, Kihoku Town



Hikimoto Bay and Yaguchi Bay are deeply indented inlets where the waves stay calm, creating a popular year-round destination for various forms of sport fishing such as angling from rafts, moored boats, or mobile boats. In recent years these bays have been a prime spot for landing bigfin reef squid.



-  About 10 minutes from Miyama Interchange (Kisei Expressway)
-  About 5 minutes by car from Aiga Station (JR Kisei Main Line)

**CONTACT** Kihoku Town Miyama District Nagisa Countryside Stay Promotion Council (Office)

869-6 Hikimoto-ura, Kihoku Town, Kitamuro County,  
Mie Prefecture 090-8735-8764

## Sugari Area, Owase City

Go close up with a quaint fishing village and its hardworking people.

Sugari is a remote fishing hamlet, named one of Japan's Top 100 Villages because it preserves its old-fashioned character. Meet memorable locals whose creative efforts cherish old customs and boost vitality.

 Eat  Stay  Explore in Owase・Sugari





### Angling from a Fishing Boat

307-29 Sugari Town, Owase City, Mie Prefecture

Aramaru offers angling from rafts that are towed out from the harbor of scenic Sugari (named in Japan's Top 100 Villages). Enjoy angling for seasonal catches from a fixed mooring in sheltered waters.



-  About 30 minutes from Miyama Interchange (Kisei Expressway).
-  About 25 minutes by car from Aiga Station (JR Kisei Main Line).





### Takamiya Shrine

286 Sugari Town, Owase City, Mie Prefecture



Tradition says that Takamiya Shrine was linked to Ise Grand Shrine. Each February it holds an Ebisu Festival in typical fishing village style with colorful banners flying.

-  About 30 minutes from Miyama Interchange (Kisei Expressway).
-  About 25 minutes by car from Aiga Station (JR Kisei Main Line).





### Fusaiji Temple

172 Sugari Town, Owase City, Mie Prefecture



Fusaiji Temple offers attractive views over the rooftops of Sugari, a picturesque fishing village. It houses a prized 17th century "cloud gong" used to call Zen monks to assembly.

-  About 30 minutes from Miyama Interchange (Kisei Expressway).
-  About 25 minutes by car from Aiga Station (JR Kisei Main Line).

#### CONTACT

**Sugari Nagisa Stay Promotion Council**

307-29 Sugari Town, Owase City, Mie Prefecture  
A project of Gate Inc.

## Kumano City

Kumano is blessed with fine forests and fisheries; try your hand at fishing or forestry

Experience livelihoods that work directly with nature's precious resources. Take advantage of Kumano City's thriving set-net fishing industry to choose from several experiences or try forestry.

Eat Stay Explore in Kumano



### Isozaki Harbor Set-net Fishing Experience (Hosei Maru)

Isozaki Town, Kumano City



Aboard the Hosei Maru fishing vessel, observe a working fisherman through a set-net fishing experience. After the fisherman hauls in the main net, you get to scoop up the fish with a hand-net.



Scan the QR code to visit Kumano City Tourism Association website



### Yuki Harbor Set-net Fishing Experience (hamaken-suisan.co)

Yuki Town, Kumano City



With Hamaken Suisan, try set-net fishing aboard a working commercial boat or board their Sightseeing Boat to cruise past a dramatic coastline: soaring sheer sea cliffs and a blue grotto called the Toad's Mouth ("Gama no Kuchi"). You can also arrange to observe a fish market auction.



Scan the QR code to visit Kumano City Tourism Association website



### Hobo Harbor Set-net Fishing Experience (Gate Inc.)

Nigishima Town & Hobo Town, Kumano City



At Hobo Harbor in Nigishima, a group of women fishers will meet you and show you all the tasks of set-net fishing—with very small-scale nets so even children can take part. You get to haul on the ropes, then scoop the fish out of the net.



Scan the QR code to visit Kumano City Tourism Association website



### Lumberjack Lessons (irokuma kids)

Asuka Town, Kumano City



Live your lumberjack dream by picking out a tree and safely felling it with your own hands! It's a unique thrill whether you use a handsaw (for children) or chainsaw (for adults). As a souvenir, how about a one-of-a-kind coffee table made from the log of your choice?



Scan the QR code to visit irokuma kids website (Japanese language only)

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